

# Friends of Lesotho Annual Report 2018



Friends of Lesotho, Inc.

4110 Denfeld Avenue

Kensington, MD 20895

<http://www.friendsoflesotho.org/>



Lumelang Motsoelle,

I am happy to state that 2018 was a very positive year for FOL. I believe that much of our continued success comes from our dedicated board and committee members as well as the many individuals who support and partner with FOL. FOL has continued to search for new ways to make a meaningful difference in the lives of the Basotho. I think I speak for all of us when I state that FOL is a labor of love, for a people and country that has become part of our lives. Serving as President of FOL has allowed me to work with a wonderful group of people as well as allowing me to stay connected to Lesotho through the volunteers we support and the Basotho who seek FOL out. I am proud that FOL has developed a strong reputation in the diaspora, and that people seeking answers about Lesotho, or help with projects often turn to us. As those who care about Lesotho looked for ways to help, many turned to FOL for guidance, and trusted FOL to make the most impactful and cost-effective use of their donations. I feel that level of trust from the community is proof of the hard work that our board members have put in. We have been fortunate to continue to help children and orphans in Lesotho through our continuing partnerships such as the TAP program that provides scholarships for Basotho students to attend High School (we supplied a near record \$17,000 in scholarships), as well as our continued support of volunteer projects through the Peace Corps Partnership Program. This year we were able to fund more PCPP requests than ever; supporting 9 PCPP projects ranging from school roof projects, to others helping to build and repair libraries and classrooms. In total, FOL was able to send over \$25,000 dollars to support PCV requests through the PCPP program. Furthermore, we have been able to help vulnerable children in Lesotho through donations to the Wittenberg projects, and helping feed and clothe children in Roma and Ramabanta in partnership with Springfield Rotary and Bloom Africa. That partnership has also allowed us to support the Leratong Community center which provides programming and meals to over 150 children in Roma. In the process of continuing to expand our engagement with Lesotho, FOL was able to help the Lesotho Nutrition Initiative ship 240,000 meals containing nutritional supplements to children in Lesotho suffering from severe malnutrition and stunting. We were proud to be able to help the Queen Street Baptist Church get funds to the Little Angels Daycare in Thaba-Bosiu started by RPCV Rose Paradise. We have also developed a relationship with RISE project and helped fund the construction of a new building at the God's Love Centre.

FOL continues to maintain a good relationship with the Lesotho Embassy located in Washington D.C. As part of our continuing effort to keep as many RPCVs engaged in FOL as possible we made membership to FOL free, and have increased our efforts to provide our members updates through email. This year we held two successful crowd funding events: the first to raise money for back to school projects in Lesotho and the second to help raise funds for Phelisanong Children's Center. Through the generous support of FOL members and the larger community we were able to exceed our goal of \$5,000 in both cases. This kind of new fundraising initiative will help FOL to continue to support a wide-variety of projects. Getting recently returned volunteers on the board helps keep FOL in touch with issues in Lesotho as well as bringing new and vibrant leadership to the organization. As I start my tenth on the board and sixth year as president, I would like to take this opportunity to once again thank board member Richard Rowan for all of his hard work and willingness to step in where ever he is needed. Furthermore, I am not sure where we would be without John Hollister. I would like to say what a pleasure it is for me that two of my former students (Megan White) who travelled to Lesotho with me in 2013 and Justin Unternaher who traveled with me in 2017 will both be serving as a PCV in Lesotho this year.

I would also like to thank Country the whole Peace Corps Lesotho office staff, especially, Ntate Clement and Me' Ntsopa for all of their help. After serving his country as its Ambassador to the United States for the last six-years, Ambassador Sebatane returned home to Lesotho, he will be missed by all of us at FOL. As the spouse of an RPCV (Lois Sebatane) the Ambassador forged a special relationship with FOL. We are looking forward to establishing an equally supportive relationship with Ambassador Maja, who also has ties to PCL. On a personal note, I was thrilled that a number of RPCVs and members of FOL were able to join me at a dinner with His Majesty, King Letsie III at Wittenberg last May before he gave the University's commencement address. Lastly, I would our members who make it possible for us to do the work we are able to do. I also appreciate the trust that you place in us, and allow us to be your voice in Lesotho.

Sincerely,  
Dr. Scott Rosenberg  
President, FOL  
Honorary Consul, Kingdom of Lesotho  
RPCV, Lesotho 1989-1991





### Mission

The Friends of Lesotho (FOL) is a non-profit organization promoting friendship between the people of Lesotho and the U.S.

### Purpose

The purpose of FOL is to serve as a point of contact and funding source for scholarships and grants to small development projects in Lesotho.

FOL accomplishes its mission and purpose by:

- Ensuring good governance of the organization with fiscal responsibility
- Keeping members and friends up to date on news about Lesotho via a quarterly newsletter, website and other social media resources
- Providing members and friends with information on the needs of the people of Lesotho and opportunities for support
- Conducting annual appeals for donations along with a variety of fundraising activities
- Providing direct assistance to worthy projects (i.e. orphan care, HIV/AIDS education, life skills training and education, business development, school repair and construction, scholarships and other needs as identified)
- Providing oversight and accountability of funds sent to Lesotho
- Reporting to members and friends on the performance of the organization and accomplishments through an Annual Report.

### Values

FOL values the friendship between the people of Lesotho and the U.S. FOL is comprised of both former Peace Corps Volunteers and others who have an interest in Lesotho. FOL partners with the U.S. Peace Corps Volunteers serving in Lesotho as well as other individuals and NGOs who seek our assistance and wish to cooperate on joint ventures.

FOL strives to “make a difference at the grassroots level”, funding projects considered too small by major donor organizations. Project funding decisions are reviewed by the Board of Directors, following recommendations from the Donations Committee to ensure projects are worthy of funding and are adequately monitored.

FOL is affiliated with the National Peace Corps Association and has agreements to work through the U.S. Peace Corps Partnership Program in Lesotho. FOL also enters into Memoranda of Understanding (MOU) with individuals and groups sponsoring education and development projects in Lesotho.

Friends of Lesotho Inc. is a registered 501 (c)(3) organization. Contributions are tax deductible to the extent permitted by law. A copy of the current financial statement of Friends of Lesotho is available by writing to FOL at 4110 Denfeld Avenue, Kensington, MD 20895 USA, or by emailing [treas@friendsoflesotho.org](mailto:treas@friendsoflesotho.org). Documents and information submitted under the Maryland Solicitations Act are also available for the cost of postage and copies from the Maryland Secretary of State, State House, Annapolis, MD 21401 USA (410-974-5534)



## 2018 Board of Directors

Name	Based in	Position	Years in Lesotho
Scott Rosenberg	Oakwood, OH	President	1989-1991
Bill Moore	Saint Paul, MN	Vice-President	1983-1986
Kevin Caughlan	Sandy Spring, MD	Secretary	1972-1974
John Hollister	Kensington, MD	Treasurer	1986-1988
Marisa Ernst	College Station, TX	Director	1985-1990
Riley Fore	Indianapolis, IN	Director	2014-2016
Kathy Jacquart	Washington, DC	Director	Country Director 2010-2013
Aparna Jayaraman	San Francisco, CA	Director	2011-2013
Stacey McKeever	Champaign, IL	Director	2003-2005
Tishina Okegbe	Washington, DC	Director	2011-2013
Ariel Simons	Arlington, VA	Director	2009-2011
Zachary Rosen	Brooklyn, NY	Director	2010-2011
Richard Rowan	St. Paul, MN	Director	1979-1983
Benjamin Todd	Alexandria, VA	Director	2002-2004
Andrew Steele	Chicago, IL	Director	2009



## 2018 Committee and Task Force Members

Committee and Task Forces	Chairs	Members
Annual Meeting	Bill Moore ex officio	Kevin Caughlan
By-Laws	Bill Moore ex officio	N/A
Donations	Kathy Jacquart	Tishina Okegbe, Zachary Rosen
Embassy Liason	Scott Rosenberg	N/A
Finance	John Hollister	Bill Dunn, Richard Rowan, David Song, Bob Sos
Fundraising	Stacey McKeever	Bill Moore, Marisa Ernst, Richard Rowan, Benjamin Todd, Andrew Steele
Membership/database	Richard Rowan	
Newsletter	Tara Browne	Nicole Harbor Potsane (Design) Scott Rosenberg (Printing/Mailing) Mary Howard, Kevin Freer, & Deena Rowe-Krumdick, (Editing) Ella Kwisnek (News) Richard Rowan (Khotso liaison)
Nominations	Scott Rosenberg ex officio	N/A
Social Media and Website	Ariel Simons	Riley Fore
Executive Committee	Scott Rosenberg	Bill Moore (Vice President), Kevin Caughlan (Secretary), John Hollister (Treasurer)



# Friends of Lesotho Supported Projects

Friends of Lesotho (FOL) donates to projects implemented by local and international organizations and schools to benefit community members, orphans and vulnerable children and students in Lesotho. Applications for funding are submitted directly by project leaders and indirectly by Peace Corps volunteers through the Peace Corps Partnership

## Project Descriptions

### 1. Phelisanong Children’s Center

The purpose of this project was to purchase a bread oven and construct a ramp at the Phelisanong Children’s Center, which serves more than 220 girls and boys with disabilities.





## 2. rise (Relationships Inspiring Social Enterprise)

FOL supported two projects undertaken by rise. The first project was an in loco fellowship program for 20 unemployed young Basotho graduates. FOL funded building materials and supplies for the construction of a residential center for adolescent vulnerable youth at God's Love Center Child Care Facility in Sekamaneng. The young people learned how to design and build using sustainable and community participatory methods to construct the Center. The second project funded furniture for this Center.





### 3. Lesotho Nutrition Initiative (LNI)

FOL supported the cost of shipping 240,000 meals to Lesotho. With the assistance of the World Food Program and Catholic Relief Services, the meals were distributed to seven centers: Touching Tiny Lives in Mokhotlong, the Leratong Community Center, Ramabanta soup kitchen, three orphanages run by the Catholic Church, and to 100 HIV positive orphans under the care of Kick-4-Life.

### PCPP Project Descriptions

#### 4. Tuition Assistance Program (TAP)





## 5. Local Lights Project (Mokhotlong)

This project supported the installation solar panels, lights, and outlets in a school. The main goals of this project were to improve approximately 110 students' learning and attendance, improve the teaching capacity of the school, to power the school's printer for exams and educational activities, to power the school's projector for educational videos, and to charge the school's computer for educational outreach and research. The students now go to the school to study in the morning before school and use the lights in the classrooms.

## 6. Local High School (Quthing)

The Local Secondary School is the only post-primary school in the area but does not include grades 11 and 12. Students who wish to complete their high school education must attend a boarding school in the district capital, more than 50km away. The purpose of this grant was to support the construction of an additional classroom, which would allow the Secondary School to become a High School by providing space for grades 11 and 12. Approximately, 110 students will benefit from the construction of the new classroom.

## 7. Toilets R 4 Us (Leribe)

A local high school serves as the center of the community, often hosting large community events, which the school facility cannot support. The purpose of this project was to construct more toilets to be able to accommodate large groups of people, allow students to compete with the other neighboring schools, allow the to increase student enrollment. An estimated 1,355 students, 865 service providers and 1,675 community members will directly or indirectly benefit from this project.



## 8. Rhino Library and Resource Center (Qacha's Nek)

The purpose of this project was to meet increased enrollment and enhance teaching and learning at a high school by building a library and a computer room and purchase extra science laboratory equipment. Approximately, 640 students and 24 teachers will benefit from these additional facilities.

## 9. Primary School Triple C (Botha-Bothe)

Although there are several structures at the Primary School Triple C, there is nowhere suitable for the children to sit while outside other than on the dirt or in the weeds. The purpose of this project is to build a seating structure to enable students to sit together as a class to work on lessons and homework, study for tests, and eat lunch. One wall will have a chalkboard for an outside classroom. It is anticipated that the project will directly and indirectly benefit 355 students and community members.

## 10. Primary School Roof Renovation (Leribe)

The purpose of the project was to renovate two classrooms of a school whose roofs were blown away by strong winds. This project will benefit 380 students and 40 teachers.

## 11. Life-Changing Renovation Project (Qacha's Nek)

The purpose of this project was to renovate a science laboratory and library at a large local high school. The goal is to increase interest and aptitude in science and math, allow students to practice research skills, establish a reading culture, increase student access to health literature and resources, and preserve the history of the school for future generations. The project allowed the school to patch leaky roofs, re-paint walls, repair the lab's sinks and plumbing system, install new doors, and build new shelves for the library. It is estimated that 830 students will benefit from this project.



## 12. Pre-school project (Mohale's Hoek)

The purpose of the Library Project is to provide easy access to books for young students at a pre-school by building small book shelves with wheels in each classroom and providing a literacy workshop for teachers. The goal is to increase reading and writing and foster a joy of reading among students. It is estimated and 450 students and 330 community members will benefit from this project.

## 13. Camp STEAM (Mohale's Hoek)

This project supported a Camp STEAM (Science, Technology, Engineering, Art, Mathematics), a Ministry of Education and Peace Corps partnered program that provides a fun, safe, and hands-on learning atmosphere for students in the form of a camp. The camp encourages students in self-discovery, logical reasoning, personal empowerment in their personal, academic, and professional lives, confidence building, critical thinking, self-expression, and gender equality in both sexes. The camp also aims to build capacity with host-country partners from the Lesotho Math & Science Teachers Association (LMSTA), Ministry of Education (MOET), Vodacom, Lesotho Highlands Development Association, Ministry of Water. Eighty-seven students and 12 service providers benefited from the camp.

## 14. Local High School World Map and Projector (Mohale's Hoek)

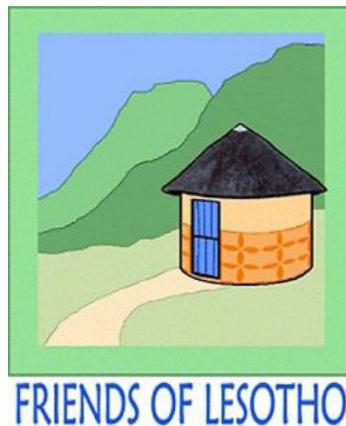
The purpose of this project was to provide local high school with a projector to use to disseminate information in the classroom, staff meetings, and community events, and to paint a world map on the campus. The goal was to contribute in teaching students, especially young female students, about other cultures of the world and geography, and to serve as a point of reference for reading storybooks, playing games, and learning about the lifestyle of people in other countries and cultures. Nearly 300 students and community members benefited from this project.



## How to Apply for Funding From FOL

The Donations Committee reviews all applications for funding to the organization. The Committee meets the third Sunday of every even numbered month (February, April, June, etc.) and makes recommendations at the following month's meeting of the FOL Board for action. If you are interested in obtaining funding for your project please review the guidelines, complete the funding application and return it to the Donations Committee. Go to our website under Project Funding and Support for more information.

<http://www.friendsoflesotho.org/project-funding-support/how-to-apply-for-funding/>





# 2018 End of year Financial Summary

OPENING BALANCE OF FUNDS ON HAND –  
1/1/18 \$68,029.01

REVENUE

Annual Dues Donations	\$407.79
Contributions (Projects, life members, fundraisers)	\$29,698.28
NPCA Dues to be Rebated	\$0.00
Interest (ING Account)	\$149.14
In-kind Donated Operating Expenses	\$49.30
Amazon Smile donations	\$216.65
<b>SUBTOTAL REVENUE:</b>	<b>\$30,521.16</b>

OPERATING EXPENSES (Including In-kind Donations):

Duplicating	\$120.00
Postage	\$447.65
Computer/Internet	\$0.00
NPCA Rebates (Pass thru)	\$35.00
NPCA Annual Dues	\$0.00
Misc. Supplies/Fees	\$268.64
Fundraising Fees (incl. Café Press, Amazon)	\$407.79
<b>SUBTOTAL OPERATING EXPENSES</b>	<b>\$1,244.08</b>

PROJECT EXPENDITURES

Leratong Comm Ctr via Springfield Rotary Foundation	\$4,200.00
PCPP posting #1 - TAP	\$315.36
PCPP posting #2 - Local HS project,	\$1,000.00
PCPP posting #3 - Library multi room	\$1,000.00
PCPP posting #4 - school roof	\$1,000.00
PCPP posting #5 - Toilets R4us	\$1,000.00
PCPP posting #6 - Pre-school Library Project	\$434.43
PCPP posting #7 - HS Rennov Project	\$1,000.00
Lesotho Nutrition Initiative (via Wittenberg U)	\$2,650.00
God's Love Center (RISE) Grant	\$7,492.00
PCPP posting #8 - World Map and Projector Project	\$787.72
PCPP posting #9-21 - TAP Projects (13 total)	\$8,859.67
Phelisanong Children's Center project	\$5,425.00
PCPP posting #22-37 - TAP Projects (16 total)	\$5,193.93
PCPP posting #38 - TAP Project (1 total)	\$798.62
PCPP posting #39 - TAP Project (1 total)	\$424.14
PCPP posting #40 - TAP Project (1 total)	\$231.03
God's Love Center (RISE) Grant	\$4,865.00
PCPP posting #41 - Mafeteng HS Project	\$1,000.00
Little Angels - wire via Maseru Rotary	\$3,500.00
<b>SUBTOTAL PROJECT EXPENDITURES</b>	<b>\$51,176.90</b>
ENDING 2015 BALANCE 12/31/17	\$46,129.19



## 2018 Contributors

Friends of Lesotho is able to support so many important projects in Lesotho because of the generosity of our friends across the world. In 2018, FOL received donations from individuals, ranging from \$5 to over \$1000, with most donations at the \$100 level. Together, these donations illustrate how strongly our friends believe in FOL's mission and how committed we are to our friends in Lesotho. Thank you to all of our donors. Rea leboha!

\$1,000 and above
Queen Street Baptist Church
Michael Lynch
Ann Cheng
David & Kathy Tempest
Annmarie Emmet
Anonymous via Denver Foundation

\$500 - \$999
Peter Neumann
Jessica Faulkner
Jane Hale
David Massey & Barbara B. Brown
Brad Rea
Tom Carroll
George Rohrmann
Nathan Landrum

\$250 - \$499
Bonnie Lawrence
Elton TeKolste
Anne Whisner
Jody Retzer Crolla
Laurie Zastrow
Monica Bomber
Kevin Freer
Robert & Susan Learmonth
Douglas Mayo
Fredric & Victoria Divine
Cathy Crompton & Ross Mc Gregor
Matthew Small

\$100-\$249
Brad F. Gamble
Monique Rubin
Bill Boeddiker
Scott Brumburgh & Carolyn Long
Bill Reed
Dave Ruch
Jim & Kathy Wohlgehagen
John & Lauren Aerni-Flessner
Violeta Jimenez
Debra Oakley
Marisa Ernst
Ted Hochstadt
Peter H. Brink
Linda Henry
Mary Jane Skidmore
Jim Cobbe
Claire-Lise Kelly
David Vancelette
Amy Goldknopf
Michael Beilstein
Gregory Mullen
Kathy & Raif Henry
David & Ntoetse Bertocci
Anne Button
Pete Cookingham
George Drake
David Harpman
Paul Hesse
John Hollister



## 2018 Contributors continued

\$100-\$249 continued
Kirk Iversen
Paula Keady
William Lockhart
Patty Mac Donald
John C. Mc Coy
Mark Mellbye
Joe Rosa
Pete Siegenthaler
Kim Smith
Robert Sos
Timothy & Mamoetsi Spanier
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Polly Leukhardt
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Juliana Geren
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Robert Washington- Allen
Katherine Jacquart
Mary Louise Snyder
Karin Kratoville
Russell & Jean Frisbie
Bill & Carol Tempest
Karen Schaller
Anonymous

\$50-\$99
Susan Colman
Jay Fogelman
Russell Cohen
Mary Levander
Stacey McKeever
Eric Pierce
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C. W. & Deanna Brougher
Scott Rosenberg
Tishina Okegbe
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William Tsacoyeanes
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Dennis & Cheryl Caspe
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Bob & Maggie Lederman
Bruce Morrison & Joyce Richardson
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John & Kristin-Marie Olson-Kennedy
M.J. Paschall
Kathy Russell
Karen Schmitz
Dennis Tracey
Ben Todd
Daniel Hogan
Michael & Monica Repasky
Emily Lefholz
Christopher Conz



## 2018 Contributors continued

\$50-\$99 continued
Ariel Simons
Karen Lindquist
Maria Steele
Andrew Steele
Jean Meadowcroft
Robert Allen
Veta Jacquelin
Joey Noelle Scott
Heather Awsumb
Ellen Fogelman & Marshall Munro
Maureen Adams
Amy Jo Carson
Bernadette McSparron
Karen Adkins
Mary Hunter
Amy Malmberg Forest
Kendall Ernst

\$1-\$49
Jasmine Saesseli
Nancy Sales
Michael Langley
Houang Yen Nguyen
Gina Difino
Richard & Tlotlisang Rowan
Robert Synk
Matthew & Cindy Grady
Katie Harrell
Liliane Ernst
Genevieve Wano
Cyndi Hiner Murray
Krista M. Rosemary
Patrick Hawe
Ella Kwisnek
Edward Schlesinger

\$1-\$49 continued
Kevin Koester
Consuella Brown
Larry Roth
Genevieve Kehr
Eugenia Hoag
Richard W. Pollard
Mary Ladabouche
Mario Ernst
Colin Hoag
Molly Woloszyn
Quinn Langdon
Aparna Jayaraman
Jennifer Gover Bannon
Sally Vogl
Joshua Russell
Zachary Rosen
Gail Hughes
Tarsha Veiga
Ka Yan Lee



## Membership Report

Thank you to all of our lifetime members, members and contributors. Please use the Contact Us link on our website if your name is missing from this list. We apologize for any errors and will correct them on the website immediately and in the next newsletter.

Starting in January 2017, membership became free with dues are required. If you're not a member yet, please visit the website to fill out the form and register. Members receive the newsletter and have access to the online FOL Member Directory. To access the FOL Membership Directory, you need to be a registered member. The FOL Membership Directory only contains people who have opted to be included in the directory. Go to the Members List page, click on "Register," then enter the necessary information. An email will be sent to you with an assigned password and instructions.

If your email address or physical address has changed, please send us an email so we can update the database.

Thank you.

Thank you to all of our lifetime members, annual members and contributors. Please use the Contact Us email feature on our website if your name is missing from this list. We apologize for any missing donors and will correct this on the website immediately and in the next newsletter.

## Member Directory

To access the FOL Membership Directory, you need to be registered with our website database. Go to the Members List page, click on "Register," then fill in the necessary information. An email will be sent to you with an assigned password. Instructions will be provided in the confirmation email to allow you to personalize your password.



## 2018 Lifetime Members

David & Ntoetse Bertocci
Bill Boeddiker
Stephen Brushett & Rafiloe Bam
Lonny M. Buss
Anne Button
Kevin Caughlan
John Clausen
Sarah Coakley
Susan Colman
Jan Droegkamp
Theresa M. Faix-Williams
Kevin Freer
Brad F. Gamble
Taipei American School
Steve Goertz
Jean Greenway
Jim Gunsolus & Sue Anderson
Don Hanni
Allan Hansee
Peggy Anne Hawkins
Ted Hochstadt
John Hollister
Richard & Mary Howard
Donna Julian
Dana Kenney
Gary Klein
Becki Krieg
Ella Kwisnek
Michael Lynch
Douglas Mayo
Michael Meador
Mark Mellbye
Bill Moore & Mary Wagner
Scott Moreland
Bruce Morrison & Joyce Richardson
Martha Kidd
Martin Nichols
Ingrid Oakley-Girvan
Bill Reed
Sydney Rocklin & John Bigelow
Jennifer Root

Richard & Tlotlisang Rowan
Deena Rowe-Krumdick
Dave Ruch
Willy & Karan Schreiber
Margaret Scruggs
Pete Siegenthaler
Robert Sos
Timothy & Mamoeletsi Spanier
Don Spicer & Nthakoana Peko
Dennis Tracey
Nancy Zook
Bill Dunn
Barbara Blum
Brent Schaeffer
Brad Rea
Joan Eckberg
Faye Farmer & Joel Reynolds
Peter Neumann
Polly Leukhardt
Claire Hilger
Duane Morse
Leah Tillett
Stephanie & Adam Springer
Jan Kalnbach
Susan Bruckner
Janissa Balcomb
Rebecca Nolan
Madeline Uraneck
Tom Carroll
Jack & Carla Sue Lansford
George Rohrmann
Julie Galbraith
Robert Downey
Robert Kerr
Maria Steele
Marissa De Franca
Barbara Meyer & Terrence Ellard
Kathy Keenan
Jean Meadowcroft
Emily Rand
Rebecca Bindbeutel



## WAYS TO SUPPORT FOL

If you've always wondered how you could give a little more than your annual dues, now is the chance to volunteer your time, special skills, and enthusiasm. The members of the Board of Directors of Friends of Lesotho are elected based on their ability and willingness to contribute to the achievement of the organization's goals and objectives.

Directors are members in good standing who are elected on their ability and willingness to support the purpose of FOL

- Nominations are welcome year round
- Directors serve for two-year terms
- Committees and Task Forces

FOL members who do not wish to make a long-term commitment to the board are encouraged to:

- Join standing committees, or
- Work on special projects which match their skills and interests to the needs of the organization

There are also committees and task forces that help carry out the Board work. These committees include Donation Distribution, Membership, Fundraising and Board Nominations & Development.

Check out the Board Information page. Also, for a summary of the expected level of commitment see the Board and Committee description of work. If you're interested in application or nomination, please complete the Nominating Form and email it to the address shown within the form. If you have any questions, please feel free to contact any of the committee members.

### Get Connected

Peace Corps Connect <http://community.peacecorpsconnect.org/group/FriendsofLesotho>

### Attend FOL Meetings

- Meetings are held at 8pm Eastern on the third Sunday of odd numbered months. Minutes are posted about one week after each meeting.
- Meetings are open to all FOL members, please contact John Hollister for call-in information.

### Join FOL

- Become a Lifetime Member to help assure the long-term sustainability of the organization.
- Update your contact information



## Fundraising

### Fundraising

There are several ways you can help Friends of Lesotho support the important work taking place in Lesotho.

### Make a Donation to FOL

Make a donation by credit card via [PayPal](#) by check (send to Friends of Lesotho, 4110 Denfeld Ave., Kensington, MD 20895).

### Participate in a Crowdfunding Campaign

In 2018 FOL launched two crowdfunding campaigns, which raised over \$12,000 for young people in Lesotho. We appreciate the support of our longtime FOL members and also received contributions from a number of people new to FOL. Stay tuned for future crowdfunding campaigns!

### Donate While You Shop

FOL participates in [AmazonSmile](#). Amazon will donate 0.5% of the price of all eligible purchase to Friends of Lesotho. Help support FOL at no extra cost to you by signing up now!

### Take a Walk

Friends of Lesotho has created a [Walkathon Kit](#) to make raising funds easy and fun. It can even be used for bikeathons, marathons or other events.

### Contribute Through Your Will or Estate

Friends of Lesotho has a [will and estate planning guide](#) to walk you through this process.

### Make a Memorial Donation

Memorial Funds have been created for [many Lesotho RPCVs and staff](#) or you can make a [new memorial donation](#).

Every donation, big or small, allows us to expand our reach in Lesotho. Friends of Lesotho Inc. is a registered 501 (c)(3) organization. Donations are tax deductible to the extent allowed by law, and acknowledgment for IRS purposes will automatically be made for amounts over \$250, or for any amount upon request.



## FOL History

Friends of Lesotho (FOL) is a registered nonprofit formed in 1986 by a small group of Washington, D.C. RPCVs, most of whom served in Lesotho in the 1960s and 70s. FOL now has members from almost every state and from abroad. The volunteer board of directors and committee members guide the organization's activities by meeting regularly via teleconference. An annual meeting is also conducted in March via teleconference.

## FOL Goals

Provide a forum for Peace Corps Trainees (PCTs), Peace Corps Volunteers (PCVs), Returned Peace Corps Volunteers (RPCVs) and others with an interest in Lesotho to connect, share and learn from each other's experiences

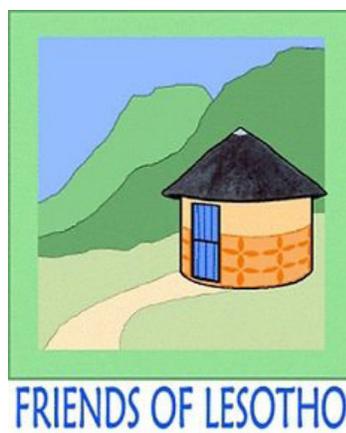
Provide funding for training and development, orphan care and scholarships in Lesotho

Promote friendship and understanding between the peoples of Lesotho and North America

Reasons to Join FOL

Your membership dues and involvement make a difference in the lives of Basotho; current PCVs need and appreciate FOL's support of their projects; and FOL's newsletters and website keep you abreast of news about Lesotho to help keep your Peace Corps experience alive for years to come.

It is easy to join online by credit card. Go to: [www.friendsoflesotho.org](http://www.friendsoflesotho.org) homepage and click on "Join FOL" or mail your check payable to Friends of Lesotho. Dues are only \$15/year per person with less than 4% of that amount used for operating costs.

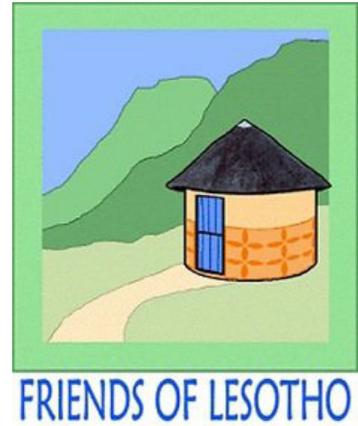




Friends of Lesotho

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<http://www.friendsoflesotho.org/>



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