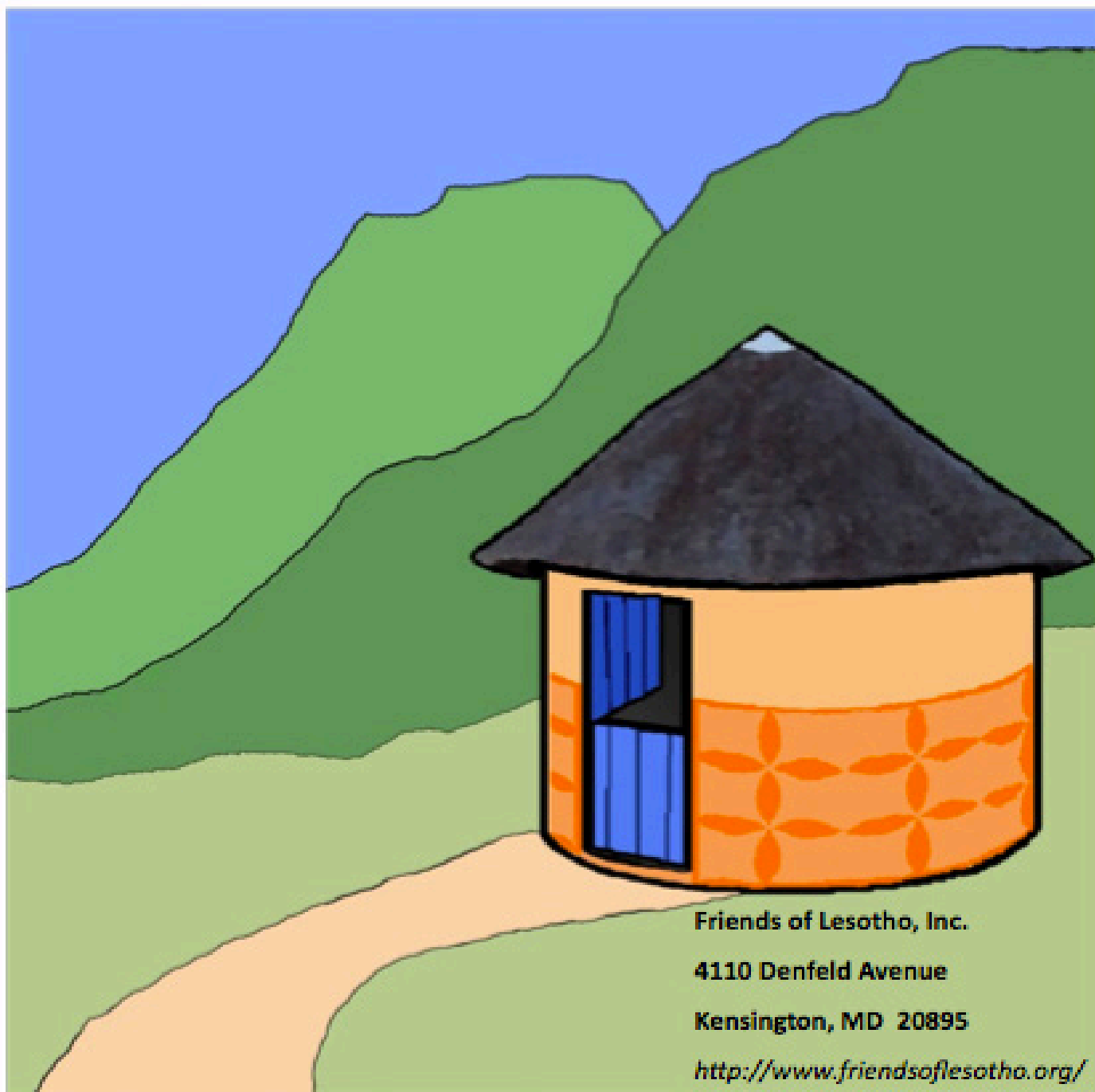


Friends of Lesotho Annual Report 2016



Friends of Lesotho, Inc.

4110 Denfeld Avenue

Kensington, MD 20895

<http://www.friendsoflesotho.org/>



Lumelang Motsoelle,

I am happy to state that 2016 was a very positive year for FOL. I believe that much of our continued success comes from our dedicated board and committee members as well as the many individuals who support and partner with FOL. FOL has continued to search for new ways to make a meaningful difference in the lives of the Basotho. I think I speak for all of us when I state that FOL is a labor of love, for a people and country that has become part of our lives. Serving as President of FOL has allowed me to work with a wonderful group of people as well as allowing me to stay connected to Lesotho through the volunteers we support and the Basotho who seek FOL out. I am proud that FOL has developed a strong reputation in the diaspora, and that people seeking answers about Lesotho, or help with projects often turn to us. The last two years have been difficult for the people of Lesotho, as they have suffered from a devastating drought. As those who care about Lesotho looked for ways to help, many turned to FOL for guidance, and trusted FOL to make the most impactful and cost effective use of their donations. I feel that level of trust from the community is proof of the hard work that our board members have put in.

We have been fortunate to continue to help children and orphans in Lesotho through our continuing partnerships such as the TAP program that provides scholarships for Basotho students to attend High School (we supplied a near record \$14,000 in scholarships), as well as our continued support of volunteer projects through the Peace Corps Partnership Program. This year we were able to fund more PCPP requests than in the past, supporting PCPP projects ranging from Let Girls Learn, to helping build libraries and classrooms. Furthermore, we have been able to help vulnerable children in Lesotho through donations to the Wittenberg projects, and helping feed and clothe children in Roma and Ramabanta in partnership with Springfield Rotary and Bloom Africa. In the process of continuing to expand our engagement with Lesotho, FOL was able to help Qabanyane Primary School build a new kitchen to cook meals for their children. FOL has also contributed to an ongoing project to provide meals with nutritional supplements to children suffering from severe malnutrition in Lesotho. We were proud to be able to help the Queen Street Baptist Church get funds to the Little Angels Daycare in Thaba-Bosiu started by RPCV Rose Paradise. We were also able to help a group of RPCVs who served in the 1980s in Lesotho build a classroom in Sehlabathebe in memory of Kelly Meyer. We have also begun to develop a relationship with the Reach Your Dreams Organization in Mafeteng as it promotes HIV awareness through soccer and cares for orphans. FOL continues to maintain a good relationship with the Lesotho Embassy located in Washington D.C.

As part of our continuing effort to keep as many RPCVs engaged in FOL as possible we have recently made membership to FOL free, and have increased our efforts to provide our members updates through email. As with organizations of this nature, our board is constantly evolving and changing, and in the last two years we have welcomed 8 new members to the board, almost all of whom have served in Lesotho this decade. Getting recently returned volunteers on the board helps keep FOL in touch with issues in Lesotho as well as bringing new and vibrant leadership to the organization.

As I start my second decade on the board and fourth year as president, I would like to take this opportunity to once again thank board member Richard Rowan for all of his hard work and willingness to step in where ever he is needed. I would also like to thank departing newsletter editor, Madeline Uranek for all of her hard work and her constant efforts to make FOL a better organization. Furthermore, I am not sure where we would be without John Hollister. I would like to say what a pleasure it is for me that one of my former students (Megan White) who travelled to Lesotho with me in 2013 will be beginning her own experience as a PCV in Lesotho starting in September. I would also like to thank Country Director Wendy Van Damme and the whole Peace Corps Lesotho office staff for all of their help. Lastly, I would like to thank our members who make it possible for us to do the work we are able to do. I also appreciate the trust that you place in us, and allow us to be your voice in Lesotho.

Sincerely,
Dr. Scott Rosenberg
President, FOL
Honorary Consul, Kingdom of Lesotho





Mission

The Friends of Lesotho (FOL) is a non-profit organization promoting friendship between the people of Lesotho and the U.S.

Purpose

The purpose of FOL is to serve as a point of contact and funding source for scholarships and grants to small development projects in Lesotho.

FOL accomplishes its mission and purpose by:

- Ensuring good governance of the organization with fiscal responsibility
- Keeping members and friends up to date on news about Lesotho via a quarterly newsletter, website and other social media resources
- Providing members and friends with information on the needs of the people of Lesotho and opportunities for support
- Conducting annual appeals for donations along with a variety of fundraising activities
- Providing direct assistance to worthy projects (i.e. orphan care, HIV/AIDS education, life skills training and education, business development, school repair and construction, scholarships and other needs as identified)
- Providing oversight and accountability of funds sent to Lesotho
- Reporting to members and friends on the performance of the organization and accomplishments through an Annual Report.

Values

FOL values the friendship between the people of Lesotho and the U.S. FOL is comprised of both former Peace Corps Volunteers and others who have an interest in Lesotho. FOL partners with the U.S. Peace Corps Volunteers serving in Lesotho as well as other individuals and NGOs who seek our assistance and wish to cooperate on joint ventures.

FOL strives to “make a difference at the grassroots level”, funding projects considered too small by major donor organizations. Project funding decisions are reviewed by the Board of Directors, following recommendations from the Donations Committee to ensure projects are worthy of funding and are adequately monitored.

FOL is affiliated with the National Peace Corps Association and has agreements to work through the U.S. Peace Corps Partnership Program in Lesotho. FOL also enters into Memoranda of Understanding (MOU) with individuals and groups sponsoring education and development projects in Lesotho.

Friends of Lesotho Inc. is a registered 501 (c)(3) organization. Contributions are tax deductible to the extent permitted by law. A copy of the current financial statement of Friends of Lesotho is available by writing to FOL at 4110 Denfeld Avenue, Kensington, MD 20895 USA, or by emailing treas@friendsoflesotho.org. Documents and information submitted under the Maryland Solicitations Act are also available for the cost of postage and copies from the Maryland Secretary of State, State House, Annapolis, MD 21401 USA (410-974-5534)



2016 Board of Directors

Name	Based in	Position	Years in Lesotho
Scott Rosenberg	Oakwood, OH	President	1989-1991
Bill Moore	Saint Paul, MN	Vice-President	1983-1986
Kevin Caughlan	Kensington, MD	Secretary	1972-1974
John Hollister	Kensington, MD	Treasurer	1986-1988
Marisa Ernst	College Station, TX	Director	1985-1990
Christina Balch	Brighton, MA	Director	2007-2009
Kathy Jacquart	Washington, DC	Director	Country Director 2010-2013
Aparna Jayaraman	San Francisco, CA	Director	2011-2013
Stacey McKeever	Champaign, IL	Director	2003-2005
Jacqueline Muhammed	Houston, TX	Director	2012-2014
Madeline Uранеck	Madison, WI	Director	2006-2009
Ariel Simons	Arlington, VA	Director	2009-2011
Zachary Rosen	Washington, DC	Director	2010-2011
Richard Rowan	St. Paul, MN	Director	1979-1983
N'Deye Niang	Summit, NJ	Director	2010-2012
Andrew Steele	Chicago, IL	Director	2009



2016 Committee and Task Force Members

Committee and Task Forces	Chairs	Members
Annual Meeting	Bill Moore ex officio	Kevin Caughlan
By-Laws	Bill Moore ex officio	N/A
Donations	Scott Rosenberg	Andrew Steel, Kathy Jacquart
Embassy Liason	Scott Rosenberg	N/A
Finance	John Hollister	Zachary Rosen, Bill Dunn, Richard Rowan, David Song, Bob Sos
Fundraising	Jacqueline Muhammed Stacey McKeever	Bill Moore, Marisa Ernst, Richard Rowan
Membership/database	Richard Rowan	N/A
Newsletter	Madeline Uранеck	Nicole Harbor Potsane, Mary Howard, Kevin Freer, Deena Rowe-Krumdick, Ella Kwisnek, Richard Rowan, Scott Rosenberg
Nominations	Scott Rosenberg e	N/A
Social Media & Website	Christina Balch	Marty Smith, Madeline Uранеck, Peter Neumann, Dick Nystrom, Tammy Benabides
Executive Committee	Scott Rosenberg	Bill Moore (Vice President), Kevin Caughlin (Secretary), John Hollister (Treasurer)



Friends of Lesotho Supported Projects

In 2016, Friends of Lesotho donated \$30,516 to projects that benefited the people of Lesotho. Nearly half of these funds supported community projects sponsored by Peace Corps Volunteers through the Peace Corps Partnership Program (PCPP). This represents a \$10,000 increase in donations to PCPP compared to 2015. Thanks to funds received through a special appeal, FOL also donated nearly \$10,000 to projects that directly responded to the lingering drought and resultant food crisis in Lesotho.

1. 2016 Tuition Assistance Program (TAP)

Since 1999, FOL has been providing scholarships for pre-school, secondary and vocational education students recommended by their Peace Corps Volunteer teachers through the Tuition Assistance Program (TAP). In 2016, FOL continued to support TAP by donating \$9400 for scholarships for needy students from 15 Volunteers' schools.



TAP recipient



TAP recipients



2. PCPP – Community Primary School Classroom

FOL donated \$1000 to help fund the construction of a 4th grade classroom at the Community Primary School, which replaced a makeshift storeroom that the school had been using. The poor structure of the building exposed children to extreme temperatures in the summer and winter months. Often the class had to be moved outside to avoid the unbearable heat of the summer or to sit in the sun during the cold days of winter. By building a new classroom with better materials, the school hopes to improve the learning environment so that it will result in improved grade performance and greater participation by both teacher and student.

3. CPP – Community Tech Lab

FOL donated \$1000 towards the construction of a science and technical skills lab in a remote secondary school. This addition would allow the school to be upgraded to a high school, which is desperately needed in the area. Forty percent of the student population of this school are orphans, who cannot afford to pursue their education outside their remote villages. The lab is planned to be a multi-purpose technical skills shop to prepare students for entry into technical colleges. The project also included the purchase of extra cooking pots for the kitchen to accommodate the anticipated increase in students and upgrading the school's solar energy capacity to enable the tech lab to support applications requiring electricity.

4. PCPP – Leribe Water Borehole

FOL contributed \$1000 towards the construction of a water borehole for a community association in a rural village of Lesotho. In this village, unemployment is a serious problem that leaves job-seekers helpless, depressed, and unproductive. To tackle this problem, a group of university-educated young adults from the village formed a local association to create jobs and opportunities in the village while also providing goods and services with those jobs, with a focus on agricultural projects. The association raised funds through member contributions and by raising chickens to sell during holiday seasons and used the funds to acquire land on which the borehole was constructed.



5. PCPP – Express Yourself! Thaba-Tseka GLOW Camp

FOL donated \$966.13 to support this GLOW (Girls Leading Our World) Camp. The aim of the camp was for students and counterparts to learn from trained professionals about topics important to their health and well-being, and how self-expression comes from a place of confidence and love for oneself. Eleven local organizations donated their time, resources, skills, and knowledge to the 3-day camp. Topics included leadership, sexual and reproductive health and rights, careers, healthy relationships and communication, and self-expression using different mediums of art. To attain sustainable GLOW ideals, a session on how to replicate a GLOW Camp was presented to the local teachers and select students to share with their school.



Express Yourself! GLOW Camp Participants



6. PCPP – School Solar Power

FOL donated \$1000 to the Solar Power Project, which aims to provide electricity to a rural secondary school. Currently, the school has a generator, but the upkeep and petrol costs make it impractical to use regularly. The project will install four 135 watt solar panels on the roof of the school. Access to electricity would improve the quality of education by facilitating computers and printers and by allowing for night classes for students and community members. The use of a printer and computer means the teachers can use more paper for testing. Currently, students are tested on paper only two times a year; the rest of the year tests are given on the chalkboard, which makes it difficult to practice reading comprehension and other in depth testing methods because teachers do not have the time or space to write entire passages on the board while still writing questions to go along with the passages. The limited testing on paper handicaps the students' preparation for the Junior Certificate Exam, an extremely arduous paper exam. Night classes will focus on literacy classes for community members.

7. Qholaqhoe Mountain Connection

In response to the food crisis caused by severe drought in Lesotho, FOL donated \$2500 to Qholaqhoe Mountain Connections (QMC) to help grandmothers from Likoting Orphan Village purchase food for about 100 orphans in their care for 6 months. In September, two QMC board members traveled to Lesotho to assess the impact of the food crisis and food supply for the orphans in Likoting Orphan Village. Unfortunately, they found that after three years of drought many of the projects that QMC supported were no longer viable; crops planted had failed, animals raised had died, and several key community members involved with the project had died or left to pursue other opportunities. QMC ultimately determined that after a multi-year relationship with Likoting Orphan Village and the grandmothers, it could no longer support their efforts to provide food for orphans. QMC will continue to support other projects in the community.



8. Pack Away Hunger (Wittenberg University)

To help combat malnutrition resulting from the food crisis, students and faculty from Wittenberg University partnered with Pack Away Hunger, a non-profit organization based in Indianapolis, to obtain a nutrition supplement (a special combination of 21 different vitamins and minerals) and prepare food packages. Wittenberg shipped the packages to the World Food Program and Touching Tiny Lives for distribution to vulnerable children in Mokhotlong. FOL donated \$3000 to this project, which had a total cost of approximately \$250,000.

9. Food Parcel Program

FOL donated \$2,000 to a program run by the Thorn family that provides food parcels to needy orphan-headed households. The donation helped support food parcels for 16 households for 6 months. The Thorns, who own the trading post lodges in Roma and Ramabanta, have been personally supporting numerous families in need for a long time, and donations like FOL's allow them to help more families.

10. Qabanyane ACL Primary School

FOL donated \$3200 to help build a kitchen for this small rural school in Mohale's Hoek. The new kitchen replaced a shelter made of sticks and plastic in which women who made the school lunches were cooking. In 2015, FOL funded a project to replace the school's roof, which had been damaged in a storm.

11. Little Angels

Started by Returned Peace Corps Volunteer Rose Paradise in 2008, Little Angels is a daycare center for 35-50 orphans under the age of 5 in Thaba-Bosiu. Children are fed, receive education instruction and get medical care. FOL had a close relationship with Rose and helped fund the center for 2 years. FOL is now helping Michelle, Rose's daughter, to continue to fund the center by sending money her church raises to help with Little Angels' operating costs. This year church members donated \$1500 through FOL.



12. Leratong Community Center

Leratong Community Center is a project in the Roma area that was started in late 2008 by Wittenberg University students at the request of local Basotho who were seeing an increasing need to help care for the needs of orphans and vulnerable children. Since its inception, it has grown to be a popular site in the community to provide after school and weekend programming for all children in the area. The Center, which is now supported by Bloom Africa, an organization started by Wittenberg alumni, the Springfield, OH Rotary Club, and Basotho partners, has a full-time director, two part-time employees, two volunteers from Germany (annually) and a host of other community and NUL (National University of Lesotho) student volunteers. The annual budget to operate the Center is approximately \$7,200, which supports programs that benefit approximately 75-100 children each week. In 2016, at the request of the Springfield Rotary, FOL donated \$3200 to fund 6 months of operating costs.

13. Leratong Kitchen

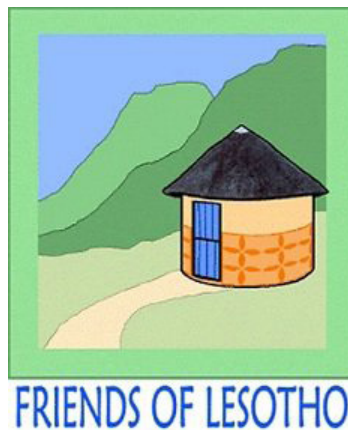
The Leratong Community Center is a small community center that supports orphans and other vulnerable children near Roma. The center provides after school programs, tutoring, and serves as a safe haven for children. FOL donated \$350 to the Center to purchase kitchen materials so they can feed children after school and on the weekends.



How to Apply for Funding From FOL

The Donations Committee reviews all applications for funding to the organization. The Committee meets the third Sunday of every even numbered month (February, April, June, etc.) and makes recommendations at the following month's meeting of the FOL Board for action. If you are interested in obtaining funding for your project please review the guidelines, complete the funding application and return it to the Donations Committee. Go to our website under Project Funding and Support for more information.

<http://www.friendsoflesotho.org/project-funding-support/how-to-apply-for-funding/>





2016 End of year Financial Summary

OPENING BALANCE OF FUNDS ON HAND –
1/1/16 **\$67,310.56**

REVENUE

Annual Dues Donations	\$1,004.26
Contributions (Projects, life members, fundraisers)	\$40,035.07
NPCA Dues to be Rebated	\$70.00
Interest (ING Account)	\$103.76
In-kind Donated Operating Expenses	\$621.03
Amazon Smile donations	\$327.86

SUBTOTAL REVENUE: **\$42,161.98**

OPERATING EXPENSES (Including In-kind Donations):

Duplicating	\$286.99
Postage	\$423.40
Computer/Internet	\$120.00
NPCA Rebates (Pass thru)	\$70.00
NPCA Annual Dues	\$0.00
Misc. Supplies/Fees	\$353.42
Fundraising Fees (incl. Café Press, Amazon)	\$712.46

SUBTOTAL OPERATING EXPENSES **\$1,966.27**

PROJECT EXPENDITURES

Qabanyane Mountain Connections	\$2,500.00
Pack Away Hunger 1 (via Wittenberg U)	\$800.00
Pack Away Hunger 2 (via Wittenberg U)	\$2000.00
Pack Away Hunger 3 (via Wittenberg U)	\$200.00
Food parcel program via AJ Thorn	\$2,000.00
Lerothong Kitchen Project via AJ Thorn	\$3,950.00
Qabanyane ACL Primary School	\$3,200.00
Little Angels	\$1,500.00
PCPP #1 Primary school classroom project	\$1,000.00
PCPP #2 Comms tech lab project	\$1,000.00
PCPP #3 Let Girls Learn project	\$966.13
PCPP #4 Leribe Borehole project	\$1,000.00
PCPP #5 Tuition Assistance Project	\$9,400.00
PCPP #6 School solar panel project	\$1,000.00

SUBTOTAL PROJECT EXPENDITURES **\$30,516.13**

12

ENDING 2015 BALANCE 12/31/16 **\$76,990.14**



2016 Contributors

\$5,000 and above
Taipei American School
Queen Street Baptist Church

\$1,000 - \$4,999
First Presbyterian Church
Sarah Coakley
Richard Weisfelder
Anonymous
Kevin Caughlan
Michael Lynch
Peter Neumann
Jack & Carla Sue Lansford
Ann Cheng
Barbara B. Brown

\$500 - \$999
Jane Hale
Larry Cooley
Annmarie Emmet
George Rohrmann
William Noble
Darrin Adams

\$250 - \$499
William Moore & Mary Wagner
Douglas Mayo
Sherry Hellenkamp
John McKibben
Nathan Landrum
Susan Colman
Tom Carroll
Fredric & Victoria Divine

\$100-\$249
Laurie Zastrow
Kirk Iversen
Bill Reed
Scott Brumburgh & Carolyn Long
Margaret Jackson
Robert & Susan Learmonth
Martin Nichols
Dave Ruch
Ann Shriver
Faye Farmer & Joel Reynolds
John & Lauren Aerni-Flessner
Jan Kalnbach
Robert Downey
David & Kathy Tempest
Eric Goldman
Gregory C. Kesler
Karin Kratoville
Dennis & Cheryl Caspe
Richard & Tlotlisang Rowan
Ted Hochstadt
Sara Munson
Tammy Benabides
Mark Mellbye
Karen Schmitz
Jan Droegkamp
Marisa Ernst
Steve & Marsha Templin
Robert Steele
Ariel Simons
Pete Cookingham
Timothy & Mamoetsi Spanier
Mark Carr
Amy Goldknopf
Kailee Kratoville



2016 Contributors continued

\$100-\$249 continued
Anthony Abner
Lorrie Beck
David Biviano
George & Julie Cromer
Katherine Baginski Doar
George Fanelli & Anne Casper
Marty Smith
John Ferrick
Patrick Hawe
Linda Henry
Bob & Maggie Lederman
Mary Levander
John C. McCoy
Amy Mortimer
Gregory Mullen
Pete Siegenthaler
Mary Jane Skidmore
Robert Sos
Don Spicer & Nthakoana Peko
Kim Ward
Michelle Mitchell
Peggy & Clark Tibbits
Amy & Tom Vandegrift
Polly Leukhardt
Ronna Abbott
Heather Saczynski
Brian Neumann
Cathy Crompton & Ross McGregor
Terry Ellard
Aparna Jayaraman
Mary Louise Snyder

\$50-\$99
Connie & Robert Hunter
C. W. & Deanna L. Brougher
David Vancelette
Daniel Hogan
Dustin Tamsen
Ruthie Fariior-Rydgren
Joan Ambre
Kristen Perry
Michael Beilstein
Steve Belasco
Peter H. Brink
Ella Jean Buss
Virginia Humphreys
Bruce Morrison & Joyce Richardson
Barbara Tomlinson
John Hollister
Priscilla & Allan Walker
Mary Lederer
Jean Meadowcroft
Lynne Hannibal

\$1-\$49
Karen Lindquist
Jeff Bartels
Jennifer Blaine
Claudia Corum
Jennifer Orenic
Cyndi Hiner
Gina Difino
Christine Distasio
Kathy & Raif Henry
Marjorie & Greg Scieszka
Robert Synk
Kevin Koester



2016 Contributors continued

\$1-\$49 continued
Allison Matlack
Nancy Sales
Courtney McDermott
John Becnel
Lloyd & Jean Greenway
Don Hanni
Ella Kwisnek
Joan & Larry LeGallo
George & Fredi Munger
Jacqueline Muhammad
Kim Smith
Sally Vogl
Monica Repasky
Maria Bruno
Harold Cary III
David Harpman
Keith Harrington
John Kelly
Lois Sebatane
Pamela Stutzman
Sheila Woods
Madeline Uraneck
Richard W. Pollard
Bruce Smith
Kim Arent
Bonnie Lawrence
Yolanda Wilson
N'Deye Niang
Alyssa Hughes



Membership Report

Thank you to all of our lifetime members, annual members and contributors. Please use the Contact Us link on our website if your name is missing from this list. We apologize for any errors and will correct them on the website immediately and in the next newsletter.

Starting Jan 2017, membership is now free and no dues are required. If you're not a member yet, please visit the website to fill out the form and register. Members receive the newsletter and have access to the online FOL Member Directory. To access the FOL Membership Directory, you need to be a registered member. The FOL Membership Directory only contains people who have opted to be included in the directory. Go to the Members List page, click on "Register," then enter the necessary information. An email will be sent to you with an assigned password and instructions.

If your email address or physical address has changed, please send us an email so we can update the database.

Thank you.

Thank you to all of our lifetime members, annual members and contributors. Please use the Contact Us email feature on our website if your name is missing from this list. We apologize for any missing donors and will correct this on the website immediately and in the next newsletter.

Member Directory

To access the FOL Membership Directory, you need to be registered with our website database. Go to the Members List page, click on "Register," then fill in the necessary information. An email will be sent to you with an assigned password. Instructions will be provided in the confirmation email to allow you to personalize your password.



2016 Lifetime Members

Lorrie Beck	Martha Kidd	Rebecca Nolan
David & Ntoetse Bertocci	Martin Nichols	Madeline Ura-neck
Bill Boeddiker	Ingrid Oakley-Girvan	Tom Carroll
Stephen Brushett & Refiloe Bam	Bill Reed	Jack & Carla Sue Lansford
Lonny M. Buss	Sydney Rocklin & John Bigelow	George Rohrmann
Anne Button	Jennifer Root	Julie Galbraith
Kevin Caughlan	Richard & Tlotlisang Sekese Rowan	Robert Downey
John Clausen	Deena Rowe-Krumdick	Robert Kerr
Sarah Coakley	Dave Ruch	Maria Steele
Susan Colman	Willy & Karan Schreiber	Marissa De Franca
Jan Droegkamp	Margaret Scruggs	
Jean Meadowcroft	Barbara Meyer & Terrence Ellared	
Emily Rand	Kathy Keenan	
Theresa M. Faix-Williams	Pete Siegenthaler	
Kevin Freer	Robert Sos	
Brad F. Gamble	Timothy & Mamoetsi Spanier	
Lloyd & Jean Greenway	Don Spicer & Nthakoana Peko	
Jim Gunsolus & Sue Anderson	Dennis Tracey	
Don Hanni	Nancy Zook	
Allan Hansee	Bill Dunn	
Peggy Anne Hawkins	Barbara Blum	
Ted Hochstadt	Steve Goertz	
Richard & Mary Howard	Brent Schaeffer	
Donna Julian	Brad Rea	
Dana Kenney	Joan Eckberg	
Gary Klein	Faye Farmer & Joel Reynolds	
Becki Krieg	Peter Neumann	
Ella Kwisnek	Polly Leukhardt	
Michael Lynch	Claire Hilger	
Douglas Mayo	Duane Morse	
Michael Meador	Leah Tillett	
Mark Mellbye	Stephanie & Adam Springer	
William Moore & Mary Wagner	Jan Kalnbach	
Scott Moreland	Susan Bruckner	
Bruce Morrison & Joyce Richardson	Janissa Balcomb	



WAYS TO SUPPORT FOL

If you've always wondered how you could give a little more than your annual dues, now is the chance to volunteer your time, special skills, and enthusiasm. The members of the Board of Directors of Friends of Lesotho are elected based on their ability and willingness to contribute to the achievement of the organization's goals and objectives.

Directors are members in good standing who are elected on their ability and willingness to support the purpose of FOL

- Nominations are welcome year round
- Directors serve for two-year terms
- Committees and Task Forces

FOL members who do not wish to make a long-term commitment to the board are encouraged to:

- Join standing committees, or
- Work on special projects which match their skills and interests to the needs of the organization

There are also committees and task forces that help carry out the Board work. These committees include Donation Distribution, Membership, Fundraising and Board Nominations & Development.

Check out the Board Information page. Also, for a summary of the expected level of commitment see the Board and Committee description of work. If you're interested in application or nomination, please complete the Nominating Form and email it to the address shown within the form. If you have any questions, please feel free to contact any of the committee members.

Get Connected

Peace Corps Connect <http://community.peacecorpsconnect.org/group/FriendsofLesotho>

Attend FOL Meetings

- Meetings are held at 8pm Eastern on the third Sunday of odd numbered months. Minutes are posted about one week after each meeting.
- Meetings are open to all FOL members, please contact John Hollister for call-in information.

Join FOL – Renew Your Membership

- Encourage others to renew their memberships or join FOL.
- Become a Lifetime Member to help assure the long-term sustainability of the organization.
- Update your contact information



Fundraising

There are several ways you can help Friends of Lesotho support the important work taking place in Lesotho.

Make a Donation to FOL

Make a donation by credit card via JustGive or Razoo or by check (send to Friends of Lesotho, 4110 Denfeld Ave., Kensington, MD 20895).

Donate While You Shop

FOL participates in AmazonSmile. Amazon will donate 0.5% of the price of all eligible purchase to Friends of Lesotho. Help support FOL at no extra cost to you by signing up now!

Take a Walk

Friends of Lesotho has created a Walkathon Kit to make raising funds easy and fun. It can even be used for bikeathons, marathons or other events.

Contribute Through Your Will or Estate

Friends of Lesotho has a will and estate planning guide to walk you through this process.

Make a Memorial Donation

Memorial Funds have been created for many Lesotho RPCVs and staff or you can make a new memorial donation.

Every donation, big or small, allows us to expand our reach in Lesotho. Donations are tax deductible to the extent allowed by law, and acknowledgment for IRS purposes will automatically be made for amounts over \$250, or for any amount upon request.

Friends of Lesotho, Inc. is a 501(c) (3) non-profit. All donations are tax deductible to the extent allowed by law.



FOL History

Friends of Lesotho (FOL) is a registered nonprofit formed in 1986 by a small group of Washington, D.C. RPCVs, most of whom served in Lesotho in the 1960s and 70s. FOL now has members from almost every state and from abroad. The volunteer board of directors and committee members guide the organization's activities by meeting regularly via teleconference. An annual meeting is also conducted in March via teleconference.

FOL Goals

Provide a forum for Peace Corps Trainees (PCTs), Peace Corps Volunteers (PCVs), Returned Peace Corps Volunteers (RPCVs) and others with an interest in Lesotho to connect, share and learn from each other's experiences

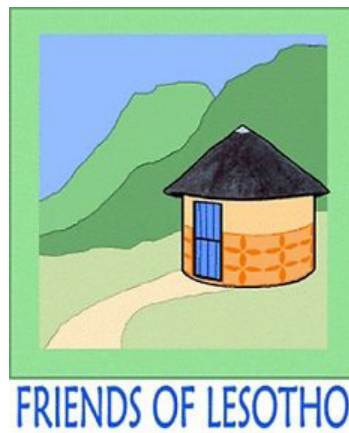
Provide funding for training and development, orphan care and scholarships in Lesotho

Promote friendship and understanding between the peoples of Lesotho and North America

Reasons to Join FOL

Your membership dues and involvement make a difference in the lives of Basotho; current PCVs need and appreciate FOL's support of their projects; and FOL's newsletters and website keep you abreast of news about Lesotho to help keep your Peace Corps experience alive for years to come.

It is easy to join online by credit card. Go to: www.friendsoflesotho.org homepage and click on "Join FOL" or mail your check payable to Friends of Lesotho. Dues are only \$15/year per person with less than 4% of that amount used for operating costs.

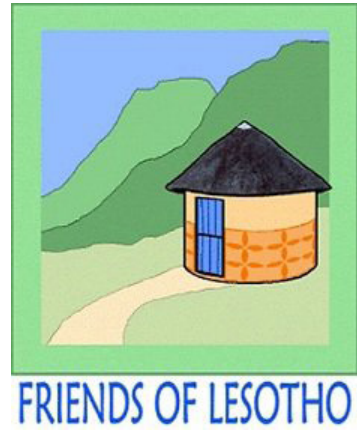




Friends of Lesotho

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