

Friends of Lesotho Annual Report 2013



Friends of Lesotho, Inc.

4110 Denfeld Avenue

Kensington, MD 20895

<http://www.friendsoflesotho.org/>



Lumelang Motsoelle,

Despite my concerns about whether I would be able to follow in the footsteps of Kevin Freer (the last FOL president), I am happy to state that this has been a very positive year for FOL. However, I must acknowledge that the credit belongs to our dedicated board and committee members as well as the many individuals who support and partner with FOL. I think I speak for all of us when I state that this is a labor of love, for a people and country that has become part of our lives.

We have been fortunate to continue to help children and orphans in Lesotho through our continuing partnerships such as the TAP program, which will send over 100 children to secondary school next year. Furthermore, we have been able to help some of the neediest children in Lesotho through donations to Little Angels and the Qholaqhoe Mountain Connections. FOL was also able to help facilitate a large grant of 25,000 dollars to Phelisanong to help build a new dorm. FOL has also maintained its long history of assisting volunteers with their projects, helping fund both a piggery and library project.

FOL has also embarked on some new partnerships and projects, which will help FOL further its mission. In partnership with the Lesotho Embassy and others we have begun work on designing a website which will help those doing projects in Lesotho work together to maximize their efforts. We have also begun a discussion with Peace Corps Lesotho about developing a mentoring program between FOL members and newly returned RPCVs. I believe the former will benefit those doing projects in Lesotho by providing a forum to learn from each other, prevent duplication of efforts and hopefully help connect projects with possible sources of funding, while the latter should help in the transition back home for returning volunteers. We all remember those difficult months after we returned, not only the culture shock, but in trying to find ourselves and a new direction aft returning home, I hope that those of us who have already been through this can led our experience and skills to the next generation of RPCVs and maybe even steer some towards FOL! Lastly, I once again have to note the impressive work of the social media committee in helping raise the profile of FOL and helping us all stay connected to Lesotho.

I would also like to take this opportunity to once again thank Faye for her years of work on the newsletter and the seamless transition that has been mad frome her to Madeline. I would also like to thank our new intern Kieran Conway and all of her hard work assisting various committees as well as the hard work she put in on our 2014 calendar, which has nearly sold out!

Khotso, Pula, Nala,

Dr. Scott Rosenberg
Friends of Lesotho President
President FOL





Mission

The Friends of Lesotho (FOL) is a non-profit organization promoting friendship between the people of Lesotho and the U.S.

Purpose

The purpose of FOL is to serve as a point of contact and funding source for scholarships and grants to small development projects in Lesotho.

FOL accomplishes its mission and purpose by:

- Ensuring good governance of the organization with fiscal responsibility
- Keeping members and friends up to date on news about Lesotho via a quarterly newsletter, website and other social media resources
- Providing members and friends with information on the needs of the people of Lesotho and opportunities for support
- Conducting annual appeals for donations along with a variety of fundraising activities
- Providing direct assistance to worthy projects (i.e. orphan care, HIV/AIDS education, life skills training and education, business development, school repair and construction, scholarships and other needs as identified)
- Providing oversight and accountability of funds sent to Lesotho
- Reporting to members and friends on the performance of the organization and accomplishments through an Annual Report.

Values

FOL values the friendship between the people of Lesotho and the U.S. FOL is comprised of both former Peace Corps Volunteers and others who have an interest in Lesotho. FOL partners with the U.S. Peace Corps Volunteers serving in Lesotho as well as other individuals and NGOs who seek our assistance and wish to cooperate on joint ventures.

FOL strives to “make a difference at the grassroots level”, funding projects considered too small by major donor organizations. Project funding decisions are reviewed by the Board of Directors, following recommendations from the Donations Committee to ensure projects are worthy of funding and are adequately monitored.

FOL is affiliated with the National Peace Corps Association and has agreements to work through the U.S. Peace Corps Partnership Program in Lesotho. FOL also enters into Memoranda of Understanding (MOU) with individuals and groups sponsoring education and development projects in Lesotho.

Friends of Lesotho Inc. is a registered 501 (c)(3) organization. Contributions are tax deductible to the extent permitted by law. A copy of the current financial statement of Friends of Lesotho is available by writing to FOL at 4110 Denfeld Avenue, Kensington, MD 20895 USA, or by emailing treas@friendsoflesotho.org. Documents and information submitted under the Maryland Solicitations Act are also available for the cost of postage and copies from the Maryland Secretary of State, State House, Annapolis, MD 21401 USA (410-974-5534)



2013 Board of Directors



Name	Based in	Position	Years of service
Scott Rosenberg	Oakwood, OH	President	1989-1991
Bill Moore	St. Paul, MN	Vice President	1983-1986
Kevin Caughlan	Kensington, MD	Secretary	1972-1974
John Hollister	Kensington, MD	Treasurer	1986-1988
Kevin Freer	Altamonte Springs, FL	Past President	1976-1978
Christina Balch	Brighton, MA	Director	2007-2009
Victor Cuevas	San Diego, CA	Director	2008-2010
Megan Kelly	Chicago, IL	Director	2008-2011
Peter Neumann	Newton, MA	Director	2004-2006
Dick Nystrom	Urbandale, IA	Director	2003-2005
Zachary Rosen	Washington, DC	Director	2010-2011
Richard Rowan	St. Paul, MN	Director	1979-1983
David Ruch	Denver, CO	Director	1981-1983
Andrew Steel	Chicago, IL	Director	2009
Madeline Ura-neck	Madison, WI	Director	2006-2009



2013 Committee and Task Force Members

Committee and Task Forces	Chairs	Members
Annual Meeting	Bill Moore ex officio	Kevin Caughlan
By-Laws	Bill Moore ex officio	N/A
Database	N/A	Bill Dunn, Tammy Benabides
Donations	Richard Rowan	Lynn Minderman, Dick Nystrom, Scott Rosenberg, David Ruch, Andrew Steel
Embassy Liason	Scott Rosenberg	N/A
Finance	John Hollister (Treasurer)	Zachary Rosen, Bill Dunn, Richard Rowan, David Song, Bob Sos
Fundraising	Peter Neumann	Vistor Cuevas, Jan Kalnbach
Membership	Dyann Van Dusen	Bill Dunn, Jan Kalnbach, Peter Quella, Marty Smith, Victor Cuevas
Newsletter	Madeline Uraneck	Nicole Harbor Potsane, Allison Pranger, Mary Howard, Marissa Ernst
Nominations	Scott Rosenberg ex officio	N/A
Digital Marketing	Christina Balch & Megan Kelly	Tammy Benabides, Kieran Conway, Peter Neumann, Dick Nystrom, Marty Smith



Friends of Lesotho Supported Projects

2013 Tuition Assistance Program (TAP)

Established in 1999, Tuition Assistance Program (TAP) is the oldest FOL initiative. TAP provides partial scholarships for pre-school, secondary and vocational education students.

In 2013, FOL continued to up the ante, with the Tuition Assistance Program awarding the highest number of partial scholarships since its inception in 1999. A total of 290 partial scholarships were awarded.

Thanks to the continued generosity of our members and donors FOL was able to send 170,553 LSL to support these needy students. Thanks also to the 33 PCVs who made the time to get to know the students in greatest need and most likely to succeed academically.

PCVs NAME	SCHOOL
Abruzzo, Alyssa	Katse H.S
Arent, Kim	Motete SS
Bird, MaryBeth	Linokong HS
Buechel, Katie	Malefiloane HS
Edmonds, Rachel	St. Lawrence HS
Eysallenne, Mishelle	Ratanang ECCD
Feraco, Nancy	Masitise ECCD
Fisher, Caitlin	Rehauhetsoe HS
Forte, James	Thaba Tseka HS
France, Shanelle	Ha Sekake
Jayaraman, Aparna	Qhalasi SS
Johnson, Laura	Motete SS
Joshi, Shawn	Fabane HS
Kang, Peggy	Thoteng ECCD
Koryto, Kevin	Qholaqhoe HS
Kruger, James	Butha Buthe Community HS
Lofland, Jesse	Ratsoeu SS
Mackin, Keegan	Mantoetse SS
Mangan, Heather	Lerotholi HS
Mast, Nicholas	Sekonyela HS
Nelson, Sadie	Tiping SS
Okegbe, Tishina	Moyeni HS
Oney, Kyle	Makhobalo HS
Parks, Lauren	Lepekola HS
Rosen, Brendan	St. Cyprians HS
Schoeder, Zoe	Renekeng SS
Severson, Teresa	Linotsing SS
Solano, Michael	St Denis HS
Stein, Wendy	Hareeng HS
Thornton, Gerad	Ramatseliso SS
VanBaleen Morgan	Zenon HS
Vincent Caitlin	Mabuleng SS
Whitley Annie	Ralehlatsa SS



Phelisanong - Orphans, Disabled, HIV/AIDS and Vulnerable Children’s Project

FOL made it’s largest contribution of the year to Phelisanong for the construction of improved facilities. FOL also contributed towards the scholarships of some of the Phelisanong students. Together these donations totaled \$26,500.

Phelisanong is a community based organization in Lesotho, southern Africa. In the foothills of the Maluti mountains, a remarkable community has come together to provide a home for disabled children and those whose parents have died of AIDS. Founded by a group of disabled and HIV positive villagers, Phelisanong is an indigenous-led, grassroots group, whose members daily confront the challenges of living with HIV and disabilities. Since it’s inception in 2001, Phelisanong have grown to become one of the leading community development organizations in Lesotho.

From it’s start as a disability centre, the project has grown to embrace those living with AIDS, offering education, counselling, testing and treatment assistance, and support for those living with the disease, and the orphans it has left behind. Following their motto, “nobody without testing, nobody without treatment”, Phelisanong has mobilized their community to address AIDS and the orphan crisis. The project operates a community health clinic and an AIDS outreach program that co-ordinates HIV testing, holds village level education workshops, and visits patients in their homes. Their team of six ‘Warriors’ travel from village to village, reaching thousands of patients and their families.



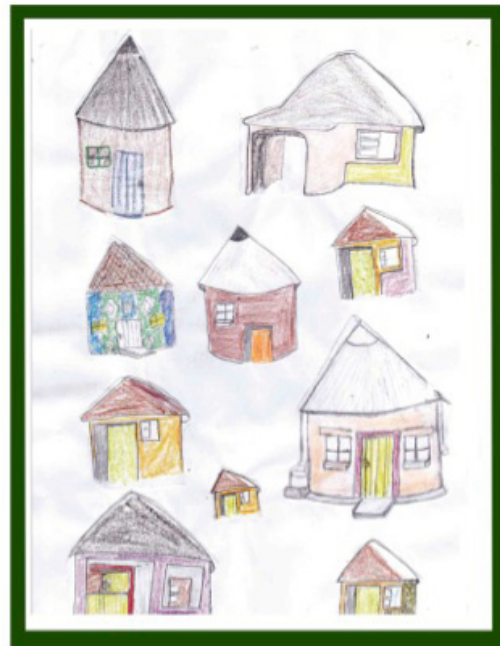
A Sesotho Counting Book by and for Basotho Children

Jane Hale and David Ruch

FOL has partnered with Family Literacy Lesotho to produce a Sesotho counting book written by and for Basotho Children. Family Literacy Lesotho was founded by Professor Jane Hale of Brandeis University. FOL member David Ruch is also involved with this project. The funds provided by FOL are being used on book production costs at the Morija Press. FOL funds ensure that some of the books will be distributed to Basotho families at no cost.



4



10



The Lesotho Connection (TLC) St. Camillus Centre, Mohale's Hoek

TLC began in 2006 when visits by people from Tacoma Washington inspired others in the community to gather resources to assist community leaders in Lesotho in their work to improve the lives of those affected by HIV/AIDS and the pervasive poverty of the “Mountain Kingdom.”

In 2013, FOL donated \$1,000 towards the construction of The Lesotho Connection's project called the St. Camillus Centre for Orphaned and Vulnerable Children. A new building is needed to better meet the needs of the St. Camillus Centre. The Centre will continue its vital services in the Mohales Hoek region by providing:

- training space for HIV/AIDS home-based health care workers
- temporary housing for orphans and vulnerable children
- cooking and dining facilities to provide warm meals
- space for teaching income generating activities (sewing & aloe cream)
- agricultural and nutritional training





Qholaqhoe Mountain Connections

Friends of Lesotho has continued to help support sustainable food sources in Likoting Village, Butha-Buthe. An orphan support garden was established 13 years ago by Me Mampho Mokuinihi and her sister-in-law, Me Mamotloang Mokuinihi, with land donated by Chief Thabo Matela.

The garden now feeds over 130 double orphans and is cared for by the orphans and local villagers. A sustainable chicken project was started 5 years ago and now provides needed protein with about 90 eggs per day. Extra eggs are sold to purchase feed and new layers. A registered Jersey cow was purchased 3 years ago and she has now given birth to two heifers. This project will become sustainable when extra milk can be sold to purchase hay and dairy meal. The Lesotho Agriculture Department provides medicine and artificial insemination to keep the cow breed pure. FOL was instrumental in helping fund a new kitchen building that allows older orphans to cook meals without having to walk long distances to gather dung and wood for fuel. The grandmothers and villagers have worked tirelessly to keep their orphans in local villages so that they are safe, well fed, and cared for.





Little Angels Orphan Day Care/Pre-School

Manyeloi A Manyane is the registered name of the CBO established by former PCV (03-05) Rose Paradise along with help from a local minister, Ntate Ntsasa. He and his family agreed to donate the building with the understanding that it would be used for the benefit of orphan and other vulnerable children in the Thaba Bosiu community. Manyeloi A Manyane is registered with the Ministry of Social Welfare and the Ministry of Education of Lesotho.

Like many small, grassroots projects, Little Angels originally relied on the generosity of family and personal friends, including Paul and Cindy Trollinger of Colorado who paid for furniture, equipment and portions of the building renovation. US based Firelight Foundation also provided funds for renovation and supplies as well as the first two years of operation in 2008 and 2009. The US Embassy in Lesotho and the Netherlands Embassy provided funds for a bore hole, water pump and solar panels for pumping the water. Operating costs in 2010 were provided once again by personal friends as well as the Queenstreet Baptist Church in Hampton, VA.

Thanks to the generous donations of our members and donors, in collaboration with BLOOM Africa, Wittenberg University, and the Kiwanis and Rotary Clubs of Ohio, FOL was able to help fund operating costs (which average about \$700/month) starting in 2011 and continuing through 2013. The center employs 2 teachers and one cook and gets much needed help from volunteer grannies and aunties in the village.





Maluti Hospital Health Training Program

PCV Barbara Meyer

Barbara Meyer, a PCV working at Maluti Hospital, has developed two new training programs for employees at the hospital. The hospital serves 200,000 people in rural Lesotho but has a limited budget for training. The training programs are aimed at improving communications and developing leadership skills among staff. The ultimate goal is to increase the efficiency and effectiveness of programs to benefit community health in the villages served by the hospital. Barbara has been raising funds to buy equipment to run the training programs, including two computers, a projector, speakers and training materials. The local hospital community will develop training materials and lead the training, and training will go on for a year. Eventually it is hoped that staff will be able to expand the training to other hospitals. Friends of Lesotho contributed funds to help with the purchase of the equipment and training materials.





Literacy and Library Improvement Project

PCV Caitlin Fisher

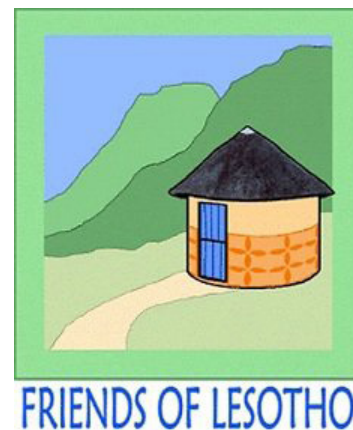
Friends of Lesotho contributed to PCV Caitlin Fisher's project to help her community build a library and promote literacy and library use. The old library was only 3 meters square. The intent of the project is to increase the number of students who use the library by introducing them and familiarizing them with the library and how it is organized. The school and community are involved in the project and providing over 35 percent of the labor and materials. All teachers will give assignments that involve using the library, and the larger library will provide a place for students to come together to study.

The project also intends to increase the number of students who read outside of school by allowing them to check out books. By helping students gain better English skills, it is hoped that students will find more success in school and be able to continue their education beyond high school.

How to Apply for Funding From FOL

The Donations Committee reviews all applications for funding to the organization. The Committee meets the third Sunday of every even numbered month (February, April, June, etc.) and makes recommendations at the following month's meeting of the FOL Board for action. If you are interested in obtaining funding for your project please review the guidelines, complete the funding application and return it to the Donations Committee. Go to our website under Project Funding and Support for more information.

<http://www.friendsoflesotho.org/project-funding-support/how-to-apply-for-funding/>





Pig Raising Cooperative Project PCV Beth Pagan

The Lekokoaneng Multipurpose Cooperative Society was able to construct a pig house, with funding through the Peace Corps Partnership Program (PCPP), including a \$1,000 donation from Friends of Lesotho.



Amy Friedheim Memorial Project

Friends of Lesotho helped coordinate a memorial in the name of RPCV Amy Friedheim. Amy had been a teacher at Kolonyama High School from 1981-83. Her friends and family raised funds to provide scholarships for three girls attending Kolonyama High School. FOL helped coordinate those scholarships to make sure the funds were safely delivered to the young women. Grieved by friends across the world, and communities in CA and Washington DC, Amy died July 22, 2013 from lung cancer at a hospice in San Francisco. She was 53.



OPENING BALANCE OF FUNDS ON HAND – 1/1/13	\$49,821.83
REVENUE	
Annual Dues Donations	\$2,595.17
Project Contributions (Projects, life member reserve, fundraiser exp.)	\$54,919.78
NPCA Dues to be Rebated	\$385.00
Interest (ING Account)	\$148.26
In-kind Donated Operating Expenses	\$35.86
Sales of Café Press, CDs and T-shirts	\$1,380.05
 SUBTOTAL REVENUE:	 \$59,464.12
OPERATING EXPENSES (Including In-kind Donations):	
Duplicating	\$462.33
Postage	\$511.23
Computer/Internet	\$109.99
NPCA Rebates (Pass thru)	\$385.00
NPCA Annual Dues	\$100.00
Misc. Supplies/Fees	\$200.42
Fundraising Fees/Initiative (incl. Café Press, Amazon)	\$981.67
 SUBTOTAL OPERATING EXPENSES	 \$2,750.64
PROJECT EXPENDITURES (breakout below):	
Phelisanong Scholarships	\$1,540.00
Caitlin Fischer’s school project - (PCPP)	\$1,293.00
The Lesotho Connection	\$1,000.00
QMC project fund	\$5,140.00
Morija Museum funds delivered	\$85.00
E.Pagan Pig Coop project - (PCPP)	\$1,000.00
Sesotho Counting Book	\$1,766.30
TAP 2013 funds (PCPP)	\$16,004.91
Phelisanong Tempest project wire	\$25,040.00
 SUBTOTAL PROJECT EXPENDITURES	 \$52,869.21
 ENDING 2013 BALANCE	 \$53,666.10



2013 Contributors

\$5,000 or more
David and Kathy Tempest
Taipai American School

\$1,000 - \$4,999
First Presbyterian Church
Kim Smith
Sarah Coakley
Peter Neumann
Brad Rea
Jack & Carla Sue Lansford

\$500 - \$999
Michael Lynch
Richard Weisfelder
Tom Carroll
Martin Nichols
Ann Shriver
Pete Siegenthaler
Polly Leukhardt
George Rohrmann

\$250 - \$499
David Massey
Beverly Cosimano
Laurie Zastrow
Madeline Uraneck
William Boeddiker
Rebecca Nolan
Duane Morse
Dean Zerbe
Ellen Hanak Valletta
Jessica Faulkner

\$100 - \$249
Margaret Jackson
Maria Steele
Robert Washington-Allen
Joseph Becker
Bill Reed
Dick & Pam Nystrom
Jerry & Theresa Voors
Nancy & Sam Stewart
Esther Laventhol
Deborah W Holt
Laura Jolley
Joe Rosa
George Drake
Mark E Mellbye
Barbara Lanwermeier
Peter H Brink
Paul Bloch
Sherry Hellenkamp
Paul Hesse
Marlene Buffington
Steve Belasco
Anthony Abner
David Bertocci
Kevin J. Freer
Patty Mac Donald
John C. Mc Coy
Amy Moritmer
John & Kristin-Marie Olson-Kennedy
Robert Sos
Barbara Blum
John & Lauren Aerni-Flessner
Phyllis & George Proctor
Aaron Dunn
Susan Crompton



2013 Contributors continued

\$100 - \$249 continued
Diane L Hope
Louis & Jeannette Esposito
Andrew Steele
Katie O'Gorman
Anonymous Anonymous
Nancy Powell Hodges

\$50 - \$99
Robert & Nancy Nolan
Amy Goldknopf
Jan Droegkamp
Beth Snyder
Sara Munson
Ronna Abbott
Kathy Russell
Jim & Kathy Mueller
Dorothy Beling
Connie & Robert Hunter
Ken Castrop
Tom Creeden
Jack Healey
Ted Hochstadt
Robert & Susan Learmonth
Martha Munson
Donovan Russell
Elinor Szekunda
Steven A Templin
Matt Losak
Cyndi Hiner
Lynn Minderman
Arlene Favaregh
Beverly P. Roberson
Kathleen Marafino
Margaret M Wilson

\$25 - \$49
Amy & Tom Vandegrift
John Ferrick
Peggy Tibbits
Joshua Russell
David Biviano
William Lockhart
John & Patricia Becnel
Susan Conrad
Arthur Rodger
Karen Schmitz
Kate Swensen
Daniel Hogan
Rebeca Ernst
Colin & Corinne Hoag
Marty & Marion Smith
Gina Difino
Anais Alexander
Matthew & Cindy Grady
Mark Carr
Asley Wierzbicki
Lloyd & Jean Greenway
Joan & Larry LeGallo
George & Fredi Munger
Nancy Sales
Robert Sybj
Sally Vogl
Cindy Bertocci
Elizabeth Zajac
Anonymous Anonymous
Patricia Valancius
Heather Saczynski
Anonymous



2013 Contributors continued

\$10 - \$24
Georgann Gall
Christopher Conz
Pichchenda Bao
Jim Cobbe
Ben Black
Nicole Brule
Gary L. Bowne
Ruth Brody
Harold Cary III
Tom Cassel
Kevin Caughlan
Charles Fogelman
Pete Cookingham
Christine Distasio
David Gorman
Michelle Graves
David Harpman
Keith Harrington
John Hollister
Kirk Iversen
Noel Jackson
Mary Beth Kwenda
Mary Levander
Sarah Locke
Monica Mc Intyre
Blair Orr
Keri Paradis-Fenger
Frank & Jenny Phillips
Peter Quella
Marjorie & Greg Scieszka
Lois Sebatane
Mary Jane Skidmore
Pamela Stutzman
Sheryl Sullivan

\$10 - \$24 continued
Barbara Tomlinson
Richard Wahl
Craig Warner
Leigh Marrero
Kevin Koester
Elizabeth Perry
Consuella Brown
Brad Bozick
Monica Repasky
Sara Riley
Adam Rosenberg
Greg Alder
Tammy Benabides
Kurt Troutman
Allison Matlack
Megan Kelly
William Noble
Christina Balch
Rebecca Songolo
Joey Lehnhard
Karrin Parker
Judy Baskey
Zach Rosen
Cynthia Walker
Dennis Kelly
Andrew Hoffmaster
Emily Faix-Williams
Richard Carlson
Gregory Pachmayr
Jason Milczewski



2013 Members

Frank Keller	Alfred Zdrzil	Jeff Bartels
James Micciulla	Polly Leukhardt	Ken Castrop
Gregory Mullen	Stacey McKeever	Donald Theiler
Shirley Roper & Charles Blake	Dick & Pam Nystrom	Sally Vogl
Pete Siegenthaler	Joey Lehnhard	Joe Rosa
Kathy Fox	Isabelle & Pete Marrero	Annmarie Emmet
Lynn Haxton	Bob Barnes	John & Lauren Aerni-Flessner
Sarah Cosimano	Steve Belasco	Tracy Lane
Brian Mehlhoff	Kathy & Raif Henry	Mike Carney
Drew Hardgrove	Sarah Aghedo	Harold Cary III
Frank & Jenny Phillips	Arthur Rodger	George Fanelli & Anne Casper
Megan Poetzingler	Peggi Tabor	Dorothy M. Holland
Peter Miller	Matt Losak	Mae Maltin
Hazel Domangue	Gail Lundeen	Marshall Sikowitz
Courtney Mc Grew	Margaret Bertocci	Teresa & Kinsey Shilling
Robert Downey	Charles & Ellen Harvey	Scott Rosenberg
Kevin Caughlan	Ruth & Bob Balcomb	Marisa Ernst
Eric Landis	Elissa Kaufman	Krista M. Rosemary
Craig Thompson	Patricia Koehler	Marty & Marion Smith
Janissa Balcomb	Richard Leach	Adam Rosenberg
Jim Kelley	Lindsey Campbell	Diane Hope
David Biviano	Raimi & Emily Bello	Maria Steele
Mary Lederer	Miguel Barrera	Ben Black
Zoe Malley	Jan Kalnbach	Gary L. Bowne
Sheila Woods	Ruth Brody	George & Julie Cromer
Charlene Whitworth	Jacqueline Tipsword	Wade Dallagrana
Jeanmarie Mitchell-Harty	George Blakeslee	Matt Diver
Nicole Potsane	Russell Cohen	John Ferrick
Dan & Kathy Schmitt	Gail Hughes	Amy Goldknopf
Ariel Simons	Jody Retzer Crolla	David Harpman
Kali Bechtold	Michael Beilstein	Patrick Hawe
Kimiko Ebata	Wayne Nishek	Virginia Humphreys
Nathan Landrum	Victor Cuevas	Mary Beth Kwenda
Kevin Casimer	Brandi Helm	Robert & Susan Learmonth
Martin Nichols	David P. Ambrose	William Lockhart



2013 Members continued

John C. Mc Coy	Sarah Coakley	Sherry Hellenkamp
Amy Mortimer	Tom Creeden	Connie & Robert Hunter
John & Kristin-Marie Olson-Kennedy	Nancy Sales	David Massey
Donovan Russell	Karen Schmitz	Leigh Marrero
Robert Synk	Beth Snyder	Paul Bloch
Steve & Marsha Templin	Sara Munson	Marlene Buffington
Richard Wahl	Rebeca Ernst	Daniel Hogan
Priscilla & Allan Walker	Brad Bozick	Ronna Abbott
Kim Ward	Gina Difino	Megan Kelly
Kevin Koester	Greg Alder	Robert & Nancy Nolan
Faye Farmer & Joel Reynolds	Tammy Benabides	John Hollister
Laurie Zastrow	Georgann Gall	Ann O`Malley
Kurt Troutman	Rebecca Nolan	Mary Jane Skidmore
Allison Pranger	Cyndi Hiner	Andrew Hoffmaster
Jane Hale	Christina Balch	Charles Fogelman
Anthony Abner	Judy Baskey	Susan Conrad
Dennis & Cheryl Caspe	Andrew Steele	David Gorman
Susan Colman	Ella Jean Buss	Keri Paradis-Fenger
Linda Henry	Pete Cookingham	Kate Swensen
Liz Hunter	George Drake	William Noble
Joan & Larry LeGallo	Keith Harrington	Jason Milczewski
Sarah Locke	Margaret Jackson	Christine Distasio
Patty Mac Donald	Monica Mc Intyre	Jack Healey
Beverly Powell Roberson	Pamela Stutzman	Mary Levander
Jim & Kathy Wohlgehagen	Craig Warner	George & Fredi Munger
Joshua Russell	Consuella Brown	Elizabeth Perry
Sharon Zeiden	Amy & Tom Vandegrift	Peggy Tibbits
Catherine Zandonella	Rebecca Songolo	Jim & Kathy Mueller
Franz Feierbach	Asley Wierzbicki	Matthew & Cindy Grady
Fredric & Victoria Divine	Lynn Minderman	Mark Carr
Janice Stapleton	Richard Weisfelder	Cindy Bertocci
Joseph Becker	Cynthia Walker	Christopher Conz
Peter H. Brink	Dennis Kelly	Noel Jackson
Tom Cassel	Pichchenda Bao	Marjorie & Greg Scieszka



2013 Members continued

Joan Ambre
Larry Cooley
Paul Hesse
Blair Orr
Lois Sebatane
Nicole Brule
David Vancelette
Ann Shriver
Kim Smith
Brendan Rosen
Shawna Cain
Kirk Iversen
Dyann Van Dusen
James Rubarth-Lay
Megan Urry
Scott Brumburgh & Carolyn Long

Thank you to all of our lifetime members, annual members and contributors. Please use the Contact Us email feature on our website if your name is missing from this list. We apologize for any missing donors and will correct this on the website immediately and in the next newsletter.



2013 Lifetime Members

Lorrie Beck	Bill Reed
David Bertocci	Sydney Rocklin and
Bill Boeddiker	John Bigelow
Stephen Brushett and	Jennifer Root
Refiloe Bam	Richard Rowan and
Lonny M. Buss	Tlotlisang Sekese
Anne Button	Deena Rowe-Krumdick
John Clausen	Dave Ruch
Jan Droegkamp	Willy & Karan Schreiber
Theresa M. Faix-Williams	Margaret Scruggs
Kevin Freer	Robert Sos
Brad F.Gamble	Timothy Spanier
Kathy Keenan (Ta'pei American School)	Don Spicer and
Lloyd & Jean Greenway	Nthakoana Peko
Don Hanni	Dennis Tracey
Peggy Anne Hawkins	Nancy Zook
Ted Hochstadt	Bill Dunn
Richard & Mary Howard	Barbara Blum
Donna Julian	Steve Goertz
Dana Kenney	Brent Schaeffer
Gary Klein	Brad Rea
Becki Krieg	Joan Eckberg
Ella Kwisnek	Peter Neumann
Douglas Mayo	Claire Hilger
Michael Meador	Duane Morse
Mark Mellbye	Leah Tillett
William Moore and	Stephanie & Adam
Mary Wagner	Springer
Scott Moreland	Susan Bruckner
Bruce Morrison and	Madeline Uранеck
Joyce Richardson	Tom Carroll
Martha Munson	Julie Galbraith
Ingrid Oakley-Girvan	Robert Kerr
Marissa De Franca	Michael Lynch



WAYS TO SUPPORT FOL

If you've always wondered how you could give a little more than your annual dues, now is the chance to volunteer your time, special skills, and enthusiasm. The members of the Board of Directors of Friends of Lesotho are elected based on their ability and willingness to contribute to the achievement of the organization's goals and objectives.

Directors are members in good standing who are elected on their ability and willingness to support the purpose of FOL

- Nominations are welcome year round
- Elections are held at the Annual Meeting in October
- Directors serve for two-year terms
- Committees and Task Forces

FOL members who do not wish to make a long-term commitment to the board are encouraged to:

- Join standing committees, or
- Work on special projects which match their skills and interests to the needs of the organization

There are also committees and task forces that help carry out the Board work. These committees include Donation Distribution, Membership, Fundraising and Board Nominations & Development.

Check out the Board Information page. Also, for a summary of the expected level of commitment see the Board and Committee description of work. If you're interested in application or nomination, please complete the Nominating Form and email it to the address shown within the form. If you have any questions, please feel free to contact any of the committee members.

Get Connected

Peace Corps Connect <http://community.peacecorpsconnect.org/group/FriendsofLesotho>

Attend FOL Meetings

- Meetings are held at 8pm Eastern on the third Sunday of odd numbered months. Minutes are posted about one week after each meeting.
- Meetings are open to all FOL members, please contact John Hollister for call-in information.

Join FOL – Renew Your Membership

- Encourage others to renew their memberships or join FOL.
- Become a Lifetime Member to help assure the long-term sustainability of the organization.
- Update your contact information



FOL History

Friends of Lesotho (FOL) is a registered nonprofit formed in 1986 by a small group of Washington, D.C. RPCVs, most of whom served in Lesotho in the 1960s and 70s. FOL now has nearly 400 members from almost every state and from abroad. The volunteer board of directors and committee members guide the organization's activities by meeting regularly via teleconference. An annual meeting is also conducted in March via teleconference.

FOL Goals

Provide a forum for Peace Corps Trainees (PCTs), Peace Corps Volunteers (PCVs), Returned Peace Corps Volunteers (RPCVs) and others with an interest in Lesotho to connect, share and learn from each other's experiences

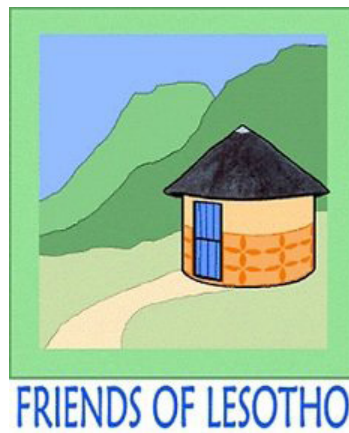
Provide funding for training and development, orphan care and scholarships in Lesotho

Promote friendship and understanding between the peoples of Lesotho and North America

Reasons to Join FOL

Your membership dues and involvement make a difference in the lives of Basotho; current PCVs need and appreciate FOL's support of their projects; and FOL's newsletters and website keep you abreast of news about Lesotho to help keep your Peace Corps experience alive for years to come.

It is easy to join online by credit card. Go to: www.friendsoflesotho.org homepage and click on "Join FOL" or mail your check payable to Friends of Lesotho. Dues are only \$15/year per person with less than 4% of that amount used for operating costs.





Fundraising

Make a donation by mailing a check payable to Friends of Lesotho or by credit card via our website (click on Donate and chose JustGive or Razoo).

Since its inception FOL has sent more than \$274,000 to Lesotho to support needs identified by PCVs and RPCVs. This includes more than \$112,000 in partial scholarships through the Tuition Assistance Program (TAP) grants to pre-school, primary and secondary students identified by PCVs. In recent years FOL has also provided tuition support for nurse training.

Shopping-raise funds for FOL by doing what you like

Like Amazon? We have a great relationship with them. If you use the following link, they will donate a part of what you paid to FOL....no extra cost to you! <http://www.amazon.com/?&tag=frieofleso-20&camp=15309&creative=331473&linkCode=st1&adid=0ZT8DQV3WDMB1048GZNP>

You can also find this link on our website by visiting friendsoflesotho.org, clicking SHOP and selecting "FOL Amazon".

Remember our online store....CafePress.

It has wonderful items imprinted with scenes, flags, and logos that bring back our memories of Lesotho. A portion of your purchase goes to FOL. All profits from this shop, up to twenty percent of the cost of each item, go to scholarships for deserving students, orphanages, AIDS/HIV programs, and a variety of small education and development projects in Lesotho.

<http://www.cafepress.com/lesotho/>

Use the search engine <http://www.goodsearch.com/nonprofit/friends-of-lesotho.aspx> and a donation will be made to FOL for each search. You can also shop over 1,000 stores by clicking "GoodShop" from this site.

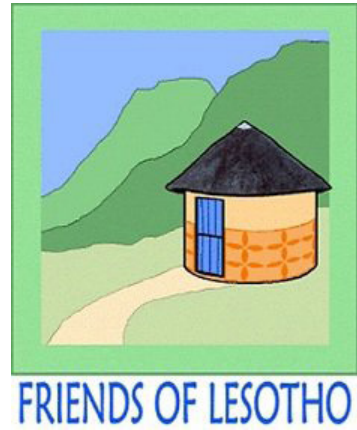
Conduct a fundraiser with our easy-to-use Walk-a-Thon kit. This kit may be used to raise funds for FOL....it can even be used for bikeathons, marathons, swimathons! The kit can be found on our website. http://www.friendsoflesotho.org/wp-content/uploads/2010/02/FOL-walkathon_resources_kit.doc



Friends of Lesotho

**4110 Denfeld Avenue
Kensington, MD 20895**

<http://www.friendsoflesotho.org/>



Find us on facebook:

<https://www.facebook.com/FriendsOfLesotho>



Follow us on twitter:

<https://twitter.com/FOLesotho>

