



FRIENDS OF LESOTHO

METSOALLE ea LESOTHO

Third Quarter 2023
Newsletter

A Word From Our President

Lumelang Metsoalle,

As summer flies by, I find myself more and more excited for the upcoming projects FOL will contribute to this fall. It is because of the generous contributions from our members that we are able to fund projects that will hopefully have a lasting effect in Lesotho. Our board has been fast at work planning for upcoming fundraisers and I am so thankful to be a part of this dedicated team.

Board member, Kenneth Tuccerri (RPCV '19), in partnership with his host brother is raising funds to build a library at Makoko Primary School in Thaba Tseka, Lesotho. After the close of his service Kenneth raised the money to build a Kindergarten at Makoko where he was a primary school teacher during his service. Kenneth's host brother, Reanetse Nkune, a talented builder and stakeholder within the community, will lead the project in Lesotho.

FOL is in another partnership as well to raise funds for the Molete Foundation so that they can also acquire land for a library. Promoting literacy from a young age is valuable work to be done and I'm so proud of the effort FOL is putting forth to support education in Lesotho.

As I write to submit this letter to the newsletter team for publication I am thankful for all the work contributed by the newsletter team. FOL has been very fortunate to have dedicated newsletter committee members who work behind the scenes to support the organization. Our special thanks to Nicole Potsane who has been our Graphic Designer for the last 15 years. Mary Howard and Deena Lawrence have served as copy editors for over ten years. They are now joined by Cassie Sheridan as the newsletter editor. Kevin Freer has done a fantastic job in passing his editorial duties off to Cassie. Our quarterly newsletter is vital for staying in touch with members & keeping you up to date with what's happening in Lesotho. Rea leboha Nicole, Mary, Deena, Cassie, and Kevin!

Thank you again for your ongoing support of Friends of Lesotho's mission to promote positive change in Lesotho. If you are interested in supporting FOL in a specific way please do not hesitate to reach out. We are always evolving in how to support our mission.



Photo courtesy:
Nicole Potsane, RPCV Lesotho

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Sincerely,
Meghan White
President, FOL



Newsletter Features Clickable Links!!
Download the newsletter from the FOL website www.friendsoflesotho.org and you will be able to click on all the website addresses.



METSOALLE ea LESOTHO

FOL Organizational News

The days of (a very hot!) summer are peeling past us. FOL met on July 16 to discuss our group's priorities. We have two great fundraising initiatives we are focused on aside from our normal efforts in helping Lesotho. One can jump onto our website's donation page and see there are three options for donations. The first is our general fund. The second is the construction of a library in Thaba Tseka. The goal for this project, being built at Makoko Primary School, is to sustain a reading culture and improve literacy and learning. The library strives to create a powerful educational environment in Lesotho's highlands. At the time of writing this, over \$3,500 has been raised towards the \$25,000 goal. Third, we have the Molete Literacy Center project. This effort is designed to collect funds to buy land and build a literacy center in Khubetsoana Village in Berea. FOL has previously donated to this reading club and is happy to continue to support this great project! As the hot summer days continue, do not forget that it is winter down in Lesotho! One just has to travel south of the equator to Lesotho to evade this heat and enjoy the fresh air of the Maloti Mountains! 🏠



This effort is designed to collect funds to buy land and build a literacy center in Khubetsoana Village in Berea. FOL has previously donated to this reading club and is happy to continue to support this great project! As the hot summer days continue, do not forget that it is winter down in Lesotho! One just has to travel south of the equator to Lesotho to evade this heat and enjoy the fresh air of the Maloti Mountains! 🏠

25 Years on the Web

Bill Dunn, FOL's Membership Database Coordinator, launched our first website 25 years ago (*FOL Newsletter Summer 1998*). Bill continued to serve as webmaster from 1998 – 2009. Marty Smith then took on this role from 2009 – 2019. Meghan White and Ali Kukovich undertook a major redesign and development of our website and established our Facebook page, serving as webmasters from 2020 to the present. As always, we are requesting that you send us any posts or news you'd like to see on our website and Facebook page. Current events, nostalgia, development opportunities- share them with us! Visit our website that's being worked on every week! Contact Meghan White and Ali Kukovich at white.meghan0@gmail.com and ali.kukovich@gmail.com. 🏠



Expanding Our Circle of Friends

Add the FOL logo and website address on your personal Facebook page to solicit interest from family and friends to learn more about who we are and what we do.

<https://www.friendsoflesotho.org/>



Submissions wanted!!

Help us create our awesome newsletter! We are looking for photographs, articles, news from the front, creative writing, reflections from your volunteer experience, travel essays, and anything else Lesotho-related.

Please send your submissions for the next FOL Newsletter to Cassie Sheridan, ccsheridan2@gmail.com.

The next deadline is November 15, 2023



Makoko Library Project



By Kenneth Tucceri, Vice President

DAKAR, Senegal – Hello Friends of Lesotho! Two years ago, I was deployed to the Middle East as a soldier. It was only 8 months after my Peace Corps service. The transition was strange to say the least. While deployed (and before I was a member of Friends of Lesotho) I began fundraising for a reception school building to compliment the school I served at during my Peace Corps service. Raising more than \$14,000, we were able to build the structure and, starting this September, a kindergarten teacher has been hired to jumpstart the education of the children of the rural communities surrounding Ha Makoko, Thaba Tseka, in the highlands of Lesotho.

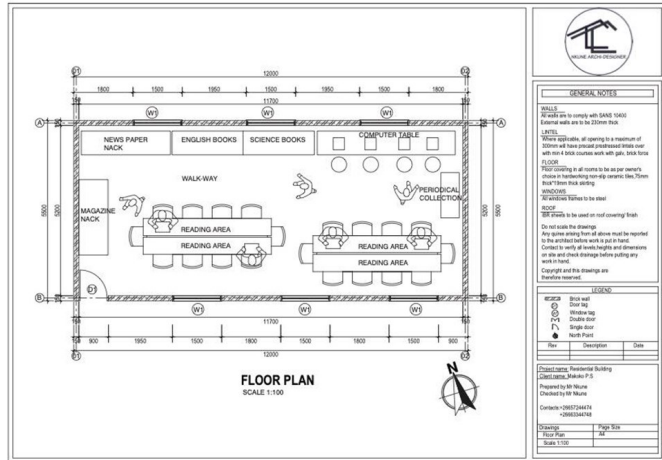
In this same spirit, as a (once again) deployed soldier working out of U.S. Embassy Dakar, I am striving to raise \$25,000 to complete a library at the primary school. Fundraising started on 16 July and as I write this, on 22 July, we have raised more than \$2,500!

What empowered me to conduct the first construction project was the fact that my host brother during Peace Corps is a young entrepreneur, owning his own design firm in Lesotho. With his help and leadership, the reception school was built timely and beautifully.

I am focusing on a library because during my service I had many books sent to me. I felt that English literacy would be a great benefit to my students. Building a

good collection of books became a side project for me during my service from 2017-2019. After I left, Makoko Primary School applied for the African Library Project, bringing even more books to our school.

So it is with this need that a library is going to be built. A safe and didactic space for learners to read, draw, and learn! I would be honored if you could help with this effort and spread the word wide and far. Also, please follow us on Facebook if you do not already do so, as updates of the progress of this project will be posted up until completion. Kea leboha!



Final Jeopardy: African Countries

The Final Jeopardy question (7/5/2023) in the category “African Countries” was:

Nicknamed “the Kingdom in the Sky”, this landlocked nation is the only country in the world to lie entirely above 4,000 feet.





METSOALLE ea LESOTHO

Donations




Tuition Assistance Program (TAP)

TAP Funds were sent to Monica Letsoha to fund four additional students' second semester tuition expenses.



Help Save Lives: Mankoe Foundation

FOL sent funds of \$1,571 to the Mankoe Foundation to assist with building costs to support their chicken and pig project. The chickens and pigs will be taken care of until they are ready to be sold in the market. The animals will be replaced after every sale to sustain the programs to pay for student fees, books, uniforms and other essentials. 

Fundraising


Take Advantage of Your Employee Match

Employee match programs require a small amount of effort to engage, but the work will pay off for Friends of Lesotho Inc. Here are the steps to take to take advantage of your employee match during our Annual Appeal as well as throughout the year.



For more information, visit Employer Matching Gifts under the Donations tab at <https://www.friendsoflesotho.org/donate>

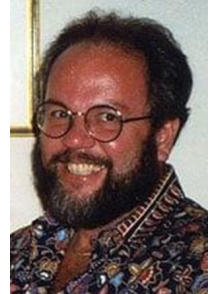


Lumelang from the Fundraising Committee! As you may know, the Amazon Smile program recently ended, which was a passive way for members and non-members to help fundraise for FOL. Moving forward, we have decided to engage with and utilize the ShopRaise app! ShopRaise is an app and browser plug-in that allows participating retailers to contribute up to 10% of each transaction directly to FOL. We are really excited about the possibilities with ShopRaise, as it's a verified and trustworthy platform that is partnered with nearly 1,000 retailers, and it requires no additional contribution from you. Friends of Lesotho's ShopRaise page can be found here. The website will guide you through installing the app/plug-in and creating an account, and you will be able to do your shopping using the mobile app or extension, thereby supporting FOL! Please feel free to reach out with any questions about ShopRaise, or with any other fundraising ideas you have. <https://shopraise.com/support/589581> 



Thanking Taipei School for Their Years of Support of TAP Students

Since 1999, Taipei School in Taiwan has hosted a walk-a-thon as a service project to benefit children in Lesotho. This project was organized by RPCV Sandy Puckett (72-74) who was a teacher there. Every year FOL received approximately \$10,000 from the walk-a-thon. Over the years the estimated total donation from Taipei School was around 250,000. After Sandy's passing in 2009, the school continued the walk-a-thon to support the Tuition Assistance Program. This spring was their final donation for the project as they are pivoting to projects in Taiwan. Friends of Lesotho would like to extend a sincere thank you to Taipei School for their many years of support for students in Lesotho to continue their education.



Sandy Puckett, RPCV 72-74

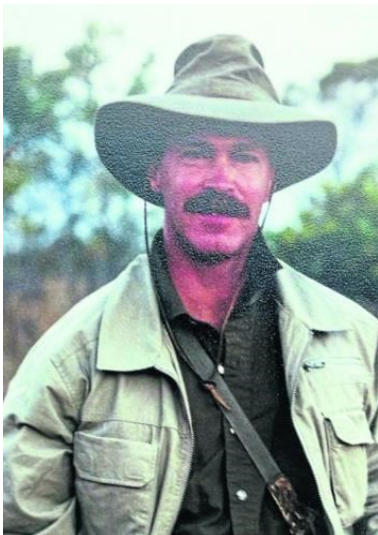
In appreciation we have included a write up from our newsletter in 2017 regarding the event they held that year:



By Hoang Huy, Organizer The 7th grade at Taipei American School in Taiwan hosts a service project each year to raise money to assist students in Africa. Every year since 1999, their 7th grade students have walked around the TAS track to raise money to help students in the country of Lesotho pay for education and other basic needs. This year they did so again, not only to serve needy students in Lesotho, but also to remember Sandy Puckett, the former TAS teacher who began this project. In the week leading up to the event, the students learned about Lesotho in their homeroom classes, bridging the distance between these two countries. The walkathon was held on April 20, 2017. TAS broke their record and raised \$13,772.45 USD. In all, more than US\$123,480 has been raised and sent to Peace Corps volunteers in Lesotho, who distribute the funds for education-related expenses. One hundred percent of the money goes to help the students in Lesotho.



In Memoriam



J. Peter Elkind

RPCV Lesotho 1978-1981

<https://www.legacy.com/us/obituaries/readingeagle/name/j-elkind-obituary?id=13129698>

Peter was a Peace Corps Lesotho volunteer from 1978-1981 and worked in many countries across the continent in following years. Later in life he was dedicated to agricultural development in Zambia where his contributions to affordable irrigation technology helped small farmers get on their feet and improve their lives. Peter passed in June of 2021 in Lusaka, Zambia.





Meet Our New Directors

Meet Our Co-Treasurers: Teresa Straffin and David Stevenson

Dave and Teresa were both Peace Corps Volunteers. Teresa was in Thaba-Tseka as an elementary teacher and Dave was in Ha Lekholoane in the Thaba-Tseka region in the Home Gardens program. They are both in touch with Basotho friends and former colleagues and continue to support them and their projects when we can. We took our 3 sons to visit Lesotho in 2016 and had an amazing time catching up with friends and seeing how Lesotho has changed.

Teresa: 1987-1991, Teacher in Thaba-Tseka then an American School Teacher from 1991-1992 in Maseru.

Dave: 1989-1991, Home Gardens consultant in Ha Lekholoane, Thaba-Tseka region then a USAID Home Gardens Supervisor based in Sehlabathebe from 1991-1992.

We would like to assist in helping FOL manage fiscal affairs. We both have been heavily involved in leadership positions in our community.



Meet Our Board Member: Justice Kalebe

Justice is a humanitarian photographer and storyteller inspired by stories and change from communities in Lesotho. As the founder of Justice Kalebe Photography, he aspires to work with clients to assist them in recording and reflecting, monitoring, and documenting activities in the field.

Through his local knowledge, creativity, and technical photographic knowledge, Justice produces inspiring images and stories for his partners to promote and share. As a Mosotho, Justice has always been fascinated by the positive reactions of this photographs depicting the beauty of Lesotho.

Justice became the first Mosotho to launch a solo photo exhibition in Lesotho and a permanent outdoor exhibit in Lesotho.

Additionally, Justice has supported international volunteers working in Lesotho and South Africa.



Meet Our Newsletter Coordinator: Cassie Sheridan

Cassie Sheridan, Primary English Teacher, Ha Mahlekefane Butha Buthe, Lesotho, 2017-2019.


I served as a Peace Corps volunteer in the Mountain Kingdom from 2017-2019. I got the opportunity to be the first volunteer at my site at Ha Mahlekefane R.C which was situated alongside the Maliba Matso River and over the Mafika Lisiu Pass. It is a gorgeous small community along a dirt road that links Lejone to the Kao Mine. I loved my time working there as a primary English teacher and I got to do a lot of supporting roles with the health clinic nearby that serviced the entire river valley region.

In college, I was the Living Editor and on the editorial board at my college newspaper for two years. I have a great depth of knowledge with newsletter design, editing of stories or design, soliciting of stories, and creative writing. I love telling stories and empowering others to tell their own story. I won two national journalism awards during my time in this role for creative writing and reporting. I am excited to use this skill set to support the Newsletter team in producing a high-quality, page-turning, and membership increasing newsletter.





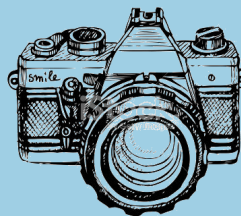
Lesotho National Soccer Team

The Lesotho National Soccer team competed against Zambia in the championship game of the COSAFA cup on July 16, 2023. They lost to Zambia 1-0 and were named the runners up. The COSAFA Cup or COSAFA Senior Challenge Cup is an annual tournament for teams from Southern Africa organized by the [Council of Southern Africa Football Associations \(COSAFA\)](#). There are 14 teams that participate in the COSAFA cup. The National team of Lesotho has not made the final of the COSAFA cup since 2000. They have never won the tournament. 



Picture on left: Sani Pass submitted by Mme Maputso

Picture on right: Mohale Dam on July 25, 2023



GOT PHOTOS?

Do you have photos from Lesotho?
We would love to feature them in the newsletter!

Send your photos to the editor
ccsherdan2@gmail.com



Litaba tsa Lesotho

(News from Lesotho)

Compiled by Ella Kwisnek

Molibeli faces another suit

Police Commissioner Holomo Molibeli has been the subject of multiple lawsuits based on the actions of the Lesotho Mounted Police Service (LMPS) under his leadership. Officers have been accused of torturing, injuring, assaulting, or killing civilians mostly during interrogations to extract confessions.

Read about a recent suit at <http://lestimes.com/molibeli-faces-another-m3-million-lawsuit/>

Fraud at Microlender

The Directorate on Corruption and Economic Offences (DCEO) froze the accounts of micro-lending company Platinum Credit as it begins a major probe into alleged multi-million maloti theft and fraud by the firm's managing director, Motena Lishea. Three directors at the company have quit, and they all accuse Lishea of destroying the company for her own benefit.

Platcorp had invested M280 million and helped make Platinum Credit the country's third largest micro lender after Letshego and Lesana. Lishea had started a small micro lender called Wazzah Limited which did not have resources to operate but had obtained an operational licence for micro lending from the Central Bank of Lesotho (CBL). Platcorp subsequently bought into Wazzah to get the micro lending licence. In 2022 the two had a falling out which led to the alleged looting by Lishea.

To read more about this alleged fraud and the multiple lawsuits it has spawned, visit <http://lestimes.com/dceo-probes-fraud-at-popular-micro-lender/>

King Letsie Turns 60

King Letsie III turned 60 on 17 July 2023. To mark His Majesty's diamond jubilee, the Lesotho Times published a special supplement in honour the sovereign. The King is also celebrating his silver jubilee (25 years) as reigning monarch.

King Letsie III was born Prince David Mohato Bereng Seeiso on 17 July 1963 at the Scott Hospital in Morija. Prince Mohato was inaugurated as the Principal Chief of Matsieng in 1989. In 1990, he was sworn in as King after the then ruling Military Council forced his father, King Moshoeshoe II, into exile. King Letsie III abdicated the throne in 1995, enabling the reinstatement of his father, King Moshoeshoe II, the very same day. After King Moshoeshoe II died, in a car accident in 1996, King Letsie III was reinstated as King and Head of State.

To read more about the King's education and interests, visit <http://lestimes.com/king-letsie-iii-turns-60/>

Mine to Hire up to 100 Workers

A new open cast diamond mine, Motete Dyke Mining, owned by Basotho, will begin operations in Motete, Buthe-Buthe. The company has partnered with Uninvest Mining a South African mining and exploration company. They have secured investment of about US\$3 million for the first phase of the mining. The mine hopes to employ between 50 and 100 local residents.

Read more about this new mine at <https://publiceyenews.com/motete-mine-to-hire-up-to-100-locals/>

Support for children with intellectual disabilities

The Intellectual Disability Association of Lesotho (IDAL) has embarked on a programme to equip young people with intellectual disabilities, including those with autism, with life skills to help them realise their full potential.

IDAL represents and protects the rights of severely disabled children and people of all ages with intellectual disabilities and autism, through peer-to-peer mentoring, community based empowerment and psychosocial support. In Lesotho, education for children with autism remains unclear with a limitation of schools catering for their special needs.

IDALhas secured land at Ha Buasono, in Berea, to build a centre which is aimed to equip young people with intellectual disabilities with life skills.

Read more at <https://publiceyenews.com/bid-to-support-children-with-intellectual-disabilities/>



News from Lesotho (continued from page 8)

Mofomobe blasts Matekane

Basotho National Party (BNP) leader, Machesetsa Mofomobe, won a case against the National Security Service (NSS) which had seizure of his mobile phones.

Mofomobe and Democratic Congress deputy publicist, Moeketsi Shale, had challenged confiscation of the mobile phones by NSS. According to the NSS, the two were suspected of money laundering, possession of classified material and the murder of radio presenter Ralikonelo Joki. The Constitutional Court found provisions of the National Security Service Act of 1988 unconstitutional in its violation of their right to privacy and freedom from arbitrary seizure of property, while also nullifying the warrants that directed the seizure and search of the two men's mobile phones.

Read more at <https://publiceyenews.com/upbeat-mofomobe-blasts-matekane/>

Cyberlaw

Journalists, are concerned that provisions of the Computer Crime and Cyber Security Bill of 2023 threaten media freedom.

The partners advocating for revision of the Bill include MNN Centre for Investigative Journalism, MISA- Lesotho, Development for Peace Education, Transformation Resource Centre (TRC) and the Lesotho Council of Non-Governmental Organisations.

There is concern that elements of the bill justify overreach of enforcement powers, chilling freedom of expression and speech. “

To read more about the various provisions of concern, visit <https://publiceyenews.com/press-incises-draconian-cyber-law/>

Legislators Salary Hikes

The National Assembly recently validated an increase of salaries and perks for legislators.

Approved by parliament, the Members of Parliament (MPs') annual salaries are increased to M486 216 (M40 518 per month), while a Senator will be paid M464 532 (M38 711 per month). The prime minister and his deputy will receive M763 392 and M659 280 annually, respectively. A cabinet minister would earn M638 328 per year.

Some allege this is contrary to the promises of the government during elections to cut benefits.

Read more at <https://publiceyenews.com/parly-endorses-legislators-salary-hike/>

Local Government Elections Slated for November

The Independent Electoral Commission (IEC) says it is on track to successfully hold the local government elections penciled for September.

To read about concerns some have about the elections being held so soon read <https://publiceyenews.com/iec-on-track-to-hold-local-government-elections/>

Mental Health Foundation Fights Stigma

Rural communities experience a severe lack of access to behavioural health care services for mental health issues. The Mental Health Forum and Tšane Foundation aim to assist those who are faced with mental health issues, to raise awareness, and to address the mental health crisis in places where there is an increase in suicide cases among youth due to depression, anxiety and other mental related issues.

To address the gaps in resources, the government has set up initiatives such as mental health centres and community health services, among others, to provide people with counselling, psychotherapy and medication to those who require them. Many of these strategies focus on creating more awareness about mental health issues and reducing their stigma.

Read more about these initiatives at <https://publiceyenews.com/mental-health-foundation-fights-stigma/>

Tackling Vaccine Hesitancy

Lesotho Red Cross Society (LRCS) male engagement team held a community feedback session in Mapheleng, Ha Hlapalimane and Thifa in the Qacha's Nek district, where they discovered that more men are still not vaccinated and not willing to vaccinate due to misinformation that has been circulating on social media. LRCS, in partnership with UNICEF, are currently running a programme,

(Continued on page 10)



News from Lesotho (continued from page 9)

Men Engagement, which was first implemented in July 2022 and is scheduled to end in July.

Read more about this initiative at <https://publiceyenews.com/lrcs-tackles-mens-vaccine-hesitancy/>

Road Repairs

The government has secured M1.231 billion from the World Bank, Export and Import Bank of China, and the Road Fund for construction and maintenance of roads and bridges. Heavy rains in the beginning of 2021 destroyed the country's road infrastructure, and many roads and bridges have remained in disrepair since.

To read more about the planned projects, visit <https://publiceyenews.com/m1-2b-secured-for-damaged-roads/>

Herd Boys Impact on Land Degradation

Communities such as Liseleng Ha There have made efforts towards protecting wetlands and rangelands by fencing and restricting animals on the selected sites. However, herd boys ignored the restrictions and graze their animals wherever they wish. They are also continuing the practice of burning the grasslands.

To address the challenges faced by rural communities, Improving Adaptive Capacity of Vulnerable and Food Insecure Populations in Lesotho (AICOV) is educating herd boys on climate change.

One challenge is that the country lacks national legislation addressing land degradation and without that there are no consequences for communities that abuse land resources.

Read more about the initiatives and proposed legislation at <https://publiceyenews.com/headstrong-herders-worsen-liselengs-land-degradation/>



Springtime in Lesotho

<https://delusionalbubble.com/tag/lesotho-tourism/>



Ways to Support FOL

HELP FOL WITH YOUR EXPERTISE AND TIME

Board Service

- ◆ If you've always wondered how you could give a little more to FOL, now is the chance to volunteer your time, special skills, and enthusiasm. The members of the Board of Directors of Friends of Lesotho are elected based on their ability and willingness to contribute to the achievement of the organization's goals and objectives.
- ◆ Directors are members in good standing who are elected on their ability and willingness to support the purpose of FOL
- ◆ Nominations are welcome year round
- ◆ Elections are held at the Annual Meeting in March
- ◆ Directors serve for two-year terms

Committees and Task Forces

FOL members who do not wish to make a long-term commitment to the board are encouraged to:

- ◆ Join standing committees, or
- ◆ Work on special projects which match their skills and interests to the needs of the organization

There are also committees and task forces that help carry out the Board work. These committees include Donation Distribution, Membership, Fundraising and Board Nominations & Development.

Check out the [Board Information](#) page. Also, for a summary of the expected level of commitment see the Board and Committee description of work. If you're interested in application or nomination, please complete the [Board and Committee Application Form](#) and email it to the address shown within the form. If you have any questions, please feel free to contact any of the committee members.

ATTEND FOL MEETINGS

Board Meetings

- ◆ Zoom meetings are held at 12:30pm Eastern time on the third Sunday of odd numbered months.
- ◆ Meetings are open to all FOL members, please contact Kevin Caughlan (caughlan@earthlink.net) for call-in information.

FOL Annual Meeting

- ◆ Scheduled close to Moshoeshoe Day in March, via Zoom more information to follow on our website. Be on the lookout for your FOL Annual Report posted on our website following the Annual Meeting.





Be an FOL Member for FREE!

Richard Rowan, RPCV Lesotho, qhomaki@gmail.com

Hello, Bakhotsi! Your friendly FOL Membership Committee Chair Richard here.

Membership in Friends of Lesotho is free. Friends of Lesotho stopped collecting the mandatory \$15 yearly membership dues starting in January 2017.

[What do FOL's free dues mean for you?](#)

If you're currently a member of Friends of Lesotho:

You don't have to do anything. Your membership automatically renewed.

If you used to be a member but are no longer a member:

Take two minutes to fill out the updated [Membership Form](#) online.

If you've never been a member:

What are you waiting for? There's never been a better time to start getting involved!

With membership fees in the rear view mirror, we need your help more than ever to continue doing the amazing work Friends of Lesotho does in Lesotho.

Get involved with one of the many committees in FOL.

Donate generously to our many projects using the [online form](#) or mail a check to Friends of Lesotho. <https://www.friendsoflesotho.org/donate/>



Follow us on Facebook:

<https://www.facebook.com/FriendsofLesotho>



Share your photos!

Send to the editor at:

ccsheridan2@gmail.com



Visit our website:

<http://www.friendsoflesotho.org>



And Remember :

We couldn't do and support the work, have the impact, and save the lives we do without your financial support. Your contributions support our work in:

- ◆ HIV/AIDS
- ◆ Orphanages
- ◆ Tuition Assistance including Memorial Scholarships
- ◆ The Morija Museum
- ◆ Peace Corps Volunteer Projects
- ◆ Community Development Projects
- ◆ Other types of projects as new opportunities arise

We work because you give.

Whether it's \$5 or \$5,000, all donations help us reach further and save more lives and because we're a registered 501(c)3, your donation is tax deductible!

If you'd like to give, please go to: <http://www.friendsoflesotho.org/donate/>

Newsletters Past and Present—The FOL Newsletter, *Metsoalle ea Lesotho* is posted on our website homepage (<http://friendsoflesotho.org>) each quarter of the year. The complete set of newsletters is available on our website from Issue Number One, Summer, 1987 to the present. Go to Newsletters at the bottom of the home page for the archives.

Submit Newsletter Articles—Pass on RPCV updates. Recommend a Mt. Kingdom movie, music, book or Website. Share new or old photos. Been to Lesotho lately? Share it!

Submit articles, photos, or information of interest to our members to: Cassie Sheridan, FOL Newsletter Coordinator ccsheridan2@gmail.com



Useful Links



National Peace Corps Association

<https://www.peacecorpsconnect.org/cpages/home>



Lesotho - adventure awaits in the Kingdom in the Sky

<https://www.visitlesotho.travel/>



Embassy of the Kingdom of Lesotho, USA

<http://www.lesothoemb-usa.gov.ls/>



U.S. Embassy in Lesotho

<https://ls.usembassy.gov/>



U.S. Relations with Lesotho

<https://www.state.gov/u-s-relations-with-lesotho/>



FRIENDS OF LESOTHO

115 Monteray Avenue
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METSOALLE ea LESOTHO

Third Quarter 2023
Newsletter



FRIENDS OF LESOTHO

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