

Friends of Lesotho Annual Report 2019



Friends of Lesotho, Inc.

4110 Denfeld Avenue

Kensington, MD 20895

<http://www.friendsoflesotho.org/>



Lumelang Motssoelle:

I am happy to state that this has been a very positive year for FOL. I believe that much of our continued success comes from our dedicated board and committee members (both new and continuing) as well as the many individuals who support and partner with FOL. FOL has continued to grow and search for new ways to make a meaningful difference in the lives of the Basotho. We have continued to make a positive impact on the people of Lesotho, and continue to look for new partners as to make an even more meaningful contribution. I think I speak for all of us when I state that FOL is a labor of love, for a people and country that has become part of our lives. Serving as President of FOL has allowed me to work with a wonderful group of people as well as allowing me to stay connected to Lesotho through the volunteers we support and the Basotho who seek FOL out. I am proud that FOL has developed a strong reputation with the diaspora, and that people seeking answers about Lesotho, or help with projects often turn to us. The last several years have been a difficult year for the people of Lesotho, as they have suffered from repeated devastating droughts and unemployment. As former volunteers and others who care about Lesotho looked for ways to help, many turned to FOL for guidance, and trusted FOL to make the most impactful and cost-effective use of their donations. I feel that level of trust that has been placed in us, by the community is proof of the hard work that our board members have put in.

We have been fortunate to continue to help children in Lesotho through our continuing support of the TAP program that provides scholarships for Basotho students to attend High School (we supplied a record \$22,000 in scholarships this year), as well as our continued support of volunteer projects through the Peace Corps Partnership Program. This year we were able to support more PCPP programs in the past. Furthermore, we have been able to help some of the most vulnerable children in Lesotho through donations to the Lesotho Nutrition Initiative, Wittenberg projects in Lesotho, and helping feed and clothe children in Roma and Ramabanta in partnership with Springfield Rotary. In the process of continuing to expand our engagement with Lesotho and the Basotho, FOL was able to help Qabanyane Primary School build a new kitchen to cook meals for the children. FOL has also contributed to an on-going project to provide meals with nutritional supplements to children suffering from severe malnutrition and stunting in Lesotho. We were proud to be able to help the Queen Street Baptist Church get funds to the Little Angels Daycare in Thaba-Bosiu started by RPCV Rose Paradise. We were also able to help a group of RPCVs who served in the 1980s in Lesotho to help build a classroom in Sehlabathebe in memory of Kelly Meyer. We have also begun to develop a relationship with the Reach Your Dreams Organization in Mafeteng as it tries to use soccer to help promote HIV awareness and care for orphans living in town. FOL continues to maintain a good working relationship with the Lesotho Embassy located in Washington D.C.

As part of our continuing effort to keep as many RPCVs engaged in FOL as possible we have recently made membership to FOL free, and have increased our efforts to provide our members updates through email. As with organizations of this nature, our board is constantly evolving and changing, and in the last two years we have welcomed several new members to the board, almost all of whom have served in Lesotho this decade. Getting recently returned volunteers on the board helps keep FOL in touch with issues in Lesotho as well as bringing new and vibrant leadership to the organization.

As I start my thirteenth year on the board and sixth year as president, I would like to take this opportunity to express my extreme gratitude to board member and Treasurer John Hollister for all of his hard work and willingness to step in where ever he is needed. John has served as treasurer for two-decades, doing much of the behind the scenes work that keeps FOL rolling. Furthermore I will miss his sage wisdom and input during our conference calls. I would also like to thank departing newsletter editor, Tara Browne for all of her hard work and her constant efforts to make FOL a better organization. I would like to say what a pleasure it is for me that one of my former students (Megan White) who travelled to Lesotho with me in 2013 who after finishing her 2 years as a PCV in Lesotho will be joining the board. Additionally, I am thrilled that 2 of my former students, Angela Galbraith and Justin U were sworn in last November and have begun their respective 2 years service as PCVs in Lesotho. I would also like to thank Country Director Leon Kayego and the whole Peace Corps Lesotho office staff for all of their help. Lastly, I would like to thank all our members who make it possible for us to do the work we are able to do. I also appreciate the trust that you place in us, and allow us to be your voice in Lesotho.

Sincerely,

Dr. Scott Rosenberg
Professor of African History
Chair, Peace Corps Prep Program
Wittenberg University

President of Friends of Lesotho
RCPV, Lesotho-1989-91
Honorary Consul, Kingdom of Lesotho





Mission

The Friends of Lesotho (FOL) is a non-profit organization promoting friendship between the people of Lesotho and the U.S.

Purpose

The purpose of FOL is to serve as a point of contact and funding source for scholarships and grants to small development projects in Lesotho.

FOL accomplishes its mission and purpose by:

- Ensuring good governance of the organization with fiscal responsibility
- Keeping members and friends up to date on news about Lesotho via a quarterly newsletter, website and other social media resources
- Providing members and friends with information on the needs of the people of Lesotho and opportunities for support
- Conducting annual appeals for donations along with a variety of fundraising activities
- Providing direct assistance to worthy projects (i.e. orphan care, HIV/AIDS education, life skills training and education, business development, school repair and construction, scholarships and other needs as identified)
- Providing oversight and accountability of funds sent to Lesotho
- Reporting to members and friends on the performance of the organization and accomplishments through an Annual Report.

Values

FOL values the friendship between the people of Lesotho and the U.S. FOL is comprised of both former Peace Corps Volunteers and others who have an interest in Lesotho. FOL partners with the U.S. Peace Corps Volunteers serving in Lesotho as well as other individuals and NGOs who seek our assistance and wish to cooperate on joint ventures.

FOL strives to “make a difference at the grassroots level”, funding projects considered too small by major donor organizations. Project funding decisions are reviewed by the Board of Directors, following recommendations from the Donations Committee to ensure projects are worthy of funding and are adequately monitored.

FOL is affiliated with the National Peace Corps Association and has agreements to work through the U.S. Peace Corps Partnership Program in Lesotho. FOL also enters into Memoranda of Understanding (MOU) with individuals and groups sponsoring education and development projects in Lesotho.

Friends of Lesotho Inc. is a registered 501 (c)(3) organization. Contributions are tax deductible to the extent permitted by law. A copy of the current financial statement of Friends of Lesotho is available by writing to FOL at 115 Monterey Ave Oakwood OH 45419 USA, or by emailing treas@friendsoflesotho.org. Documents and information submitted under the Maryland Solicitations Act are also available for the cost of postage and copies from the Maryland Secretary of State, State House, Annapolis, MD 21401 USA (410-974-5534)



2019 Board of Directors

Name	Based in	Position	Years in Lesotho
Scott Rosenberg	Oakwood, OH	President	1989-1991
Bill Moore	Saint Paul, MN	Vice-President	1983-1986
Kevin Caughlan	Sandy Spring, MD	Secretary	1972-1974
John Hollister	Kensington, MD	Treasurer	1986-1988
Marisa Ernst	College Station, TX	Director	1985-1990
Riley Fore	Indianapolis, IN	Director	2014-2016
Kathy Jacquart	Washington, DC	Director	Country Director 2010-2013
Aparna Jayaraman	San Francisco, CA	Director	2011-2013
Stacey McKeever	Champaign, IL	Director	2003-2005
Tishina Okegbe	Washington, DC	Director	2011-2013
Ali Kukovich	Columbus, OH	Director	Touching Tiny Lives Fellow 2017
Zachary Rosen	Washington, DC	Director	2010-2011
Richard Rowan	St. Paul, MN	Director	1979-1983
Benjamin Todd	Alexandria, VA	Director	2002-2004
Andrew Steele	Chicago, IL	Director	2009



2019 Committee and Task Force Members

Committee and Task Forces	Chairs	Members
Annual Meeting	Bill Moore ex officio	Kevin Caughlan
By-Laws	Bill Moore ex officio	N/A
Donations	Kathy Jacquart	Tishina Okegbe, Zachary Rosen
Embassy Liason	Scott Rosenberg	N/A
Finance	John Hollister	Bill Dunn, Richard Rowan, David Song, Bob Sos
Fundraising	Stacey McKeever	Bill Moore, Marisa Ernst, Richard Rowan, Benjamin Todd, Andrew Steele
Membership/database	Richard Rowan	
Newsletter	Tara Browne	Nicole Harbor Potsane (Design) Scott Rosenberg (Printing/Mailing) Mary Howard, Kevin Freer, & Deena Rowe-Krumdick, (Editing) Ella Kwisnek (News) Richard Rowan (Khotso liaison)
Nominations	Scott Rosenberg ex officio	N/A
Social Media and Website	Ariel Simons	Riley Fore
Executive Committee	Scott Rosenberg	Bill Moore (Vice President), Kevin Caughlan (Secretary), John Hollister (Treasurer)



Friends of Lesotho Supported Projects

Friends of Lesotho (FOL) donates to projects implemented by local and international organizations and schools to benefit community members, orphans and vulnerable children and students in Lesotho. Applications for funding are submitted directly by project leaders and indirectly by Peace Corps volunteers through the Peace Corps Partnership

Project Descriptions

1. Combined School Classroom Building

Friends of Lesotho donated to this project through the Peace Corps Partnership program. Here are some excerpt and images from the donor report provided by Peace Corps.

“The Combined School is a small high school located at the foot of the Maluti Mountain range in Lesotho. Since its opening in 2015, the school has received students graduating from 8 neighboring primary schools and has become the choice of many others due to its high reputation. Given the rural location of the region, several students did not have many options for a school within walking distance. In such, the school has received a large number of students but had not been given the resources necessary to sustain such a large population.”

“If classrooms are built and the school is able to expand, the regional educational needs will be accommodated and students will not have to travel distances their families cannot afford, thus increasing the educational opportunities for students across the region.”

“After building two additional classrooms and completing the roofing for each, desks were built for the classrooms and all original goals of the project were achieved. Not only has this project allowed the school to accommodate grade 11, but it has also given them the financial ability to start building a classroom to host grade 12 in 2020. Educational opportunities have expanded across the region and the school has come a step closer to transitioning into a full high school which meets a significant community need. Due to these successes, the community feeling has been overwhelming positive.



“This project has substantially increased the capacity of the local school to host more grades and generated educational opportunities for youth across the region. Although the school has provided educational opportunities for learners since 2015, a lack of resources and thorough plan restricted them from hosting all grades. Now that the school has built two additional classrooms and has one more on the way, it is very close to meeting all the educational needs of the region. In addition to the new teachers, this project has increased the capacity and skills of all those involved.

Since its inception, the school knew it would need to expand in order to accommodate the growing number of students and needs of the community. This past year the community was able to acquire more teachers, build two classrooms, and provide enough desks to host more students. In addition, the school was able to start planning the construction of a new classroom for grade 12. The sustainability of the project is evident through the vast support for the continual growth of the school and community desire to further expand educational opportunities across the region.”



A community member paints the newly built desks



Freshly painted desks dry in the sun



2. Tuition Assistance Program (TAP)

TAP: FOL donated to numerous TAP projects, providing scholarships and mentoring opportunities for a large number of high school students.

Friends of Lesotho donated to this project through the Peace Corps Partnership program. Here are some excerpt and images from the donor report provided by Peace Corps.



Scholarship recipients pose for a photo

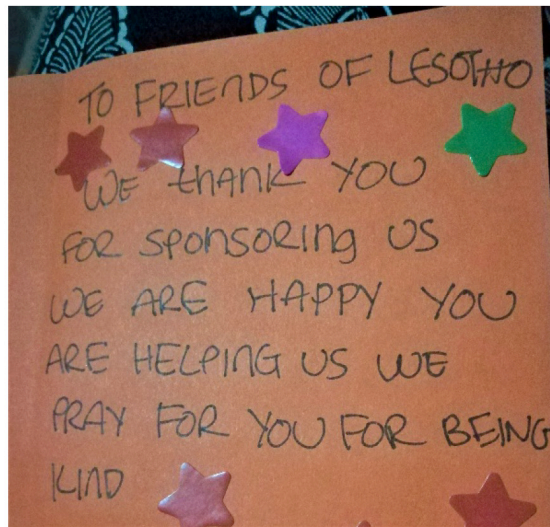
“The program focuses on access to secondary education, self-esteem strengthening, and skills development. Specific skills addressed are developing positive communication skills, developing goals setting skills, developing strategies to navigate and approach obstacles and challenges, and linkage to psychosocial and counseling services as needed. The goal of the program is three-fold 1) to support vulnerable youth in completing their secondary education; 2) to indirectly lessen the incidence of teen pregnancy and gender-based violence in Lesotho communities; and 3) to link students to appropriate psychosocial and health services as needed.”



“Not only are these students committed to their education during school hours, but they are showing commitment outside of their structured school setting. Throughout this school season these students have had the challenge of continuing their education during a strike. They have met the adversity with perseverance, ingenuity, and success. They organize study groups and meet outside of the school premises during strike days. They have joined optional study groups held by teachers outside of school. They have truly acted on their commitment to their education during this struggle.”



Three of the scholarship recipients during a monthly meeting, enjoying a shared meal



A Thank You Card written by the scholarship recipients



3. Snake Park and Tourism Information Centre (SPTIC) Outdoor Centre

The SPTIC, which was founded in 1998, is located in the Qacha's Nek district and provides education and community services to address the alarming rate of environmental destruction caused by people and animals. The FOL donation was used to purchase building materials to create an outdoor space for community-based environmental awareness and conservation of endangered fauna and flora and the restoration of the history of Chief Qacha.

4. Mahala Secondary School Water Supply

FOL donated to the construction of a water tank and water connection at Mahala Secondary School in the Leribe district.

5. Mankoe Foundation Lend a Hand to Assist Project

FOL supported this community-based organization to provide support to more than 65 needy Basotho in Tipping in the Leribe district with school uniforms and fees, groceries and toiletries.



Community members with essential items purchased with FOL funds.

6. Ha Ramoloi Chicken Project

The Ha Ramoloi Community-based Organization is composed of village health workers who provide support to community members living with HIV/AIDS or TB. The health workers provide outreach services and encourage patients to continue with treatment. The goal of the Community Chicken Project is to sell eggs to generate income to support the organization's activities. Activities have included: establishing male support groups and mothers-in-law support groups, training home visits, health education sessions, and keyhole gardens for patients.



Community members discussing the chicken project.



7. Lord’s New Church High School Furnishings Project

FOL supported the purchase of 80 desks and chairs for students at The Lord’s New Church High School in East Maseru.



Desks and chairs being made

8. Wittenburg University Lesotho Project

FOL donated to projects conducted by Wittenburg University students while on a community service study tour in Lesotho, specifically the construction of two houses for orphan-headed households in Ramabanta.



Ramabanta Community Center



9. Laptops to Lesotho (L2L) Kokobe Classroom Project

FOL contributed to L2L's Kokobe Classroom Project at Kokobe Primary School, which is located in the Ketane region of the Molepolole District. L2L is making improvements and upgrades to the existing L2L education project at Kokobe Primary School. The FOL donation is supporting the construction of a computer classroom/library for the use of the tablets.

10. Morija Museum

FOL donated to a project of the Arts Center Education Program of the Morija Museum and Archives, the most prominent museum in Lesotho. The project entails traveling to schools in the Morija community to assist in training teachers to teach the Ministry of Education Arts and Entrepreneurship curriculum.



Images of the art program in action.





11. Pulane High School Robotics and Coding Project

Pulane HS school was established in 2006 by the Ministry of Education and Training in the foothills of Berea east of Maseru. The projects entailed buying whiteboards, projectors and furniture for a computer lab, and a set of computers and robotic kits so that students can learn how to code and build websites where they can advertise their agricultural produce found at school. The robotic kits are used to coach and mentor students to build robots and program them with the aim of preparing students for Science, Technology, Engineering and Mathematics (STEM)-related careers.

12. Transfers

In 2019, Friends of Lesotho facilitated the transfer of funds from individual and organizational donors to three specific projects:

- Auray Catholic Church Chicken Project - \$3,642.00
From two RPCVs to the Auray Catholic Church in Thaba-Tseka.
- Lesotho Nutrition Project - \$3000.00
- Leratong Community Center - \$2850.00

From the Maseru and Springfield, OH Rotary Clubs to the Leratong Community Center, located near Roma, to provide weekend and after school activities for orphans and vulnerable children.



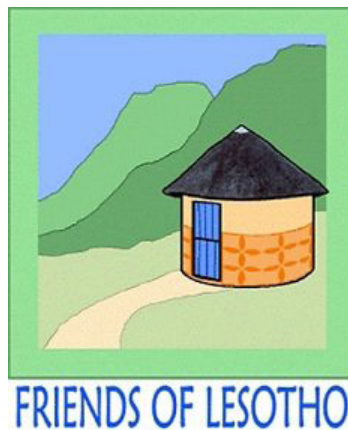
Children at the Leratong Community Center



How to Apply for Funding From FOL

The Donations Committee reviews all applications for funding to the organization. The Committee meets the third Sunday of every even numbered month (February, April, June, etc.) and makes recommendations at the following month's meeting of the FOL Board for action. If you are interested in obtaining funding for your project please review the guidelines, complete the funding application and return it to the Donations Committee. Go to our website under Project Funding and Support for more information.

<http://www.friendsoflesotho.org/project-funding-support/how-to-apply-for-funding/>





2019 End of year Financial Summary

OPENING BALANCE OF FUNDS ON HAND –	
1/1/19	\$46,129.19
REVENUE	
Donations and Online Payment Fees	\$49,086.00
Interest (Capital Savings Account)	\$91.99
In-kind Donated Operating Expenses	\$49.30
Sales (Amazon Smile, Misc)	\$262.20
SUBTOTAL REVENUE:	\$49,617.18
OPERATING EXPENSES (Including In-kind Donations):	
Duplicating	\$0.00
Postage	\$544.90
Misc. Supplies/Fees	\$1001.18
Fundraising Fees (incl. Café Press, Amazon)	\$189.40
SUBTOTAL OPERATING EXPENSES	\$1,735.48
PROJECT EXPENDITURES	
Leratong Comm Ctr via Springfield Rotary Foundation	\$2,850.00
Mankoe Foundation	\$4,000.00
PCPP posting - Combined School Classroom	\$2,000.00
Lesotho Nutrition Initiative (via Wittenberg U)	\$3,000.00
Snake Park General Dealer	\$3,000.00
PCPP posting #9-21 - TAP Projects	\$24,662.46
Mahala Secondary School Water Project	\$1,900.00
Ha Ramoloi Chicken Project	\$4,365.00
Lord's New Church High School Furnihings	\$3,800.00
Wittenburg U Lesotho Projects (via Scott R.)	\$700.00
Laptops to Lesotho	\$4,500.00
Pulane High School Project	\$3,500.00
Auray Catholic Chuch Checken Project	\$3,642.00
SUBTOTAL PROJECT EXPENDITURES	\$65,076.46
ENDING 2015 BALANCE 12/31/19	\$28,934.43



2019 Contributors

Following is the list of generous contributors who made the work of Friends of Lesotho Possible. These donors have helped pay for the education of many Basotho students and have helped support village-based projects that have improved schools and educational opportunities. Some donations have been used to support nutrition needs among children and families struggling with the effects of HIV/AIDS. Other donations have been used to support village-based projects that help communities produce their own food and improve access to water. Your generosity has truly made a difference in the lives of many.

This list represents donations made during the 2019 calendar year. If you notice any errors or omissions, please contact Richard.Rowan@friendsoflesotho.org.

\$20,000 and above
Taipei American School
\$1,000 to \$19,999
Tom Cassel
Queen Street Baptist Church
Michael Lynch
Graham Gund
Emmett Woods
Annmarie Emmet
William Noble
Ann Cheng
SalzButt Fund
\$500 - \$999
Peter Neumann & Maria Steele
Bill Moore & Mary Wagner
David Massey & Barbara B. Brown
Michael Meador
Don Spicer & Nthakoana Peko
Brad Rea
George Rohrmann
Fredric & Victoria Divine
\$200 - \$499
David Harpman
Laurie Zastrow
Bill Reed
Claire Hilger
Duane Morse
Cathy Crompton & Ross McGregor

\$200 - \$499
Matthew Small
Greater Washington Community Foundation
Amy Goldknopf
David & Ntoetse Bertocci
George Blakeslee
Susan Colman
Dave Ruch & Tia Heneghan
Jim & Kathy Wohlgehagen
Joan Eckberg
Faye Farmer & Joel Reynolds
John & Lauren Aerni-Flessner
Blake Langdon
Edward Ramirez
Anonymous
\$100-\$199
Bruce Morrison & Joyce Richardson
Kim Smith
Marisa Ernst
Nora Moore
Claire-Lise Kelly
Richard & Tlotlisang Rowan
Ted Hochstadt
Anthony Abner
Steve Belasco
Scott Brumburgh & Carolyn Long
George & Julie Cromer
Kevin Freer
Linda Henry



2019 Contributors continued

\$100-\$199 continued
Paul Hesse
Kirk Iversen
William Lockhart
Douglas Mayo
Robert Sos
Timothy & Mamoeletsi Spanier
Alfred Zdrazil
Sara Munson
Peggy & Clark Tibbits
Kurt Troutman
Ronna Abbott
Stacey McKeever
Karen Lindquist
David & Kathy Tempest
Monique Rubin
Sue Saarnio
Anne Miller

\$1-\$99
Scott Rosenberg
Dorothy Beling
Mary Levander
Joan Ambre
Russell Cohen
Tom Creeden
Virginia Humphreys
Liz Hunter
Patty Mac Donald
Monica Mc Intyre
Ingrid Oakley-Girvan
Michael & Monica Repasky
Christina Balch & Christopher Conz
Richard & Nancy Carlson
Richard W. Pollard
Jean Meadowcroft
Patricia Newton

\$1-\$99
Donald Theiler
Kevin Koester
Margaret Langdon
Wade Dallagrana
Robert Synk
Peter & Marcella Ruch
C. W. & Deanna Brougher
Ella Kwisnek
Kathy Fox
Sheila Woods
Elizabeth Perry
Emma Stracke
Edward Schlesinger



2019 Contributors continued

\$50-\$99 continued
Ariel Simons
Karen Lindquist
Maria Steele
Andrew Steele
Jean Meadowcroft
Robert Allen
Veta Jacquelin
Joey Noelle Scott
Heather Awsumb
Ellen Fogelman & Marshall Munro
Maureen Adams
Amy Jo Carson
Bernadette McSparron
Karen Adkins
Mary Hunter
Amy Malmberg Forest
Kendall Ernst

\$1-\$49
Jasmine Saesseli
Nancy Sales
Michael Langley
Houang Yen Nguyen
Gina Difino
Richard & Tlotlisang Rowan
Robert Synk
Matthew & Cindy Grady
Katie Harrell
Liliane Ernst
Genevieve Wano
Cyndi Hiner Murray
Krista M. Rosemary
Patrick Hawe
Ella Kwisnek
Edward Schlesinger

\$1-\$49 continued
Kevin Koester
Consuella Brown
Larry Roth
Genevieve Kehr
Eugenia Hoag
Richard W. Pollard
Mary Ladabouche
Mario Ernst
Colin Hoag
Molly Woloszyn
Quinn Langdon
Aparna Jayaraman
Jennifer Gover Bannon
Sally Vogl
Joshua Russell
Zachary Rosen
Gail Hughes
Tarsha Veiga
Ka Yan Lee



Membership Report

Thank you to all of our lifetime members, members and contributors. Please use the Contact Us link on our website if your name is missing from this list. We apologize for any errors and will correct them on the website immediately and in the next newsletter.

Starting in January 2017, membership became free with dues are required. If you're not a member yet, please visit the website to fill out the form and register. Members receive the newsletter and have access to the online FOL Member Directory. To access the FOL Membership Directory, you need to be a registered member. The FOL Membership Directory only contains people who have opted to be included in the directory. Go to the Members List page, click on "Register," then enter the necessary information. An email will be sent to you with an assigned password and instructions.

If your email address or physical address has changed, please send us an email so we can update the database.

Thank you.

Thank you to all of our lifetime members, annual members and contributors. Please use the Contact Us email feature on our website if your name is missing from this list. We apologize for any missing donors and will correct this on the website immediately and in the next newsletter.

Member Directory

To access the FOL Membership Directory, you need to be registered with our website database. Go to the Members List page, click on "Register," then fill in the necessary information. An email will be sent to you with an assigned password. Instructions will be provided in the confirmation email to allow you to personalize your password.



2019 Lifetime Members

David & Ntoetse Bertocci
Bill Boeddiker
Stephen Brushett & Rafiloe Bam
Lonny M. Buss
Anne Button
Kevin Caughlan
John Clausen
Sarah Coakley
Susan Colman
Jan Droegkamp
Theresa M. Faix-Williams
Kevin Freer
Brad F. Gamble
Taipei American School
Steve Goertz
Jean Greenway
Jim Gunsolus & Sue Anderson
Don Hanni
Allan Hansee
Peggy Anne Hawkins
Ted Hochstadt
John Hollister
Richard & Mary Howard
Donna Julian
Dana Kenney
Gary Klein
Becki Krieg
Ella Kwisnek
Michael Lynch
Douglas Mayo
Michael Meador
Mark Mellbye
Bill Moore & Mary Wagner
Scott Moreland
Bruce Morrison & Joyce Richardson
Martha Kidd
Robert Kerr
Maria Steele
Kathy Keenan
Jean Meadowcroft
Martin Nichols

Ingrid Oakley-Girvan
Bill Reed
Sydney Rocklin & John Bigelow
Jennifer Root
Richard & Tlotlisang Rowan
Deena Rowe-Krumdick
Dave Ruch
Willy & Karan Schreiber
Margaret Scruggs
Pete Siegenthaler
Robert Sos
Timothy & Mamoetsi Spanier
Don Spicer & Nthakoana Peko
Dennis Tracey
Nancy Zook
Bill Dunn
Barbara Blum
Brent Schaeffer
Brad Rea
Joan Eckberg
Faye Farmer & Joel Reynolds
Peter Neumann
Polly Leukhardt
Claire Hilger
Duane Morse
Leah Tillet
Stephanie & Adam Springer
Jan Kalnbach
Susan Bruckner
Janissa Balcomb
Rebecca Nolan
Madeline Uraneck
Tom Carroll
Jack & Carla Sue Lansford
George Rohrmann
Julie Galbraith
Marissa De Franca
Barbara Meyer & Terrence Ellard
Emily Rand
Rebecca Bindbeutel
Robert Downey



WAYS TO SUPPORT FOL

If you've always wondered how you could give a little more than your annual dues, now is the chance to volunteer your time, special skills, and enthusiasm. The members of the Board of Directors of Friends of Lesotho are elected based on their ability and willingness to contribute to the achievement of the organization's goals and objectives.

Directors are members in good standing who are elected on their ability and willingness to support the purpose of FOL

- Nominations are welcome year round
- Directors serve for two-year terms
- Committees and Task Forces

FOL members who do not wish to make a long-term commitment to the board are encouraged to:

- Join standing committees, or
- Work on special projects which match their skills and interests to the needs of the organization

There are also committees and task forces that help carry out the Board work. These committees include Donation Distribution, Membership, Fundraising and Board Nominations & Development.

Check out the Board Information page. Also, for a summary of the expected level of commitment see the Board and Committee description of work. If you're interested in application or nomination, please complete the Nominating Form and email it to the address shown within the form. If you have any questions, please feel free to contact any of the committee members.

Get Connected

Peace Corps Connect <http://community.peacecorpsconnect.org/group/FriendsofLesotho>

Attend FOL Meetings

- Meetings are held at 8pm Eastern on the third Sunday of odd numbered months. Minutes are posted about one week after each meeting.
- Meetings are open to all FOL members, please contact John Hollister for call-in information.

Join FOL

- Become a Lifetime Member to help assure the long-term sustainability of the organization.
- Update your contact information



Fundraising

Fundraising

There are several ways you can help Friends of Lesotho support the important work taking place in Lesotho.

Make a Donation to FOL

Make a donation by [credit card \(friendsoflesotho.org\)](http://friendsoflesotho.org) or by check (send to Friends of Lesotho, 115 Monteray Ave Oakwood OH 45419).

Participate in a Crowdfunding Campaign

In 2019 FOL's annual Back to School fundraiser, which funds scholarships in Lesotho, raised over \$15,000 for young people in Lesotho. We appreciate the support of our longtime FOL members and also received contributions from a number of people new to FOL. Stay tuned for future crowdfunding campaigns!

Donate While You Shop

FOL participates in [AmazonSmile \(smile.amazon.com\)](http://smile.amazon.com). Amazon will donate 0.5% of the price of all eligible purchase to Friends of Lesotho. Help support FOL at no extra cost to you by signing up now!

Take a Walk

Friends of Lesotho has created a [Walkathon Kit](http://www.friendsoflesotho.org/wp-content/uploads/2010/02/FOL-walkathon_resources_kit.doc) to make raising funds easy and fun. It can even be used for bikeathons, marathons or other events. (http://www.friendsoflesotho.org/wp-content/uploads/2010/02/FOL-walkathon_resources_kit.doc)

Contribute Through Your Will or Estate

Friends of Lesotho has a [will and estate planning guide](http://www.friendsoflesotho.org/wp-content/uploads/2009/04/FOL-Wills-and-Estates-Planning-revised-2012.doc) to walk you through this process. (<http://www.friendsoflesotho.org/wp-content/uploads/2009/04/FOL-Wills-and-Estates-Planning-revised-2012.doc>)

Make a Memorial Donation

Memorial Funds have been created for [many Lesotho RPCVs and staff](http://www.friendsoflesotho.org/donate/) or you can make a [new memorial donation](http://www.friendsoflesotho.org/wp-content/uploads/2009/04/memorial_form-2010.pdf). (<http://www.friendsoflesotho.org/donate/>)(http://www.friendsoflesotho.org/wp-content/uploads/2009/04/memorial_form-2010.pdf)

Every donation, big or small, allows us to expand our reach in Lesotho. Friends of Lesotho Inc. is a registered 501 (c)(3) organization. Donations are tax deductible to the extent allowed by law, and acknowledgment for IRS purposes will automatically be made for amounts over \$250, or for any amount upon request.



FOL History

Friends of Lesotho (FOL) is a registered nonprofit formed in 1986 by a small group of Washington, D.C. RPCVs, most of whom served in Lesotho in the 1960s and 70s. FOL now has members from almost every state and from abroad. The volunteer board of directors and committee members guide the organization's activities by meeting regularly via teleconference. An annual meeting is also conducted in March via teleconference.

FOL Goals

Provide a forum for Peace Corps Trainees (PCTs), Peace Corps Volunteers (PCVs), Returned Peace Corps Volunteers (RPCVs) and others with an interest in Lesotho to connect, share and learn from each other's experiences

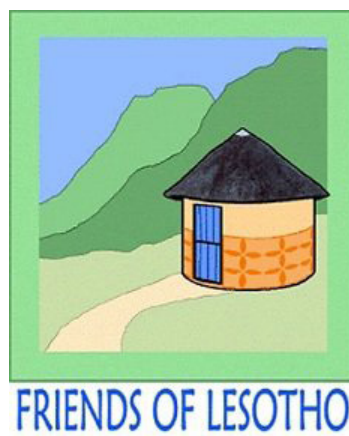
Provide funding for training and development, orphan care and scholarships in Lesotho

Promote friendship and understanding between the peoples of Lesotho and North America

Reasons to Join FOL

Your membership dues and involvement make a difference in the lives of Basotho; current PCVs need and appreciate FOL's support of their projects; and FOL's newsletters and website keep you abreast of news about Lesotho to help keep your Peace Corps experience alive for years to come.

It is easy to join online by credit card. Go to: www.friendsoflesotho.org homepage and click on "Join FOL" or mail your check payable to Friends of Lesotho. Dues are only \$15/year per person with less than 4% of that amount used for operating costs.

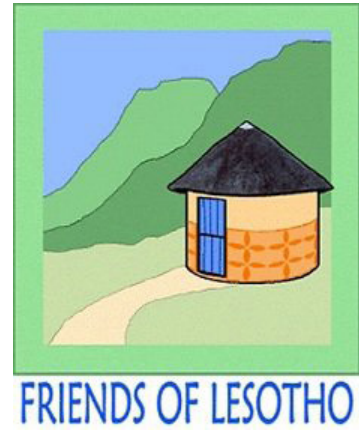




Friends of Lesotho

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