



FRIENDS OF LESOTHO

METSOALLE ea LESOTHO

Fourth Quarter 2012
Newsletter

Newsletter Features Clickable Links!!

Download the newsletter from the
F O L website
www.friendsoflesotho.org and you
can click on all the website addresses.

President's Message

Lumelang Metsoalle ,

The Board Committees and Task Force groups have been hard at work over the last three months. Much progress has been made in completing our work plans for the year. Of special note are two newly formed groups this year: Social Media/ Website Task Force and Finance Committee. FOL has been very fortunate to find members for these two groups from among the current board as well as from the general membership. We expect to make significant progress on several initiatives in the coming months as a result of the planning done by the members of these groups.

Leadership on board committees and task force groups comes from our dedicated board members. Dyann Van Dusen, Vice President, is one of these exceptional individuals. She has served as Chair to plan and manage the Membership Committee and Donations Committee and also initiated the Social Media/ Website Task Force. Dyann has extended FOL's communications and partnerships with Peace Corps Lesotho by contributing to the *Khotso Newsletter* each month, read by PCVs and staff in Lesotho. Dyann was one of the chief organizers of our 25th Anniversary celebrations last year. She also helped institute the complementary membership program for currently serving PCVs and the Lifetime membership program. Dyann has made a significant contribution to our board, committee, and task force recruitment efforts over the last couple of years. Her energy and expertise have helped keep the organization vibrant and responsive to the needs of our stakeholders.

FOL is also fortunate to have had Richard Rowan continue his board service as Past President, advising the board over the last two years as well as continuing to Co-Chair the Donations Committee with Dyann. Richard also serves on the Finance Committee, working to standardize our accounting practices and reporting structures under the leadership of John Hollister, Treasurer.

Julie Galbraith, Secretary, and Janice Stapleton, Board Director, are reviewing our By-Laws to determine whether any changes may be needed and voted on next year. Scott Rosenberg, Dyann, and I will serve on this year's Nominations Committee. We will begin recruitment of new board and committee members in January in anticipation of elections at our March Annual Meeting. If you are interested in providing your time in support of FOL activities, please contact me at Kevin.Freer@friendsoflesotho.org, I would be happy to provide more information on how to apply for a board or committee position and to describe the time commitment and responsibilities involved. Look for details on our website on how to participate in our up-coming elections and annual meeting conference call scheduled for early March around Moshoeshoe's Day.

Peter Neumann, Fundraising Chair, recently sent out our Annual Appeal Letter to the membership. On behalf of the Board of Directors, thank you for including FOL in your annual giving plans.

Finally, thanks to Faye Farmer, Nicole Potsane, and our many contributors for publishing another great newsletter.

Keresemese e monate le mahlohonolo a selemo se secha!



Ka Khotso,
Kevin Freer, President
RPCV Lesotho 1976-1978



Photo Courtesy:
Dyann Van Dusen, RPCV

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METSOALLE ea LESOTHO

Another RPCV is Elected to Congress

(Reprinted from www.peacecorpsconnect.org)

Another member of the Kennedy family is about to join the United States Congress. And this individual has a special distinction: Joseph Kennedy III, the great-nephew of President John F. Kennedy, is a Returned Peace Corps Volunteer (RPCV), having served in the Dominican Republic from 2004 to 2006. This past election day, he became the next Congressman from the fourth district of Massachusetts, winning 61% of the vote.

Kennedy's election raises the number of RPCVs in the House of Representatives to five. A bi-partisan group of four incumbent RPCVs were all re-elected. In California, Colombia RPCV Sam Farr and El Salvador RPCV Mike Honda each received 73% of the vote in their re-election bids. Farr will begin his eleventh term in Congress, while Honda will begin his seventh term in office. Ethiopia RPCV John Garamendi will begin his third term in Congress in January. He was re-elected with 54% of the vote. Somalia RPCV Tom Petri – the dean of the House RPCVs, was re-elected to an 18th term representing the 6th District of Wisconsin and he won re-election with 62% of the vote.



Give Thanks to Congressional Supporters of Peace Corps

Not much thought is given to the Congressmen and Congresswomen who will be leaving office due to retirement or defeat this year. Many of these members of Congress have provided invaluable support to the Peace Corps during their service and we should all consider taking a moment out of our day to express our thanks. Please contact them via email, phone, or the old fashioned written letter, and thank them for their support of the Peace Corps.

From www.peacecorpsconnect.org:

Among those departing lawmakers who have been the most consistent champions of key initiatives pertaining to the Peace Corps are Senator Daniel Akaka (HI), who signed the most Peace Corps funding letters and regularly co-sponsored Peace Corps legislation, and Senator Jeff Bingaman (NM) who signed every funding letter between 2007 and 2012.

They were joined in the House of Representatives by lawmakers who significantly committed to taking positive action on co-sponsoring Peace Corps funding legislation, supporting Peace Corps commemorative and safety/security legislation, and supporting the issuance of a 50th anniversary Peace Corps proclamation. These leaders include Representatives Barney Frank (MA), Maurice Hinchey (NY), Dale Kildee (MI), Ed Towns (NY) and Lynn Woolsey (CA).

Another group of lawmakers were very good supporters of Peace Corps initiatives. This group of departing lawmakers includes Senator Olympia Snowe (ME), and Representatives Dennis Cardoza (CA), Russ Carnahan (MO), Norm Dicks (WA), David Dreier (CA), Charlie Gonzalez (TX), Dennis Kucinich (OH), Brad Miller (NC), Todd Platts (PA), Silvestre Reyes (TX), Mike Ross (AR) and Steve Rothman (NJ).

An additional group of departing lawmakers have provided occasional support of Peace Corps initiatives and deserve our thanks. They include Senators Kent Conrad (ND), Herb Kohl (WI), Joe Lieberman (CT) and Ben Nelson (NE). They are joined by Representatives Gary Ackerman (NY), Jason Altmire (PA), Dan Boren (OK), Dan Burton (IN), Hansen Clarke (MI), Jerry Costello (IL), Geoff Davis (KY), Bob Filner (CA), Elton Gallegly (CA), Tim Holden (PA) and Steve LaTourette (OH).



Have You Received a Letter from President Barack Obama Lately???

President Barack Obama, through the President's Volunteer Service Award, recognizes individuals who have demonstrated outstanding volunteer service and civic participation over the course of a 12-month period. Whether you are 5, or 105, whether you pick up trash on the beach, bring meals to shut-ins, or raise money for the orphans in Lesotho, you can receive Presidential recognition for your annual commitment to volunteer service as long as you meet the hourly requirements and rules outlined at www.presidentialserviceawards.gov.

Friends of Lesotho has recently become a Certifying Organization for the President's Volunteer Service Award, meaning we are an entity that is approved to review and verify a volunteer's hours, and nominate and distribute the President's Volunteer Service Awards (PVSA). While you do not have to volunteer for Friends of Lesotho to apply for recognition, we could certainly use your help. You can add to your volunteer hours by helping us mail newsletters, design t-shirts, raise money, monitor current events in Lesotho, or serve on a committee or the Board of Directors. For more information on volunteering for Friends of Lesotho or to find out how to use Friends of Lesotho as your Certifying Organization for PVSA please send an email requesting information to Julie.Galbraith@friendsoflesotho.org





Representing Friends of Lesotho

By Victor Cuevas

On September 29, Saturday morning, I set forth to represent Lesotho at a Returned Peace Corps Volunteers of Los Angeles expo, sponsored by Peace Corps and the NPCA. As with any Peace Corps experience, the event wasn't quite what I had expected. I anticipated an abundance of eager beavers pouring out from the streets to be enthralled by the wonders of Peace Corps, then jumping right in to be the hopeful volunteers of the future. I expected many interested folk to share my experiences and be converted to an unforgettable path. My expectations were only partially met, but I did have the joy of spending the day with some great people.

The expo was lively, consisting of tables representing many countries with RPCV's wearing traditional dress. I think mine was the best with my Basotho hat, red Basotho blanket, and mulamo stick, as I pretended to herd cattle and chant celebratory chants. The majority of individuals attending the expo were RPCV's, many of whom were staffing country tables and listening to Kevin Quigley, the NPCA president, speak on various issues about Peace Corps. I met with a few potential volunteers, shared my stories with them and gladly answered their inquisitive questions about Peace Corps itself.

During the expo, I met with some fellow Lesotho RPCV's, one who volunteered in the 70's, and another, David, who served from 2006 - 2008. He was leaving Lesotho as I was just coming in. We shared our stories of too many fat cakes and papa overflowing our plates when our host families cooked us dinner.

The highlight of my day was that I got the honor to meet and chat with Kevin Quigley, who has now taken the position as PC Director in Thailand. Then I chatted with Ann Baker who also works with NPCA. I picked their brains about what one can do to prepare him/herself to work for Peace Corps in a leadership role or as a Peace Corps director. Each gave me insightful and encouraging words and said it is important to know more about international affairs and study in that field. Kevin directed me to the program at the University of Vermont which has a strong relationship with Peace Corps.

I had a great time sharing stories with other RPCV's throughout the entire day. It does take you back in time to relive those moments when you were able to change the world just a little bit. One not only gets to share stories, but also build networks that can be rewarding. Though my expectations were half met, I can sincerely say I will attend upcoming expos. These are the events that take you back in time and provide opportunities to treasure and share those remarkable times.



Khotso! Pula! Nala!

Recent works from Mashai, Lesotho

Tamara Ginger Weiss presented her most recent works from the remote rural village of Mashai in Lesotho, Southern Africa at the Yellow Barn Studio & Gallery in Glen Echo, Maryland.

The opening reception was held Friday, November 23rd, 2012 and the show ran through the weekend.

“Khotso! Pula! Nala! Recent Works from Mashai, Lesotho” presented portraits and watercolor drawings of this beautiful highlands region in Lesotho. The Sesotho words ‘Khotso! Pula! Nala!’ are the final three words of the national anthem of Lesotho, and they translate into ‘Peace! Rain! Prosperity!’ In June 2011, Tamara returned from living in the Mashai village. There she served as the site tutor for the Distance Teacher Education Program with the Lesotho College of Education as part of her service as a Resource Teacher with Peace Corps Lesotho.

In addition to her paintings and drawings, she shared photography of the landscape and offered the opportunity to listen to an audio recorded story told by her ntae (host father) and several close Basotho friends. This was a unique opportunity to learn about the Mountain Kingdom of Lesotho through a multi media event.

For more information contact the Yellow Barn Gallery (301) 371-5593 or the National Park Service, Glen Echo (301) 492-6229. Yellow Barn Gallery * 7300 MacArthur Blvd. * Glen Echo, MD. * 20812 www.yellowbarnstudio.com



Tamara Ginger Weiss
Herbboy Musician, 33x33
Oil on Canvas



Membership Committee News

Greetings from your FOL Membership Committee!

By Dyann Van Dusen

We are making an end of the year appeal to encourage lapsed members to renew their dues. If this is you, would you please consider getting back in the habit of giving just \$15 a year- that's just over four cents a day for the benefit of the FOL projects in Lesotho. Or, consider becoming a Lifetime Member at the basic level of \$250 which eliminates dues reminders and guarantees delivery of the newsletter for life. Your membership dues are used to provide tuition scholarships to school children, provide shelter and supplies to orphaned children, and other similar meaningful projects. Renewing is quick and easy by credit card on our website: Go to <http://www.friendsoflesotho.org/> and click Renew. Or you can pay by check if you prefer. Our goal is to count you among the RPCV's who care about what happens in their adopted country, Lesotho.

Welcome New Complimentary and Lifetime Members

RPCVs Brandi Helm of Garland, TX (COS July 2012) and Joey Noelle Lehnhard, Redwood City, CA (COS December 2011) joined the ranks of others they served with by accepting FOL's 1 year complimentary membership offer. Melvis J. Pender of West Palm Beach, FL also became a complimentary member as soon as his service began October 12, 2012.

Thank you, Willy and Karan Schreiber, for your Lifetime Membership commitment. And, thanks to all our long-standing loyal members who consistently renew their membership each year.

Kea leboha haholo – the Membership Committee: Victor Cuevas, Bill Dunn (1979-1982), Julie Galbraith(1987-1988), Jan Kalnbach (1977-1979), Marty Smith (2004-2006), Janice Stapleton, (2008-2010), Dyann Van Dusen (2003-2006), and Charles Fogelman (2004-2006)

How to Find the Perfect Holiday Gift for the Person who has Everything!!!

The holidays are upon us once again. Time to shop for all those pesky gifts you are obligated to give to your child's teacher, your co-workers, the neighbor you try to avoid, the mail carrier, your boss, your great aunt, your pet sitter. . . the list is endless. And, like most of us, you have finally run out of gift ideas. However, do not fret, rather rejoice, for this article has the perfect solution for you.

Imagine, no lines to wait in, no "out of stock" problems, no guessing at sizes, no hassles finding a parking place, no searching for sales. Instead, for a mere \$15 each, everyone on your list who needs a holiday gift can be given a year long membership in Friends of Lesotho. Simply fill out the online membership form with your gift recipients information at <http://www.friendsoflesotho.org/membership/join-or-renew/online/> and let us know in the "Comments" section that this is a holiday gift membership and who is purchasing the gift (you!) and Friends of Lesotho will send a special holiday card to your happy recipient acknowledging your gift and providing a brief description of our organization, and what various projects the membership fees will be used for.

Use your holiday spending to help out the country that gave you so much during your Peace Corps service. Help educate others about Lesotho. And best of all . . .

. . . no rock hard fruit cakes or ugly ties !!!!!



Photos from L to R: Female students cheering by Linda Henry, Watching the pony race by Dyann Van Dusen



Comfort Food for the Holidays



The following makoena recipe is reprinted from the VLC cook-book handed out to Peace Corps Lesotho volunteers circa late 1980's. (Thanks to Deena Rowe-Krumdick for archiving her cook-book from the good old days!!!)

Cinno-Raisin-Mmm-Mmmm [Makoena](#)

Ingredients:

- 2 tsp yeast
- 1 Tbsp sugar
- 1 cup water
- 1 tsp salt
- 2 tsp veg. oil
- Flour
- Raisins
- Cinnamon and sugar mixture

Directions:

Combine yeast and sugar in a mixing bowl. Add cup of lukewarm water and allow yeast to activate for about 10 minutes. Add salt and oil. Add flour until the dough doesn't stick to your hands while kneading it. Add in raisins to taste.

Now let this mixture rise until it doubles in size. In a small sauce pan heat about ½ inch of vegetable oil. Take medium size pinches of dough and stretch it, but not so thin so that the raisins fall out. Drop the pulled dough into the hot oil and cook each side until golden brown. Now for the 'pastie-resistance'. Take the hot le-koena and roll it in the cinnamon-sugar mixture.

And to wash down those makoena how about a little Ginger Beer?!? This recipe is from Gary Mohale Gilbert, who brewed many a bucket of Ginger Beer at Bonhomme High School near Mohale's Hoek in the late 1980s and early 1990s. He is only able to remember the recipe in metric, perhaps because of all the sampling he did of his ginger beer. This beer is affectionately known by his fellow volunteers as "Mohale's Ginger Blast".

Mohale's Ginger Blast

Ingredients:

- One large bucket with lid
- 20L water (lukewarm)
- one packet Tartaric Acid
- one packet of brewer's yeast
- 2kg raw sugar (stevia or other organic raw sugar should do fine)
- 3 tbsp ground ginger

Directions:

Mix well, make sure you see foaming and carbonation indicating fermentation has begun, put the lid on, and keep indoors at room temp for about two to three weeks. Strain through cheesecloth, and bottle.

***Additions that are nice: Any citrus fruits, coarsely chopped with skins, a brick of dried hops for a touch of bitterness.



Brewing Mohale's Ginger Blast



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Bits & Pieces

Catholic Relief Services Video

Check out this video describing Catholic Relief Services' Early Childhood Development Program in Lesotho:

CRS Rice Bowl Lesotho 2013

<http://www.youtube.com/watch?v=AroovzAjT9E>

NPCA 2nd Annual Gathering

The National Peace Corps Association is holding its second annual gathering in Boston, Massachusetts on June 28-29, 2013. Interact with Friends of Lesotho members, reconnect with old friends, exchange information, network, and more!!! Check out www.peacecorpsconnect.org for more information. If you live in the Boston area and are available to help set up and staff an FOL booth, please contact any Friends of Lesotho board member. See you in Boston!!!

Wittenberg University Service Projects

Thirty-one university students from Wittenberg University, Ohio, will be travelling to Lesotho for a three week service trip from December 14 until January 5. During their stay they will be building two houses for orphan headed homes, and repairing a number of other orphan headed homes. They will also be building a greenhouse and chicken coop for a group that takes care of orphans outside Maseru. They will be constructing two playgrounds and planting over 150 fruit trees. The students will also be working with two PCVs to set up libraries. That's a lot to accomplish in three weeks!



PCVs at Sani Pass by Ingrid Erdeg



Professional Hair Salon by Kaye Thompson

amazon.com
and you're done.™

Whenever you shop at Amazon.com, start at FOL first.

Friends of Lesotho is an Amazon.com affiliate.

Access Amazon.com from the FOL website and a portion of the price of your purchase will be donated to FOL by Amazon.com.

Go to the FOL website, click on the "Shop" tab, select "FOL Amazon," and click on the Amazon link.

<http://www.friendsoflesotho.org/shop/amazon/>



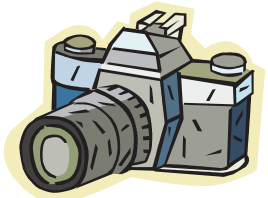
Bits & Pieces

Friends of Lesotho - 2012 Treasurer's Summary for Board:			November 18, 2012
	9/14/2012	11/14/2012	Difference
Current Bank Balance (checking):	\$6,428.05	\$7,863.84	\$1,435.79
Current Bank Balance (savings):	\$41,031.24	\$41,062.91	\$31.67
Paypal (pending transfer):	\$0.00	\$0.00	\$0.00
Total (both accounts)	\$47,459.29	\$48,926.75	\$1,467.46
<i>Interest Earned CY to Date (incl. above)</i>	\$136.76	\$168.43	\$31.67
Paid Membership (Incl. Adv Dues - 33 for 2012):	107	133	26
New members this Year to date:	6	10	4
Non-member cash donors Year to date:	11	14	3
2012 Extra Donation Fund Status:			
Donation Fund	Amount in Fund	Amount sent to Lesotho (1)	Amount Pending Future Disbursement
Lesotho Project Fund (2)	\$13,905.26	\$8,983.33	\$4,921.93
Scholarship Fund	\$25,790.45	\$20,275.00	\$5,515.45
Village Hope Project (PCV)	\$262.73	\$0.00	\$262.73
Little Angels	\$4,785.00	\$4,785.00	\$0.00
Sesotho Counting Book	\$2,475.28	\$29.00	\$2,446.28
LCCU	\$10,950.25	\$0.00	\$10,950.25
Laptops to Lesotho	\$476.82	\$476.82	\$0.00
Wittenberg Projects (S.Rosenberg)	\$1,100.00	\$2.90	\$1,097.10
Totals	\$59,745.79	\$34,552.05	\$25,193.74
<i>Difference from Prior report:</i>	\$868.67	\$35.61	\$833.06
<i>Notes - 1) These include donation collection fees from Just Give and transfer fees in sending funds.</i>			
<i>(2) Project cash sent (other than online fees) in period since last Board meeting included:</i>			
- No project funds sent in period. Above expenses only relate to online fees for multiple donations.			
- Note - started new fund during period for donations being coordinated by Scott R.			
- Above totals reflect \$2,091 returned from LCCU fund to donor in this period.			
2012 Operating Expense Status:			
Current Cash in Accounts (as above):		\$48,926.75	
Subtract out:			
Project Expenditure Obligations (per above, incl. interest)		-\$25,193.74	Incl. fundraiser fund
Future Dues for Carryover		-\$345.34	Incl. interest
Life Membership Fund (incl. interest)		-\$17,988.98	66 = total members
Cash Available for FOL Expenses =		\$5,398.69	
Unused Expenses in 2012 Budget -		\$4,021.55	
Current Cash Reserve =		\$1,377.14	excluding unspent
(Total operating cash expenses, incl. NPCA pass thru):		\$1,486.45	
(Total operating inkind expenses to date):		\$47.15	operating expenses only

Sesotho Counting Book Project on Track

The Sesotho Counting Book Project received a \$1,000 donation in September from an anonymous donor, which will speed up the countdown to publication. Right now the kids and staff at the Family Art and Literacy Centre in Lesotho are writing the book, while PCV Hannah Campbell is working with staff member Pheku Octavious and Jane Hale, the Centre's director, to get the book ready for publication at the Morija Press. When finished, the book will provide the first-ever counting book for kids in Sesotho, written by and for the children of Lesotho.

Got Photos??



We would love to showcase your pictures of the people, places, and things of Lesotho and Peace Corps in our various publications, including this newsletter

Please email your photos to Faye Farmer at f_e_@hotmail.com





*******HOLIDAY SHOPPING*******

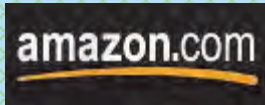
Help Friends of Lesotho and holiday shop at the same time.
 These shopping links allow you to help Friends of Lesotho and its fundraising efforts.
 These stores will make an automatic contribution to Friends of Lesotho when you make a purchase

CAFÉ PRESS

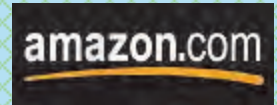
Want Lesotho oriented gifts? Try the FOL Online store. You can start the New Year with a 2013 calendar:
 Just go to <http://www.cafepress.com/lesotho/5937778> or see the whole store at <http://www.cafepress.com/lesotho/>



AMAZON



Do you also want to shop AMAZON.COM? They help us too, but use this link.
<http://www.amazon.com/?tag=frieofleso-20&camp=15309&creative=331473&linkCode=stl&adid=OZT8DQV3WDMB1048GZNP>



GOOD SEARCH

Not enough shopping choices? How about a way to shop over 1000 stores and help Friends of Lesotho at the same time.
 If you want you can even add a search engine toolbar to your browser and help every time you look something up!
<http://www.goodsearch.com/>

Be sure to choose Friends of Lesotho as your cause.

If half of our members made only one internet search each day, Friends of Lesotho would get over \$700 a year!
 If you don't want the toolbar right now, just click "GoodShop" when you get to this site....and start shopping!

we donate a penny to your non-profit or school every time you search

choose a cause and start doing good now!

how it works...

- 1 CHOOSE your cause**
 you have the power to make a difference!
[pick who you want to help](#)
- 2 SEARCH the web**
 or raise money with [goodshop](#) or [gooddining](#)
- 3 WE DONATE to your cause**
 we'll donate when you search, shop online or dine out
[learn more](#)

total member earnings for all causes \$ **1000000**

BE SURE TO TELL FAMILY AND FRIENDS!

.....HAPPY HOLIDAYS FROM THE FRIENDS OF LESOTHO FUNDRAISING COMMITTEE!



FRIENDS OF LESOTHO

Making a difference at the grassroots level

4110 Denfeld Avenue
Kensington, MD 20895
(301) 942-2751
www.friendsoflesotho.org

*Name(s): _____

Address: _____

City: _____ State: _____ ZIP: _____

Phone/Home _____ Cell _____

*Email: _____

*Yrs in Lesotho: ____ to ____: *District: _____

*Village: _____

CHED ED Project(s): _____

Occupation/Employer: _____

Newsletters will be sent by e-mail as part of FOL's "GO GREEN" effort. If you prefer postal service, check here .

FOL's Website Member Directory is accessible to members only by use of a secure ID and Password. The fields marked above with an * will be included in the directory. Check here if you do not want to be listed .

Privacy Policy: FOL will not release member information to any organization, except the National Peace Corps Association, upon implied consent when a member joins both FOL and NPCA. FOL will share membership information with other FOL members and prospective PCVs seeking information about Lesotho.

Friends of Lesotho (FOL) is a registered 501(c)(3) organization. Contributions are tax deductible to the extent permitted by law. A copy of the current financial statement of Friends of Lesotho is available by writing 4110 Denfeld Avenue, Kensington, MD 20895, or by emailing treas@friendsoflesotho.org. Documents and information submitted under the Maryland Solicitations Act are also available, for the cost of postage and copies, from the Maryland Secretary of State, State House, Annapolis MD 21401, (410) 974-5534.

*FOL is affiliated with the National Peace Corps Association (NPCA). * If you choose to send your FOL dues directly to NPCA in response to their membership solicitation, you must specify FOL as your choice of affiliated group to receive the credit for dues.*

Membership Form

Complimentary--PCVs during service up to 12 months after COS.

Dues Are Per Person

Annual Membership--\$15 \$_____

Lifetime Membership Options

- Basic--\$250 \$_____
- Bronze--\$500 \$_____**
- Silver--\$750 \$_____**
- Gold--\$1,000 \$_____**

***Payable in annual installments of \$250*

Additional Donation to FOL \$_____ for:

- Greatest Need (default option)
- Tuition Assistance Programs
- Memorial Scholarships Fund *In memory of:*

Name _____

Yrs ____ to ____ Dist/Village/Job _____

TOTAL to FOL \$_____

NPCA Membership--\$35 \$_____

**FOL will forward to NPCA for you.*

TOTAL CONTRIBUTION: \$_____

Mail your check and completed form to Friends of Lesotho at the address above or pay by credit card by Clicking on Join/Renew from our website at www.friendsoflesotho.org and select JustGive or Razoo.

For FOL use only. Please do not complete the information below.

Check # _____ Amount \$ _____ Member Since _____ New _____ Source _____

Renew Date _____ Expires _____ No. of Members _____ NPCA _____ 11/01/2010



FRIENDS OF LESOTHO

4110 Denfeld Avenue
Kensington, MD 20895

301.942.2751
board2@friendsoflesotho.org



METSOALLE ea LESOTHO

Fourth Quarter 2012
Newsletter



FRIENDS OF LESOTHO

This newsletter was printed
at a reduced cost by
The Alternative Copy Shop
in Tempe, Arizona.

President:	Kevin Freer (board1@friendsoflesotho.org) - Chair By-Laws, Nominations
Vice President:	Dyann Van Dusen (board3@friendsoflesotho.org) - Chair Membership, Co-Chair Donations, Chair Nominations
Treasurer:	John Hollister (board4@friendsoflesotho.org) - Chair Financing
Secretary:	Julie Galbraith (Julie.Galbraith@friendsoflesotho.org) - Fundraising, By-Laws, Annual Meeting
Embassy Liaison:	Scott Rosenberg (srosenberg@wittenberg.edu) - Donations
Board Members:	Kevin Caughlan (caughlan@earthlink.net) Victor Cuevas (animeon@gmail.com) - Fundraising Bill Moore (litapole@gmail.com) - Fundraising Pete Neumann (pneumann1947@yahoo.com) - Chair Fundraising Dick Nystrom (dickpam@nystrom.us) - Fundraising Richard Rowan (qhomaki@mac.com) - Past President, Co-Chair Donations Dave Ruch (tiadavebyron@earthlink.net) - Donations Janice Stapleton (jstapleton225@gmail.com) - Donations, Membership
<i>Additional assistance from the following members:</i>	
Website/Database/Social Media:	Bill Dun, Martin Smith, Kevin Caughlan
Memorial Scholarships:	Bill Reed
Newsletter:	Faye Farmer, Coordinator (f_e_@hotmail.com) Nicole Potsane, Layout & Design Mary Howard, Editing