

Metsoalle ea Lesotho

Summer 2007

Find out more!

- A brief history of FOL (part 2)
- Litaba tsoa Lesotho (News from Lesotho)
- More FOL Marketplace!
- Renew today using the membership form

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Back in Lesotho

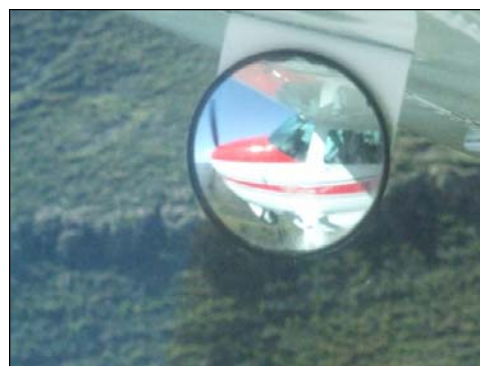
By Tara Loyd, taraloyd@hotmail.com

It is a May afternoon in Maseru and a chilly 43 degrees in my bedroom. I'm back! My Peace Corps service in Lesotho was from 1999 to 2001 and each time I've returned since then, the impact of HIV feels more palpable. A "country in crisis" is a common way to hear Lesotho described these days and there is an entirely new language of acronyms that has emerged to talk about it. There are more graveyards, more coffin shops, more people wearing the black mourning cloth around their necks, and, worst of all, more children in the streets. But there are also new organizations here to help, new community based Basotho groups emerging to

respond, and new hope.

Partners in Health....

I am here this time around as a volunteer with Partners in Health (PIH). And PIH is here to bring HIV and TB treatment to the most rural of the mountain clinics and to initiate treatment of multi-drug resistant TB country-wide. PIH has 7 doctors from 6 countries working in Lesotho (2 are from Lesotho!) We all know that there aren't a lot of local doctors here, or doctors period, so to see two young doctors make the choice to come home and practice in the



midst of this crisis is a sign of great hope. And their success stories are nothing short of miracles. People who were so near the end of life that no one could imagine them making it another day are now strong enough to take care of their children and make plans for the future. There is a great book about Partners in

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FOL Forms New Partnership

A newly constituted Friends Group is being established in Lesotho to partner with FOL in the U.S.

The purpose of setting up an NGO in Lesotho to partner with FOL in the U.S. is to create a stable group in Lesotho that will be able to

work with FOL to fund projects without violating Peace Corps' Washington regulations. The Lesotho Friends Group will provide consistency in future communications, needs established for annual giving and future planning, as well educational and fundrais-

ing information and materials we can use in our newsletter and website.

The founding Board in Lesotho will have six positions: The President/Treasurer will be 'Me Thembi; the Vice President/Secretary, a

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President's Message

I received feedback from the March newsletter that I'd like to share with the membership. It has to do with the financial report. That's probably something not many people read, but is important to the work we are trying to do. When I first looked at the report I thought to myself "this isn't telling me much". The reason it wasn't telling me much was because it listed plenty of donations received, but little actually distributed to projects Lesotho. It seemed perfectly reasonable to me that nothing had been sent since it was early in the year, and depending on which recipients we're talking about, either the scheduled dates of disbursement or the request for transfer had not yet arrived. We also had a large accumulation of recently received funds from year-end donations, when people start thinking about their taxes. However, I can see that from the perspective of someone not involved with the details of making this all happen, it would appear that FOL was just collecting money and not doing anything with it. That bothered me, which is why I'm writing about it now.

The first thing I did was to go back and look at the 2006 March newsletter to see if a similar situation existed last year. Oops. There was no financial report in that newsletter. Scanning through numerous old issues I see that we've only been including this detailed of a report in the last three newslet-

ters. I can't prove my point on that basis then (at least we do have the financials available now), but I think I can safely say that there will always be a time early in the year when nothing has been sent since the first of the year. For example, you wouldn't expect to see YTD figures on January 2nd (one day into the year), but is January 31st reasonable, or what about

Contact any Board member for information to join or listen in on Board teleconferences. Teleconferences are held every third Sunday of odd-numbered months at 8pm Eastern time and usually last just over an hour.

March 1st? "Reasonable" depends not so much on the calendar as on what arrangements we've worked out with those receiving the funds. We want to provide a stable flow of funding on which people can depend, "ironing out" the bumps in an irregular donation cycle. The report in this newsletter shows the first of our 2007 disbursements, and while there is still much to send, we are hopefully that the newly created NGO (see article on pg. 1) will be able to bypass some of the constraints we've encountered on the receiving side when working with Peace Corps alone.

So how do we make the arrangements and work out a schedule? That brings me to my second topic, which is that it's the season again for Board nominations. Simply put, it takes a lot of time and

communication to work out the funding arrangements. Every case is a little bit different. Board members do the work. Yes, we make policy decisions every now and then, but mostly we do the leg-work to figure out how to make sure the funds get where they need to be. And we need help. We're looking for dependable, committed individuals; but it is understood that if you were to nominate yourself or someone else, you would only commit the time that fits your own comfort level. Anyone new will certainly need time to understand how the organization works, but please consider giving it a shot. Please contact Kevin, Faye, Richard, myself, or use the nominating form linked from the main page of the web site. We'll need nominations by August 1st to be in time for the Annual Meeting.

Finally, it's summertime and FOL, like many other organizations, tends to slow down a bit. People are away at the beach, on the lake, or just the open road. When you have some quiet time, away from your routine, take a moment to think back to your time in Lesotho. Share those thoughts with others and do what you can to make the experience more a part of your everyday life. Enjoy.

Bill Dunn, President

Updates

Peace Corps Lesotho 1997 group plans to hold their 10 year anniversary reunion in the Grand Canyon the first weekend in August. Organizers: Julie and Mark Lancaster ('97 - '99 & '96 - '98). The event is organized by members of the Agricultural group that left for Lesotho in May 1997, but all are welcome. Space must be reserved so, please RSVP to Julie and Mark by July 15th at lancasterjm@msn.com.

If you have comments, questions, suggestions, news, articles, websites, photos, or other items to contribute to this newsletter, please contact Faye Farmer ([f_e@hotmail.com](mailto:fe@hotmail.com)) or 2612 E. Geneva Dr. Tempe, AZ 85282. We reserve the right to edit submissions for clarity and length. We would be happy to return submissions if you let us know.

FOL Forms New Partnership, continued



Richard and Tlotlisang Rowan with 'Me Thembi at the Peace Corps office

Mosotho to be named; two PCVs; and 2 other Basotho ('Me Rosalia, CARE, previous PC staff; 'Me Lisa Palesa, Skills Share Lesotho, previous PC APCD).

PC Lesotho will provide office support and FOL U.S. will offer resources for board development and organizational support. The FOL representatives from the U.S. will participate in quarterly conference calls with the Friends Group in Lesotho.

FOL U.S. will develop a Memorandum of Agreement on how funds will be designated for projects in Lesotho and determine how these monies will be transferred to the Friends Group in Lesotho. The Boards from both groups will ensure that there are no delays in the donations and distributions.

Watch for more developments in our Board Minutes posted on our website as well as in future newsletters.

Back in Lesotho, continued

Health called Mountains beyond Mountains by Tracy Kidder and you can read more online about the PIH Lesotho project at www.pih.org.

Mission Aviation Fellowship....

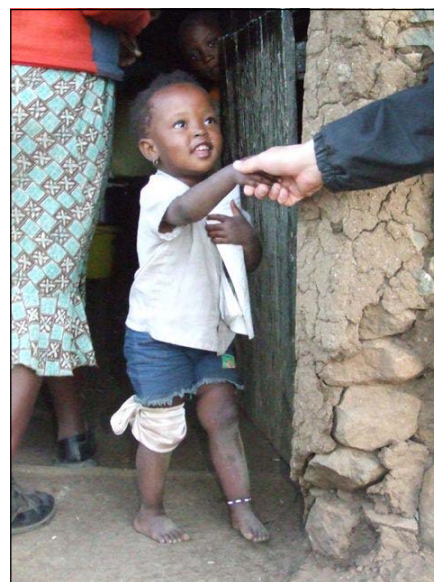
Because we are working in clinics so remote that they are not accessible by road, we fly our doctors and supplies in with the help of Mission Aviation Fellowship (MAF). The incredible MAF pilots and mechanics make our work with PIH possible. It is awe inspiring to see them flying their Cessna planes in and out of the mountain clinics bringing emergency patients to QEII and flying doctors and nurses back and forth to treat people. Making a donation to MAF Lesotho is a great way to help support our work. There is more information online at www.maf.org.

Jewels of Hope....

Barb Clark is the wife of one of the MAF mechanics and she supports an amazing project called

Jewels of Hope (JAF) to bring orphaned children running their own households together once a week to make jewelry and share a meal. For their participation they receive a monthly salary to support themselves and their younger siblings. The jewelry is beautiful, priced from R25 to R90, and packaged with a picture of the child who made it and their story. The "jewels of hope" are shipped in groups of 30 as "bags of hope" to anyone interested in selling them abroad.

Each group of five children has a team leader to coordinate their work. Barb is looking for partners in the U.S. interested in being matched with a team leader here to support a group of kids and the sale of the jewelry. Barb is leaving Lesotho for 6 months in February, 2008 and needs to find a volunteer to fill her shoes for the time she will be away. An RPCV from Lesotho would be a perfect match! If you are interested in selling jewelry for these kids and/or coming to Lesotho for 6 months in February, please



contact Barb at rclark@maf.org. There is more information about Jewels of Hope online at www.jewelsofhope.org.

The Friends of Lesotho annual membership meeting will be held in October via conference call. Information will be provided concerning an exciting new FOL initiative in Lesotho and from recent travelers to Lesotho. More detailed information will be distributed with the annual report in September.

Litaba tsoa Lesotho (News of Lesotho)

AIDS Hypocrisy

Doctors Without Borders accused donor organization and southern African countries with hypocrisy in combating HIV/AIDS, because they were unwilling to change policies to expand antiretroviral treatment. According to Doctors Without Borders, 70% of those needing antiretrovirals in sub-Saharan Africa were not getting them, primarily because of a shortage of health-care workers. The

group urged governments to implement emergency plans to retain and recruit health-care workers and to improve their pay and working conditions.

It also appealed to donor organizations to review their policies and consider funding health-care workers' salaries. Sharonann Lynch of Doctors Without Borders noted, "We do not need more pretty clinics from donors because these

are standing empty. We need staff to run them." Lesotho reportedly has 40,300 people with HIV/AIDS who are not getting treatment. To expand access to HIV care in rural settings, Doctors Without Borders relied on shifting tasks from doctors to nurses and from nurses to community workers. However, most governments in the region refused to let nurses dispense antiretrovirals.

Millennium Challenge Corporation

Millennium Challenge Corporation (MCC), a U.S.-funded development aid organization, plans to sign a funding agreement with Lesotho this summer. MCC currently has 11 partnership compacts

under implementation. MCC offers grants and technical assistance to developing countries committed to good governance, investing in people, and economic freedom. Eligi-

ble counties are asked to submit proposals and to participate in the implementation of MCC programs. The approach stresses mutual responsibility and accountability.

Poll Strike

Following the February election results, opposition parties alleged unfair allocation of seats

and called for a workers strike. While the strike was in effect, the streets of Maseru were deserted.

Observers, however, declared the election to be free and fair.

SADC

A SADC mission was in Lesotho from April 12-13, 2007 to assess the political climate following the February general elections. The mission met with representatives from the Lesotho Government, IEC, opposition political parties, the governing party, the diplo-

matic community accredited to Lesotho, the Lesotho Council of Churches, the former members of the Media Monitoring Panel and Election Facilitation Group, and members of the public. The mission commended all of the stakeholders for their willingness to en-

gage in a dialogue to address political differences. They also urged that the differences be resolved quickly to permit continued peace, stability, and economic development in the country. The team's official report is anticipated to be released in June.

AIDS Orphans Receive a Helping Hand

The number of orphans and vulnerable children (OVC) in Lesotho continues to rise. In 2005 there were an estimated 180,000 such children. The number continues to grow and there are now more children than ever without adult protection. Forced to survive on their own or depend on elderly relatives, these children are particularly vulnerable to

abuse, violence, and exploitation. About 15,000 children under the age of 15 are living with HIV in Lesotho. A large proportion of these have been infected by mother-to-child transmission. In response to these alarming figures, the European Commission has donated \$15 million. Key players in implementing programs funded by the grant will be the Ministry of

Health and Social Welfare and the Ministry of Education and Training. Children will be provided with basic supplies, assisted to access and utilize essential services – health, education, protection, car and support- and acquire HIV-prevention related life skills and sufficient food and nutrition security.

Litaba tsoa Lesotho (News of Lesotho)

Private Sector Competitiveness Project

The World Bank Board of Executive Directors approved an International Development Association credit of \$8.1 million to support the Government of Lesotho's private sector competitiveness and economic diversification program. The project will contribute to the Government's poverty reduction and economic growth strategy. The project will be co-financed by the Government of Lesotho. According to Agata Pawlowska, World Bank Task Team Leader for the project, "The government of Lesotho recognizes the importance of the private sector to the economic growth of the country. The project will target firm-level as well as economy-wide ob-

stacles. It will focus on reducing the cost of doing business by improving the legal and regulatory framework, increasing economic diversification through skills development, and providing support for micro, small and medium enterprises. In addition, the project will help identify and support activities that encourage regional integration efforts and identify Lesotho's areas of comparative advantage." The key objective is to facilitate increased participation of the private sector in the economy by creating conditions for improving its productivity and competitiveness. Steps that will be taken to reach the goal include: (1) improving the

business environment and reducing the cost of doing business, including improving access to financing; strengthening the linkages and integration of the Lesotho economy with the regional economy, especially with South Africa; and, (3) strengthening support for technical and business management skills thereby improving productivity at the firm level. The project integrates activities which support enterprise needs, including a matching grant fund, pilot schemes in tourism and horticulture, and a skills development program for the garment industry.

Diamond Rush

Following the discovery of several valuable diamonds at Letseng at least four more companies have moved into the area. According to Alan Bond, an Australian business man who consults with the Lesotho Diamond Company, the company has raised enough funds to begin building a mine in Kao, northeast of Maseru. The Kao mine has a production target of 470,000 carats a year over a 25 year period. If those targets are

reached, it would purportedly become the biggest foreign exchange earner in Lesotho.

Gem Diamonds Letseng mine has been producing 50,000 carats a year, but projects to double that to about 100,000 carats a year. Although their carat production is lower than that projected for Kao, the Letseng diamonds have an average dollar value much higher than those from the Kao

mine.

Significant diamond discoveries have also occurred at a mine in Lihobong, which is owned by AIM-quoted European Diamonds. European Diamonds has applied for a prospecting rights on a 2000km area.

Two other companies exploring in Lesotho are Angel Diamonds, which is exploring the Kolo pipe, and Motapa Diamonds.

Websites of interest

- Find videos on YouTube – www.youtube.com, key word search "Lesotho"
- Vacation with a reason: <http://www.acrossthedivide.com/Lesotho.asp>
- "The Forgotten Kingdom," a film by Andrew Mudge: <http://www.forgottenkingdomthemovie.com/index.html>
- The San Jose Mercury News ran an article about recently deceased co-founder Deron Thorp and the latest shipment of SHIPaid: http://www.mercurynews.com/search/ci_5994228?nclick_check=1
- <http://www.medicalnewstoday.com/medicalnews.php?newsid=74196>



Litaba tsoa Lesotho (News of Lesotho)

TB in Lesotho

In 2006, 12,000 Basotho were diagnosed with TB, but experts believe that the actual number is much higher. It is estimated that as many as half of the adults in southern Africa carry a latent form of TB. Those with HIV are 50 times more likely to develop active TB. A sputum test is most commonly used to diagnose TB. However, that test often fails to recognize TB in HIV-infected patients. It is estimated that the co-infection rate in Lesotho is 85-90%, thus, many cases of TB go undiagnosed. A more reliable means to detect TB in HIV-infected patients is through culture testing. However, the only machine in Lesotho capable of preparing the samples is at Queen Elizabeth II hospital, and it has been broken for more than a year. Thus, cultures are sent to South Africa and results often

take 6 weeks. Where culture tests are not available, x-rays can be used to diagnose TB. However, this is a new approach in Lesotho, and health care workers need training.

Until recently, there was little coordination between Lesotho's TB and HIV/AIDS programs. Treatment occurred at different sites and there was little collaboration between the health-care workers. Now, the department of health and social development has a TB/HIV strategy including training health workers and lay counselors. Implementation of this strategy still has a long way to go. Workers often miss work to make appointments at clinics and strategies for ensuring patient compliance with drug regimes differ.

Of increasing concern is the risk from drug resistant TB. That

form of TB is on the rise in South Africa and many assume that it is already in Lesotho. However, the only way to diagnose it is with culture testing, and because there is limited access to that testing in Lesotho, the seriousness of the drug resistant TB problem can not be accurately assessed. The Lesotho government is working on developing guidelines for dealing with drug resistant TB and recently entered into an agreement to create a 40-bed isolation ward at Botsabelo Hospital. The biggest concern remains the number of undiagnosed multi-drug resistant TB cases. As one doctor stated, "In reality, these patients are everywhere, and they're coughing, and there's really no way to isolate them."

History of the Friends of Lesotho: 1986-2006 (Part II)

Kevin Freer, Board Member

In last quarter's newsletter, the history of FOL was presented. This is the second in that series.

Beginning in 2003 and continuing to the present, FOL began to establish a board of directors that formalizes some of the "rules" and differentiated roles and responsibilities of officers, committee chairs, and task forces. The Board also began to recruit non-board members to serve on committees. Bill, John, Dorothy and Ted provided continuity and stability to the organization. What made Stage II possible was the Board's ability to recruit new members to serve in these roles and to eventually begin to develop board leadership, nominations and finally to rotate officer and board positions.

Recognizing that the future of FOL depended on a renewed Board, Bill, John, Ted, and Dorothy made an extraordinary effort to recruit new board members in 2003. There were no committees and no plans for funding, soliciting donations, or much of anything else. Without more people involved, the Board didn't have the resources to do much of anything, so getting more people was really the only priority at that time.

In 2003, the Board successfully recruited Richard Rowan, Ella Kwisnek, Martha Munson, Kevin Freer, Claire Hilger, Patrick Davenport and Jim Mueller. Dorothy Holland continued to serve as the Newsletter Editor with Faye Farmer, Newsletter Coordinator.

Interestingly, none of these new Board members were recruited by the letter writing campaign. The new Board members found their way to FOL through various networking capacities - Bill contacted Kevin when he noticed they both worked in telecommunications; Bill had previously corresponded with Martha and Faye when they were PCV's in Lesotho; and Martha contacted Jim; and Claire came at the invitation of Faye. In 2004, Elizabeth Perry and Todd Vetter were recruited by the Nominations Committee.

The Board election in the fall of 2004 was the first election since 1988, so everyone was just serving in a voluntary / appointed capacity for one year. With the in-

Continued next page

History of FOL, continued

flux of new board members with varied skills and interests, the organization reached the beginning of Stage II organizational growth.

This growth depended on both the increase in the number of Board members to do the work as well as the structures to make this possible. Kevin brought his background and previous board experiences to the group to initiate FOL's organizational development. New officers were elected to differentiate roles and committees were formed to further accomplish the work of the board. These included Membership, Donations/Distributions, Fundraising and Nominations Committees. In addition, short term Task Forces were appointed for By-Laws and the Annual Meeting. Each of the Board members took on new roles and responsibilities to make these changes possible.

Committees had some success in recruiting non-board members to serve with Board members.

A formalized process for setting agendas, meeting schedules, conference call protocols, and other processes to get the board work done evolved. Special assignments such as Embassy Liaison, were created. A website was developed for use by members and the Board to post minutes and committee documents. The work to publish the newsletter was spread out between a Coordinator and an Editor, with all Board members contributing articles and committee updates. A Membership Survey was undertaken to provide opportunity for wider input into the organization's priorities.

During the period from 2003 to the present, a more stable infrastructure was established that included a common structure of policies and plans that all members of the Board understood and followed. The Board changed to a more proactive, planned approach that was documented in conference call minutes, committee plans and

updates on the website, and in a Board Manual developed in 2006.

Future Directions

FOL and its Board have an opportunity to firmly establish the organization for future RPCVs and its program recipients. The Board knows what it must do to take the organization to the next level. The membership needs to understand the critical nature of where we are as an organization – at the crossroads of something not only bigger, but better in many ways.

We must continue to work on our organizational growth by concentrating on our capacity building efforts begun during the onset of our Stage II development efforts. As in the last twenty years, FOL will depend on the energy, talents, and commitment to continue to serve by RPCVs to "take their turn" in serving the organization and sustaining it for the future.

Sign up for email delivery of this newsletter! Visit www.friendsoflesotho.org and choose Membership.

Friends of Lesotho - Treasurer's Summary for Board Meeting of:

May 20, 2007

(Final 2006 as revised 3/14/07)

	<u>3/14/2007</u>	<u>5/21/2007</u>	<u>Difference</u>
Current Bank Balance:	\$31,213.01	\$26,731.03	-\$4,481.98
Paid Membership (Incl. Advance Dues):	37	83	17 members pre-paid 2007
New members this Year to date:	2	6	
Non-member cash donors Year to date:	10	17	
<u>2006 Extra Donation Fund Status:</u>			
<u>Donation Fund</u>	<u>Amount in Fund</u>	<u>Amount sent to Lesotho (*)</u>	<u>Amount remaining to be sent</u>
Undesignated Fund (\$250 min balance)	\$5,192.89	\$0.00	\$5,192.89
Tuition Assistance Program (TAP) Fund	\$11,602.49	\$0.00	\$11,602.49
HIV/AIDS Fund	\$345.00	\$0.00	\$345.00
Morija Museum Fund	\$18.00	\$0.00	\$18.00
Orphanages Fund	\$334.00	\$0.00	\$334.00
Save the Children - Lesotho (Wilkins)	\$1,000.00	\$1,000.00	\$0.00
Sharon Zeiden's PCV Projects	\$200.00	\$200.00	\$0.00
Memorial Scholarship Fund	\$450.00	\$0.00	\$450.00
Village Hope Project (PCV)	\$294.00	\$0.00	\$294.00
LCCU (Lesotho Child Counseling Unit)	\$8,075.00	\$8,075.00	\$0.00
CNL/Mbeya Clinic (UVA)	\$1,373.00	\$0.00	\$1,373.00
Totals	\$28,884.38	\$9,275.00	\$19,609.38

Note (*) - These include donation collection fees from Just Give and transfer fees in sending funds.



Make New Friends, but Keep the Old

By Kevin Freer (Board Member) and Faye Farmer (Member), Nominating Committee

Friends of Lesotho has always benefited from the generous support of its members. Members support the organization by making financial contributions and by sustaining the organization through participation on the board and in committees. The Board is comprised of a small number of people who provide leadership and direction. Committee and task force members enable the board to accomplish its goals.

The Nominating Committee of FOL is always seeking members to become more involved in our work, both committees as well as board. It is now the season where we 'upgrade' our search to become pro-active at recruiting leaders from our membership and beyond! It is our hope to create a slate of individuals who wish to run for board positions at our October annual meeting. This means that we must have brief biographies for publication 21 days prior to the meeting (September). The summer newsletter is when we advertise for candidates, while the fall newsletter presents candidates and is our annual report. Members are able to vote via mail or email prior to the annual meeting.

We all know how important it is to vote and we all know how important it is to be civically active. In fact, you are probably involved in a variety of ways locally and globally already. However, contributing time

and talent to FOL is rewarding on a very different scale; we support grass roots development projects that directly benefit communities in Lesotho. We get letters and photos that prove we have assisted someone. Remember, 92% of our funding is sent directly to Lesotho. We cannot continue to improve our fundraising and distributions to worthy applicants without your help.

As the scope of our work continues to expand, the Board has encouraged members to join committees and task forces. Although mostly recruited from our membership, we have also been able to encourage our family, friends and co-workers to help get our committee and task force work done.

Some people are recruited from our workplace. Take Julie Curl as an example. She is a co-worker of Kevin's at Alcatel-Lucent in Florida. She has worked with Kevin on the fundraising committee for the past year. She was recruited to the committee through a conversation on travel, when Kevin mentioned that he had served as a Peace Corps Volunteer to Lesotho from '76 - '78. Since working with the committee, Julie's been involved in a variety of projects; setting up the <http://www.cafepress.com/Lesotho> website, assisting with the 2008 FOL calendar, and commandeering, with her husband's help, the printing of

CD's and sleeves for the Basotho music sold off of FOL's website.

Or take Karin (Hartwig) Gleisner, who Faye knows through their Peace Corps service. Karin's helping edit this newsletter and hopes to contribute a little more each year, as she becomes familiar with the group.

Kevin and Sydney Rocklin worked at the National Teacher Training College of Lesotho from 1976-1978. Kevin Freer contacted Sydney and asked her to serve on the Fundraising Committee. As a result of Sydney's involvement, John Bigelow joined the Nominations Committee.

This snow-ball effect is typical of how FOL has been able to recruit Board and Committee members over the years. As you know, snowballs are seasonal apparitions.

Many of former and current Board members are friends or family members of FOL members and/or former Peace Corps Volunteers. In order to diversify our board and our program objectives, we are currently seeking professional non-profit, marketing, and executive talent as well as Basotho. Heed the call to help FOL!

It all starts with a phone call. Contact John Hollister (zapdoodat@erols.com) to have him send directions on how to enter the teleconference. If you can't make it in October, there is always November.

Member Survey!

Friends of Lesotho is conducting an online member survey. A link to the survey can be found on the FOL website, www.friendsoflesotho.org. The survey consists of ten questions and should take less than 10 minutes to complete. Your responses are very important to us and will help guide the organization. Results of the survey will be included in our Annual Report. If you don't have access to the web, fill out the paper version below and send it to Claire Hilger—170 Dean St., Brooklyn, NY 11217 by **August 1, 2007**. Re lebohile haholo!

How are we doing? The next three questions are concerned with what you think FOL's focus should be and where you see room for improvement.

1. Why are you a member of FOL? Please check all that apply.

- | | |
|--|---|
| <input type="checkbox"/> Promote friendship and awareness of Lesotho | <input type="checkbox"/> Stay up to date on events in Lesotho |
| <input type="checkbox"/> Keep in touch with other members | <input type="checkbox"/> Fund grassroots projects |
| <input type="checkbox"/> Other, please specify _____ | <input type="checkbox"/> Fund tuition assistance |

2. In what areas would you like to see FOL improve or do more? Check all that apply.

- | | |
|--|--|
| <input type="checkbox"/> Promoting friendship and awareness of Lesotho | <input type="checkbox"/> Newsletter |
| <input type="checkbox"/> Funding tuition assistance | <input type="checkbox"/> Making members aware of volunteer opportunities |
| <input type="checkbox"/> Keeping members up to date on events in Lesotho | <input type="checkbox"/> Funding grassroots projects |

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- Keeping members in touch with each other Website
- Acting as a pass-through to get funds to local NGOs in Lesotho Other, please specify _____

3. Please elaborate on how you would like FOL to improve or do more in a specific area.

Donations Distribution: When members and others donate to FOL, they can choose to designate their funds to a specific area. The donations committee and the board decide where to send any undesignated funds.**4. Where do you think FOL should focus its donations? Please check the two areas you feel are most important.**

- Tuition Assistance Program HIV/AIDS
- Orphanages Morija Museum
- Support Peace Corps Volunteers' Projects Wherever the need is greatest
- Other, please specify _____

Fundraising Ideas: FOL currently receives more requests for donations from TAP, PCV's and other organizations than it has funds. We are looking for creative new ideas to fill this fundraising gap.**5. What cause related projects would you like FOL to fund in the coming year?**

- Tuition Assistance Morija Museum
- HIV/AIDS Education Small businesses/Coops
- Orphanages Healthcare
- Nurse Training Agriculture
- Other, please specify _____

6. Are you currently supporting any projects in Lesotho that you wish FOL to support? Please specify and supply contact information. _____**7. Do you have any other creative ideas for fundraising? Please list any below.**

Communication: FOL would like to reduce the amount of money it spends on printing and postage so that we more money available to be sent to Lesotho. We don't want to clutter up your e-mail inbox, though, so let us know how you would prefer us to contact you. FOL keeps your e-mail addresses private and does not distribute them to anyone.**8. How would you prefer FOL to communicate with you?**

- E-mail (please provide e-mail if you check this box) _____
- Listserv for specific requests or updates U.S. Mail

Committees: We are always looking for committee members.**9. Are you interested in serving on an FOL committee? If yes, please check any that apply and provide contact info in the box.**

- Membership - increase membership, support the newsletter and increase ways for members to get involved
- Fundraising - develop and implement new fundraising activities
- Donations - recommend to the Board when to send donations to Lesotho and what organizations to send them to
- Annual Meeting - organize and coordinate the annual meeting
- Nominating - nominate and encourage others to join the FOL board
- By-Laws - revise the By-Laws as needed

If you checked that you were interested in working on a committee, please provide your contact information.**10. Is there another way that you would like to help FOL? If so, please indicate that below.****Comments: Additional comments or suggestions? Let us know here.**

Thanks for taking the time to complete our survey! Re lebohile haholo!

Please send this to Claire Hilger, 170 Dean St., Brooklyn, NY 11217
by **August 1, 2007**

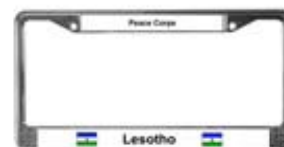


FOL Marketplace

Introducing New Products!!

Purchase apparel and merchandise at FOL's new online store! <http://www.cafepress.com/lesotho>

- Thanks to CafePress.com, we are now selling a number of products with unique graphics on them. Please feel free to browse our store and buy these products to support our projects in Lesotho. Contact the fundraising committee with requests for new designs! Dozens of products with new designs introduced throughout the year.
- FOL still has the wonderful T-shirts with King Moshoeshoe and Kingdom of Lesotho on them! We have Med., Large, and X Large--They are cream colored with dark brown lettering.



Purchase T-shirts and Basotho CDs at FOL's website!

<http://www.friendsoflesotho.org>

Also download free note cards for Alternative Gift-Giving or Memorial Gifts at this site.

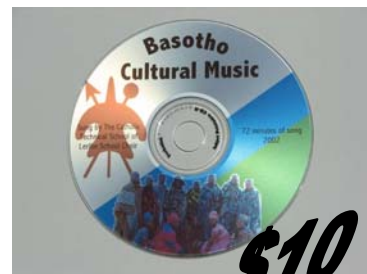
2008 Lesotho Calendar

Thank you to everyone who submitted photographs for our 2008 Lesotho Calendar. The quality and variety of the selections are truly remarkable! The Calendar will be available in our CafePress Store in October.



Kingdom of Lesotho

Sizes: M, L, XL



Order form for Moshoeshoe T-shirts & CD only

Item #	Description	Qty.	Price	Subtotal

Order total: _____

Send Check or Money
Order to
Friends of Lesotho
4110 Denfeld Ave
Kensington, MD
20895

Name _____

Address _____

Phone _____

Signature _____



MEMBERSHIP FORM

Why join FOL?

- Make a difference in the lives of Basotho
- Keep abreast of the latest news about Lesotho via a quarterly newsletter
- Join a group of likeminded people

Friends of Lesotho is a non-profit organization promoting friendship between the peoples of Lesotho and North America. Friends of Lesotho (FOL) provides scholarships and grants to small development projects in Lesotho, assists in locating old friends from Lesotho, and provides information about current events in Lesotho.

Name:¹ _____

Address: _____

Home Phone: _____

Work Phone: _____

Email: _____

List email on website? Yes No

Years in Lesotho: _____

Village: _____

Information for FOL Directory:

Current Occupation/Employer: _____

Family Members: _____

Annual Membership: \$ _____ (\$15.00/person)

Additional Contribution: \$ _____

Additional Contribution Designation:

- | | |
|--|---|
| <input type="checkbox"/> HIV/AIDS | <input type="checkbox"/> Tuition Assistance Program |
| <input type="checkbox"/> Orphanages | <input type="checkbox"/> Volunteer Advisory Committee |
| <input type="checkbox"/> Greatest need | <input type="checkbox"/> Morija Museum |

Total to FOL: \$ _____²

Annual Membership in the National Peace Corps Association is \$35/individual.³ \$ _____

Matching gifts can enable you to double or even triple the value of your contribution. Many companies match their employees' personal donations. If your company is eligible, request a matching gift form from your employer and send it completed and signed with your gift, we'll do the rest.

Please check if you would like more information on other ways to give, such as wills, estate planning, IRAs, or listing FOL as an insurance policy beneficiary.

Please check to receive information on Lifetime Membership in FOL.

Please mail your completed membership form to:

Friends of Lesotho
4110 Denfeld Avenue
Kensington, MD 20895

We're online at: www.friendsoflesotho.org

Check to receive the newsletter via e-mail link. (This saves postage costs and results in more money being available to be sent to Lesotho!)

A copy of the current financial statement of Friends of Lesotho is available by writing 4110 Denfeld Ave., Kensington, MD 20895 or by emailing treas@friendsoflesotho.org. Documents and information submitted under the Maryland Solicitations Act are also available, for the cost of postage and copies, from the Maryland Secretary of State, State House, Annapolis MD 21401, (410) 974-5534.

- 1) Unless you specify otherwise, FOL will provide your name and address to an individual asking about an old friend or to a prospective volunteer to Lesotho. If you do not want your name released to organizations, please mark as appropriate here: a) Organizations selling merchandise and publications b) Professional organizations concerning employment c) Other non-profit organizations
- 2) Friends of Lesotho is a registered 501(c)(3) organization. Contributions are tax deductible to the extent permitted by law.
- 3) Friends of Lesotho (FOL) is affiliated with the National Peace Corps Association (NPCA). If you have included NPCA dues in your payment, we will forward them to NPCA. If, however, you choose to send your FOL dues directly to NPCA in response to their membership solicitation, you must specify FOL as your choice of affiliated group to receive the credit for dues. NPCA membership is optional. NPCA multi-year discount available, see www.rpcv.org.

For FOL use, please do not complete this information:

Check # _____ Amount \$ _____ Member Since _____ New _____ Source _____
 Renew Date _____ Expires _____ No. of Members _____ NPCA _____ 10/19/06

FRIENDS OF LESOTHO NEWSLETTER

Friends of Lesotho
4110 Denfeld Ave
Kensington, MD 20895
301 942-2751
wdunn@friendsoflesotho.org

<http://www.friendsoflesotho.org>

Friends of Lesotho

President: Bill Dunn (wdunn@friendsoflesotho.org)
Vice President: Richard Rowen (qhomaki@yahoo.com)
Treasurer: John Hollister (zapdoodat@erols.com)
Secretary: Ella Kwisnek (kwisnek@duq.edu)
Database/Web/Inquiries: Bill Dunn
Board Members:

Martha Munson, Embassy Liaison (khotsoev@hotmail.com)
Kevin Freer (kfreer@alcatel-lucent.com)
Todd Vetter (todd.vetter@aya.yale.edu)
Claire Hilger (eclair75@yahoo.com)
Elizabeth Perry (perry_41@hotmail.com)

Newsletter:

Faye Farmer (f_e_@hotmail.com)
Karin Hartwig (gleisnerk@hotmail.com)
Dorothy Holland (dorothy@bookgrrls.com)

Friends of Lesotho
ANNUAL MEETING
will be held in October
and will feature a panel of
recently returned visitors
to Lesotho.