

**Friends of Lesotho**  
**Application Form for Funding**

Applicant: \_UVA School of Nursing – CNL Program\_\_

Contact: \_Meredith Harris RPCV Dominican Republic/Meredith Cooley RPCV Lesotho\_\_

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Contribution Requested (in US\$): \_\_\$8000.00\_\_

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### **Project Overview**

An interdisciplinary team of eight CNL students from the UVA School of Nursing (SON) and four medical students from the UVA School of Medicine (SOM) will collaborate with Dr. Tonny Mwabury at the Mbeya Health Care Clinic in Teyateyaneng, Lesotho to establish an international community health program called the “Mbeya Program”. The project will focus on developing a service learning and cross-cultural experience for graduate students in healthcare. The team will spend approximately four weeks during the summer working with Dr. Mwabury and his colleagues to assess and address community health care needs. The students will work on community-initiated health projects including: prevention of mother-to-child transmission of HIV, training of community home-based caretakers, and health promotion for vulnerable women and children.

### **Project Objectives**

The short-term objective for the Mbeya Program is to make a positive impact on the care of approximately 30 Basotho families and 12 community home based care (CHBC) workers living in Teyateyaneng, Mokhotlong, and Semonkong. We have two primary focuses: (1) we will help train CHBC workers who are caring for AIDS patients in their homes, and (2) we will work directly with approximately 30 individual families to assess and address their health care needs. Each student will work directly with a total of six vulnerable families over the course of the program. Students will document, monitor and evaluate their progress in a standard community health nursing assessment framework. They will also use narratives to describe their progress in addressing the needs of each family. We are focusing our efforts in this way to build capacity among the CHBC workers, and to ensure that we make a significant positive impact on identified vulnerable families.

Each group of students will have a Basotho translator to assist them with language and cross-cultural aspects of the work. The translators have been identified by Dr. Mwabury. Each translator is a member of the People Living with HIV/AIDS (PLWHA) support group in their respective communities. Dr. Mwabury wants to provide temporary employment opportunities to the PLWHAs who are capable of translation and who are in need of support. Furthermore, Dr. Mwabury has identified PLWHAs to serve as extra security for each of the groups at the satellite clinics. Finally, he has asked his team of nurses to put in extra time to work with us in the community to meet our objectives.

For these reasons, FOL contributions will go towards paying the aforementioned translators, community home based care workers, Mbeya nurses (for their extra time), and security personnel. Also, funds will go towards CHBC materials, health supplies, and ground transportation for nurses/CHBC workers/translators to access identified family homes.

**Estimated Budget**

Translator per diem (\$20/day x 30 days x 5 translators)	\$3000
Community Home Based Caretaker stipends (\$100 per CHBC worker x 12 total)	\$1200
Security guard stipends (\$250/security guard x 4)	\$1000
Nurse's overtime stipends (\$300 per nurse x 4 nurses)	\$1200
CHBC materials/health supplies (\$50/family x 30 families)	\$1500
Ground Transportation	\$100
<b>TOTAL</b>	<b>\$8,000</b>

The long-term objective of the Mbeya Program is to develop a sustainable international program that will effectively address the needs of families living in the Teyateyaneng, Semonkong, and Mokhotlong communities and will enable future students to continue building professional capacity within the Mbeya Health Care Center.

**Please Note:** At the end of your project you will be expected to report to the Friends of Lesotho the actual outcome of the project through the attached evaluation form. We would also appreciate photos of the project to assist with our future fundraising efforts.

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Date Request Received: \_\_\_\_\_ Reviewed: \_\_\_\_\_

Response: \_\_\_\_\_